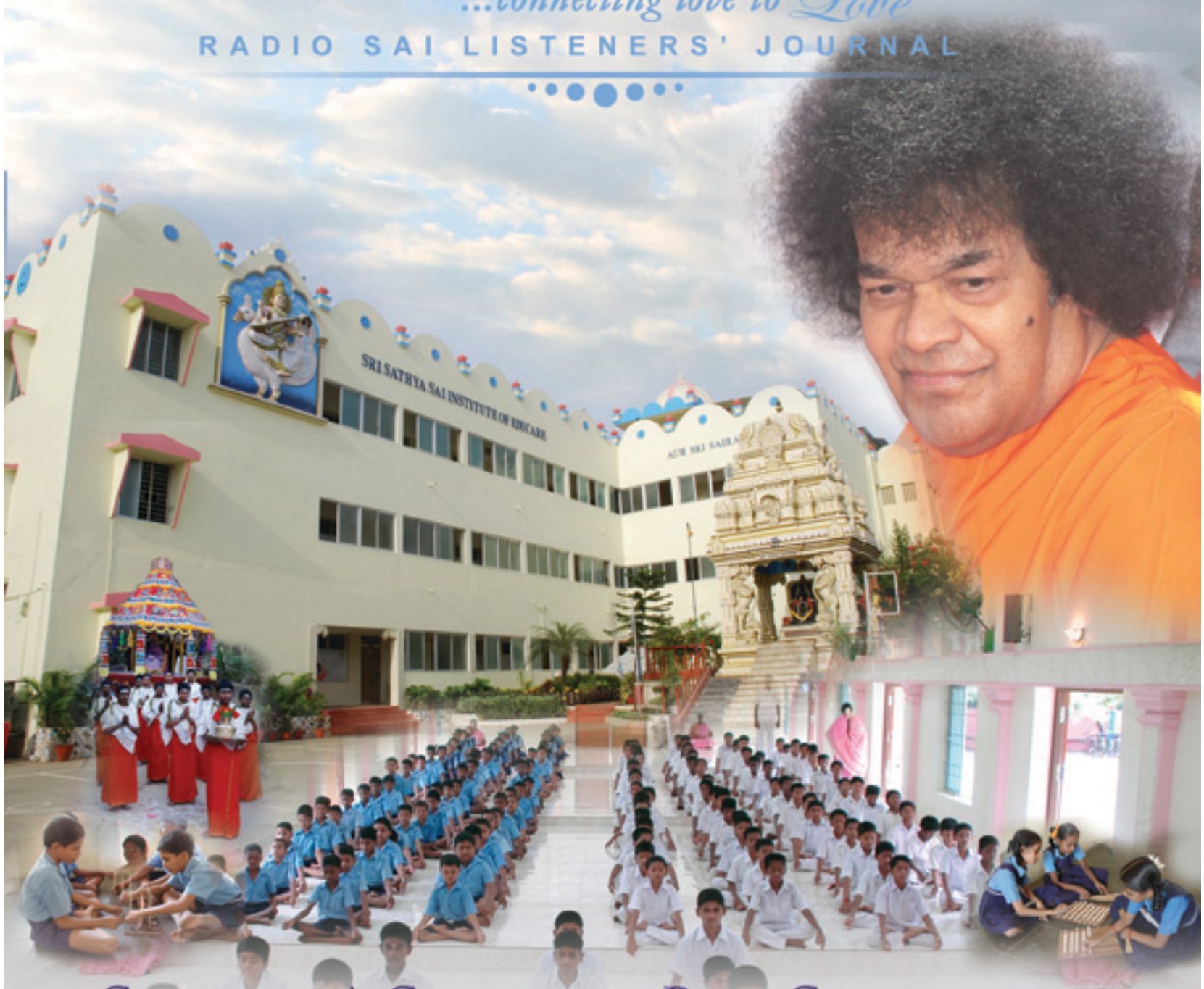


# Heart2Heart

*...connecting love to Love*

RADIO SAI LISTENERS' JOURNAL



**CRADLING A CHARACTER-RICH GENERATION**

Sri Sathya Sai Institute of Educare, Chromepet, Chennai



*Pranams at the Lotus Feet*

Journal  
DEVELOPED BY

HEART<sup>2</sup>HEART

T E A M

Prasanthi Nilayam  
&  
A. C. S. Bangalore

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**CRADLING A CHARACTER-RICH GENERATION**  
Sri Sathya Sai Institute of Educare, Chromepet, Chennai

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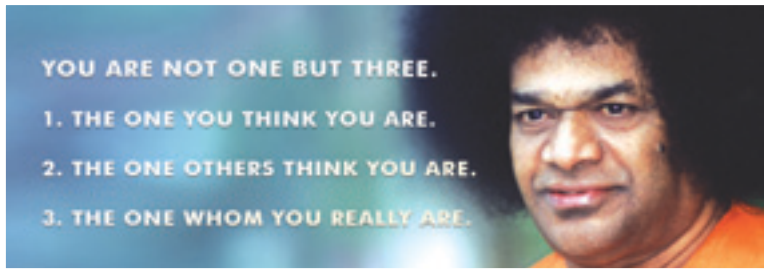
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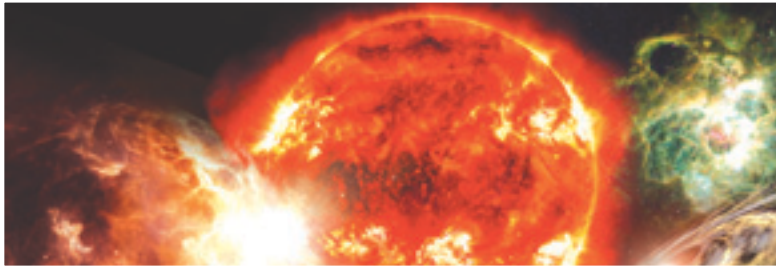


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### Modern Educational Mayhem and the Way Out

Dear Reader,

If there is one common critical challenge for most parents in this world, which worries them constantly and goads them into making life-altering changes in their lives, it concerns their children's education. Ridiculous though it may seem, it is a fact that even before the child has opened his/her eyes to the world, many parents have already lost enough sleep pondering over the best possible schooling options for their child. Recently, Canada's national daily, Globe and Mail carried an article on the state of panic regarding kindergarten education among educated urban parents in the Indian capital New Delhi. The headline said it all – "Fierce competition for top spots in India's peewee Ivy League". The article went on to say "As New Delhi's population explodes, parents are doing anything to get their children into one of the city's elite nursery schools – a task that's tougher than getting into Harvard." It also points out that "Private-school fees can be hefty (100,000 rupees, or \$2,500 a year), but parents from every income group are willing to take on huge loans if they can secure a precious seat."



Why is it that good and free education which according to the UN Declaration of Human Rights is the fundamental right of every citizen of the world, has today become a casualty? Is this truly not at the root of many evils that torment our current society repeatedly? Why is it that knowledge which was always considered sacred by ancient civilizations such as India, the teacher being venerated as a form of God, is today just another commodity which has to be bought and not reverentially received? Hasn't something seriously gone wrong in the last few decades? Definitely yes! And the answer probably is the pernicious paradigm shift in the philosophy and procedure of the modern system of learning. Education today is no longer a noble and altruistic experience that has to be conscientiously proffered and courteously absorbed; sadly, it has become an enterprise. India Inc. and other major economies of the world today hail the advent of a new breed of business leaders - the 'edupreneurs'.

The mission of these edupreneurs is straightforward and simple - to maximize their monetary returns by making the most of this 'huge market' of desperate buyers of much-needed education. In fact, many businessmen

whose area of operation for decades was totally unrelated to any aspect of education, learning or human resource growth *et al* have now jumped into this 'promising emerging business opportunity' and are soon poised to join the other 'education czars' (some of whom in India own assets worth 600, 500 or 800 crores!).

US \$42 billions is the size of this new market in India alone and this is expected to climb to US \$64 billion (some say \$80 billion) in another four years, according to a study conducted by a leading Indian Business Magazine. And half of this pie consists of K-12 (Kindergarten to class 12) education which comes to Rs. 2,01,600 crore, and this too is growing fast to double in a decade. Enrollments in K-12 are expected to touch 351 million by 2018; at an average charge of Rs.

1.15 lakh per seat this translates into an alluring Rs. 3,91,000 crore! No wonder, it is not just entrepreneurs but also private equity and venture capitalists who are zealously eyeing 'education companies'; US \$300 million has already been sunk by them into this sector and this number probably could have been several times more but for government regulatory hurdles which does not legally permit 'profit' in this sector. These *edupreneurs* too do not even inadvertently utter this 'P' word but have a convenient substitute - 'surplus'(!). Slice or dice any which way, the edupreneurs have come of age as the product they sell is a huge money spinner.

What happens when a student who is reduced to a mere 'customer' goes through such a mercenary system of learning? He hits back at the earliest opportunity to recover the huge investments made to acquire the degree. No surprise then that we find professionals demanding high salaries, entrepreneurs seeking to make a fast buck through the shortest possible route - no matter what - and young doctors almost fleecing their patients, without a second thought. Society, they feel, was heartless to them earlier and now it their turn to get back. Their ruthlessness is well justified, they reason.

And so, this vicious cycle continues with the result that presently we have reached a point where most of these educational establishments have only 'growth and prosperity' as their aim and have no qualms of being a commercial organization; and in the process the original purpose of imparting quality and sacred learning that most institutions originally had is completely lost. If we analyze carefully, this is in fact the reason why a plethora of pathetic ills plague our society today, be it terrorism to teenage suicides, gang-fights to drug abuse, youth depression to poverty. Exorbitant education has to be avenged for by hook or crook.

Many may say, "Well, this could be true to some extent, but that is the way the world is now. Changing this entire set up in society is next to impossible. Altruism is good for platform speeches but the reality is starkly the opposite." Basically, many sections of society do realize that we are living with a cancer but feel helpless, while the worst part is that there are others who are either not aware or do not even acknowledge that we do have a truly deadly cancer.

Long ago, a British visionary named Malcolm

Muggeridge, who used to be a teacher of English in Kuchi, before the partition of India and Pakistan, returned to England only to find himself utterly disgusted with the prevailing educational system there. He noted, "A society like ours, dedicated to the pursuit of happiness, which means in practice, the pursuit of pleasure, money, eroticism, success etc., with violence for kicks, is to me very repellent! It is my considered view that the way of life of the Western man today, is the most horrible and degraded that ever existed on earth. Education, the great mumbo-jumbo and fraud of the age, purports to equip us to live and is prescribed as a Universal remedy for everything – from juvenile delinquency to premature senility. For the most part, it only serves to enlarge stupidity, inflate conceit, enhanced credulity, and put those subjected to it at the mercy of brain washers in printing presses, radio and television at their disposal."

Things don't seem that much different today even in India. So much for the problem, but is there a solution? If there is, will it be practical and effective, and more importantly, enduring?

And the answer is there is no problem in this world that does not have a way out. However, if the solution has to be permanent, it also has to be based on something that is unchanging and eternal. In other words, **the source of the solution lies not in the fickle and intelligent mind but in the heart that is steady and sacred. A shining practical illustration of this is the Sri Sathya Sai University, established by Bhagavan Baba more than a quarter century ago in a remote corner of the state of Andhra Pradesh in India.** The students of this institution never 'buy' their education; they are instead gifted this sacred knowledge with great love and care, and the pupils too receive it humbly. The motto of this holy seat of learning is 'Speak the Truth – Follow





Righteousness' and this is exactly what each alumnus or alumna of this university strives to do once he or she is back in society. But does it really work? You can find out for yourself from our collection of real-life accounts in the section "Harnessing the Heart" from H2H archives. And to get a glimpse of how these students imbibe this lofty education not only from their teachers and professors, but also directly from their Divine Chancellor Himself, please read our article "Scintillating Moments with Sweet Sai, Part-2" in the Swami and Me section of this issue.

Well, the Sri Sathya Sai University may have three campuses, but this is just one of the thousands of educational establishments in this country; what difference can it really make? This is no doubt a valid argument but what one fails to observe is that this University does not proclaim to be the answer to all the evils of the world, instead **it demonstrates to the entire human society what is truly possible if one were determined enough to chart a new dimension in modern education, where character development of the students is more important than their career prospects, and the only currency exchanged during this entire learning tenure is selfless love.** What is more heartening is how, drawing inspiration from this enlightened educational philosophy, a plethora of Sai schools and colleges have sprouted up in India and all corners of the globe. And their number as well as their impact is only increasing every passing day. There is the British Institute of Sathya Sai Education in UK which has done tremendous work in sensitizing young minds about the timeless values of Love, Truth and Non-violence. You will find a peek of this in our Feature article "My Invaluable Experience with Sai EHV" which is a conversation with the director of this aforementioned institute, Mrs. Carol Alderman.

The big story in this issue, however, is about the Institute of Sathya Sai Educare located in Chromepet, Chennai in the south Indian state of Tamil Nadu. Offering completely free education of international standard for nearly three decades now, this school has achieved something which even the most prestigious institutes do not even dare to contemplate upon. Ms. Sai Meera, the Principal of this school who is actually an alumna of the school, says, "This school believes in offering real education that involves the student, and does not merely thrust



information. Real education flows from the heart and is termed as 'Educare'".

This institute like all other Sai inspired institutions relies not on money, men or material, but in the immeasurable power of pure Love that is encased in every individual's heart, for that alone can provide permanent peace to society. Only when selfless Love rules the hearts of the majority of our civilization, can we appreciate and live by the 'indefinable moral law that governs this universe' as Mahatma Gandhi put it. And when this happens, we will definitely find ourselves in a society that offers us more good and inspiring news than the current headlines that highlight gaudy and debilitating stories.

Let us make morality the mark of our lives, individually and collectively, and live lives worthy of our education – one that is for life, not merely for earning a living.

**Loving Regards,  
The Heart2Heart Team**



## SATHYA SAI SPEAKS

### True Education Emerges from the Heart

In this world, there are millions of educated people. Right from a child to a learned old man, everyone is interested in reading books and acquiring knowledge. But in what way are they benefited by the acquisition of bookish knowledge? Such education can only help you to eke out a livelihood.

One may study a number of books and master various branches of knowledge, but does he/she enjoy peace and tranquility? All the knowledge that we acquire from books can only take care of our physical needs. The fact is, true knowledge is latent in everyone. Women do not lag behind men in academic excellence. People think that education confers on them respect and esteem. But, people lack true wisdom in spite of their high academic achievements.



Bookish knowledge only burdens our brains

#### Education Should Turn the Students Inward

In the present times parents want their children to pursue solely job-oriented education. But, what is the use of such education which does not bring about transformation among children? Neither are the children benefited nor are they able to render any help to their parents. Modern man develops ego on account of his educational achievements. Humility is the hallmark of true education. If a man lacks *viveka* (discrimination) and *vinaya* (humility), all his education is of no value. You should understand that your education is meant for the welfare and progress of society. But, in what way is society benefited by educated people?

**Students should strive to earn a good name in society. Today's education is making the students materialistic. It does not prepare the students to turn inward to listen to their inner voice. One should acquire *Atma Prabodha* (Atmic knowledge). That is true education.**

Students should strive to earn a good name in society. Today's education is making the students materialistic. It does not prepare the students to turn inward to listen to their inner voice. One should acquire *Atma Prabodha* (Atmic knowledge). That is true education. Without awareness of the Self, all other knowledge is useless. Why should one pursue such education?

People are interested in exercising their influence and power; they are not making efforts to cleanse their mind and heart. This is the result of modern education. People have learnt to talk sweetly, but they do not translate their words into action.



Mere accumulation of degrees drives us to money and materialism

#### True Education Should Purify the Heart

Mere learning by rote the contents of books is not important. You should imbibe the *gandha* (essence) of all *granthas* (texts). That is true education. People read a number of books, but what is the use? They merely quote what others have said. Is this what one is supposed to learn? You should listen to the prompting or utterance of your inner voice and share it with others. But, scarcely anybody thinks on these lines today.

There are three important principles in every human being – *Manas* (Mind), *Buddhi* (Intellect) and *Atma* (Self). What is the nature of Self? It is all-pervasive. True



education is that which originates from the heart. The reference in this context is to the spiritual heart and not the physical heart.

**When you understand the principle of love and develop love to love relationship, all will become one. The Veda says, “Sahasra Seersha Purushah ...” It means that all heads, all eyes, all feet are His.**

There are many noble souls who are setting ideals to society by translating their knowledge into action. If you do not act in a principled manner, all your education becomes useless. It is what you practise that matters, not what you speak. Wherever you may go, your behaviour should be exemplary. That is what pleases Me.

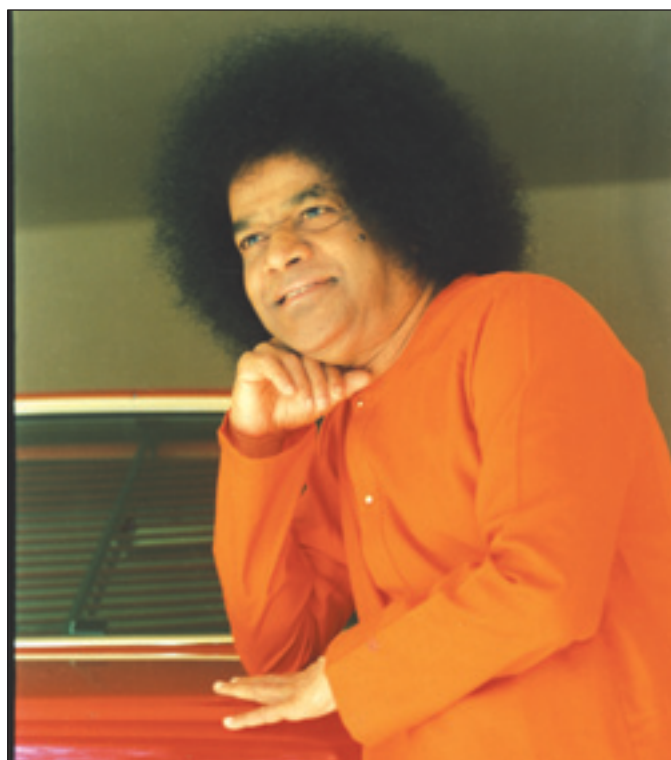
True education is that which originates from the heart. Heart is very important for human existence. When a child is born, the first thing that people observe is the heart beat. You should rely more on your spiritual heart than on the physical heart. Conscience is another name for spiritual heart. Keep your heart pure. That should be your main endeavour. Whatever is done with love and purity of heart will confer bliss on you. First of all one should understand the principle of unity. Unity leads to purity and purity leads to divinity. A true human being is one who strives for unity, purity and divinity. Otherwise, he is no better than birds and animals. First, purify your senses and develop unity. Consider all as your brothers and sisters and live in harmony.

### **Love in Practice is Real Education**

You can certainly acquire secular knowledge. But you should not rest contented with that. You should turn inward and acquire spiritual knowledge as well. Only then can you attain peace.

**When all the tanks and lakes are dried to a trickle, you can imagine the joy that a continuous downpour brings with it. Similarly, serve those who are in desperate need of your help. Give them happiness. You can attain divinity only through service. Human life is most precious. But, man is behaving like an animal and thus wasting his life.**

So many have assembled here (in Prasanthi Nilayam). Everyone's attention is focused on Swami. In the same manner, let your mind be focused on divinity always. Contemplate on God. Serve your fellowmen. If a person



who has been starving for ten days is served a sumptuous feast, you can well imagine the joy he experiences. When all the tanks and lakes are dried to a trickle, you can imagine the joy that a continuous downpour brings with it. Similarly, serve those who are in desperate need of your help. Give them happiness. You can attain divinity only through service. Human life is most precious. But, man is behaving like an animal and thus wasting his life.

First of all, develop love. When you have love in you, everyone will become your friend. If your heart is not suffused with love, your life will become artificial. Life is meaningless without love. If everyone shares his love with his neighbour, there will be no room for hatred at all. Share your love with everyone and live like brothers and sisters. Today we find conflicts and differences even among brothers and sisters, because they lack proper understanding.

People do not understand the true meaning of love. Their love is tainted with physical and worldly feelings. When you understand the principle of love and develop love to love relationship, all will become one. The Veda says, “Sahasra Seersha Purushah ...” It means that all heads, all eyes, all feet are His. Once you understand the principle of oneness that is present in all, you can live in tune with the true spirit of brotherhood. ■

**- Divine Discourse on August 17, 2005 on the occasion of the International Conference of Eminent Educationists**



## CONVERSATIONS with SAI SATYOPANISHAD - Part 18:

### Direct Directions from the Divine

(continued from previous issue)

Dear Reader,

In response to your positive feedback to this section where we have a conversation with the Divine, we continue with Prof. Anil Kumar's 'Satyopanishad' following Dr. John Hislop's series 'Conversations with Bhagavan Sri Sathya Sai Baba' that ended in January 2008.

This series is also in the question-answer format that many devotees prefer, and has answers from Bhagavan on topics as wide ranging as the origin of evil, the goals of human life, and aspects of God – embodied and formless, to price hikes, women's liberation, vegetarianism, and the generation gap among people of the present times.

Published in two parts by the author, these volumes have 270 questions in all, which are neatly grouped under separate chapters. In this issue, we begin the sixth chapter, 'Parallels and Polarities'.

### Chapter 6: Parallels and Polarities

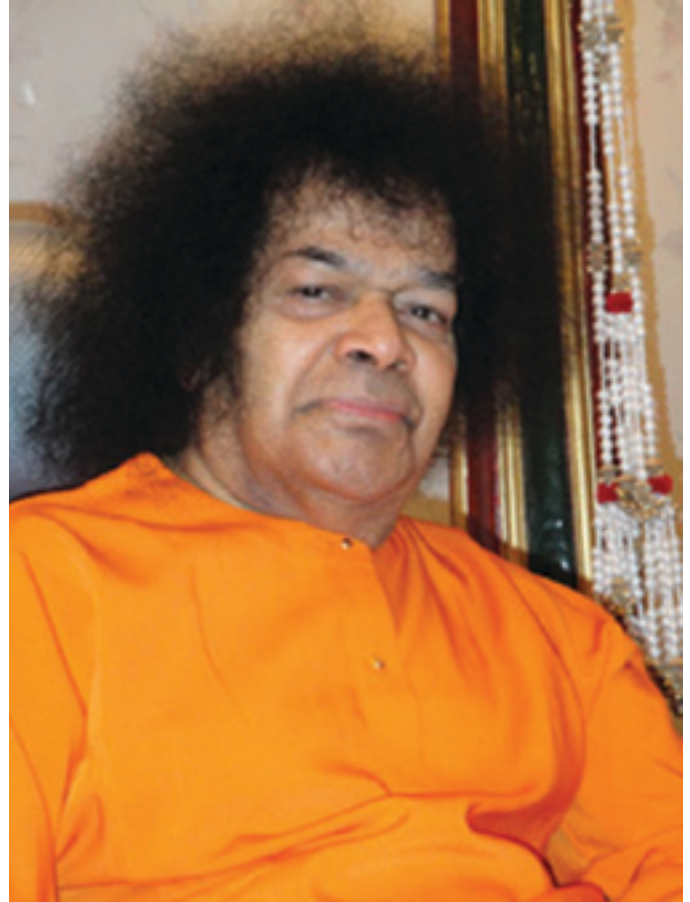
(Continued from the previous issue)

**Prof. Anil Kumar:** Swami! We hear two terms very often used by pandits: *prakruti* and *purusha*. Please explain these two terms?

**Bhagavan:** *Prakruti* and *purusha* are matter and energy. You can also take them as the positive and the negative. Even if there is bulb, you don't get light unless there is power supply. Likewise, the power supply remains useless, if there is no bulb either. Therefore, both power and light bulb are required. Similarly, this entire creation is a combination of *prakruti* and *purusha*. These two are interdependent and interrelated.

*Prakruti is viewed as feminine.  
God is the only male.*

In a College for Women, girls play all the different roles in a drama. So also, at the level of the body, there are differences. But, the indweller, *atma*, is one and the same. The body is a bundle of bones. It is like a water bubble, it is ephemeral. It is afflicted by many diseases. After all, it is full of urine, blood, muscles, bones and



faecal matter. It emits only bad odour and not the fragrance of flowers and perfumes. The body is *prakruti* and undergoes change periodically. But, the eternal, changeless, immortal truth is *purusha* or God. It is only the *purusa* that is valued. *Prakruti* is accepted and cherished so long as *purusa* is there.

Sugar mixed with cream of wheat makes a sweet by name *ravva laddu*. Sugar in combination with *dal* makes a *laddu*. The same sugar can be mixed with any type of flour. Similarly, *purusa* functions through *prakruti* assuming different forms and names. But, *purusha* remains a witness, who is transcendental, beyond time and space; non-dual, eternal, blissful and is a personification of wisdom. It is *purusha*, who created *prakruti*, the universe. *Purusha* is the object while *prakruti* is his reflection. Therefore, these twin terms are used by Sanskrit scholars to indicate *purusha* and *prakruti*: *Loka-lokeswara*, *viswa-visweswara*, *jagat-jagadiswara*, *sarvam-sarveswara*, *prapancha-parameswara*, etc. Let's suppose there are containers



made of gold, silver, copper and clay and they are filled with water. Although the containers differ in metal and value, the reflection of the Sun in all these containers is one and the same. So, the Sun is *purusha* while the containers represent *prakruti*. Matter + Energy = God.

**Men are more valuable than all the wealth of the world. Having been born as human beings, you should strive to attain liberation, *moksha*. Science and technology can provide you many comforts and conveniences. They can't confer on you peace and bliss.**

**Prof. Anil Kumar:** Swami! Some worship Vishnu, while some others worship Siva. They don't see eye to eye with one another. There seems to be constant rivalry between these two groups, the Vaishnavites and the Saivites. Kindly tell us how these two groups of devotees of God can be united.

**Bhagavan:** This is utter ignorance and foolishness. The scripture says, *ekamevadvitiam Brahma* which means "God is one without a second". It also says, *advaitadarshanam jnanam* that is, true wisdom is non-dual. Every seeker of truth or a spiritual aspirant, should know the essential unity in diversity. You should experience unity in divinity. The worshippers of Lord Vishnu address the Lord of the seven hills of Tirupati as Venkataramana while the worshippers of Shiva call him Venkateswara. But, you know both are the same.

Once a king convened a conference of scholars of both these groups to deliberate, discuss and finally decide as to who was the greater of the two, Vishnu or Siva. Both the contending groups presented their viewpoints convincingly. The king, therefore, wanted his Chief Minister to consider all the points of the scholars and then give his verdict on the issue. The latter got up and said, "Oh King! I do not think if either of these two groups has ever experienced reality. Those who argued in favour of Vaishnavism saying that Vishnu is greater than Siva knew little of Vishnu. Had they been genuinely devoted to Him, they would have seen Siva in Vishnu also. Similarly, those who held that Siva was superior to Vishnu would see Vishnu in Siva also".

There is another episode to illustrate this fact. One day Lord Sri Rama was passing by and on the way He saw a stone. Hanuman observed it and wanted to pick it up and throw it away. He used all his strength, but could



not lift it. That very stone was the Sivalinga installed by Sri Rama in Ramesvaram, a pilgrim centre in Tamilnadu. Rama, being Vishnu Himself, proved that He and Siva are basically one and the same by installing a Sivalinga. Isn't it so? Know that all names are His and all forms are His. He is the only one who responds to our prayers.

**Prof. Anil Kumar:** Swami! You repeatedly mention 'love' in Your discourses. Why? Don't we have *prema*, love, within us? If not, how are we to develop it? What is the difference between *prema*, love and *moha*, attachment?

**Bhagavan:** You think you have *prema*, love. It is a mistake. You only have *abhimana*, or attachment. There is a lot of difference between the two. You have misdirected love and allowed it to flow in different ways and ultimately got it steeped in attachment. You have forgotten real *prema*.

The love you have towards your children is *vatsalya*, affection. Your love towards your wife is *anuraga*, attachment and your love towards worldly objects is *mamakara*, possessiveness. Your love towards your equals is *maitri*, friendship. Like this, love flows in many different directions. All this is not love in the true sense of the term. This is all physical, worldly, ever changing and temporary. This may give you *prapanchika ananda*, worldly pleasure, *bhautik ananda*, mundane pleasure, *indriyananda*, sensual pleasure, and *manasika ananda*, desire-oriented love. They give you only pleasure.

Today you may be happy with one thing and tomorrow you may not be with the same thing. In winter, you are happy wearing a woolen coat but in summer, you will be unhappy if you wear the same woolen coat. Therefore, time, position, space and states of mind bind happiness. This is the type of happiness you get out of *abhimana*,



attachment. Dasaratha, the king of Ayodhya in the Ramayana, died of his attachment to Rama as he couldn't bear separation from him. It is again, the attachment of Kaikeyi that led to the attempt to crown Bharata and the exile of Rama.



You observe the contrast between Rama and Dasaratha. The father, Dasaratha, due to his attachment to Kaikeyi, had to be separated from Rama by granting her the boon she had promised. But, his son, Rama, left his consort Sita to her fate in a forest, when a washerman spoke ill of her as she had spent eight long months in Lanka under the control of Ravana. What supreme detachment! He had no attachment to the kingdom either. So, he simply obeyed his father's command and left for the forest.

In the Mahabharata, you know how king Dhritarashtra remained silent due to attachment when his sons were committing atrocities against their cousins, the Pandavas, which ultimately led to the death of all his progeny. Isn't it so?

Don't you know that Yasoda couldn't fully comprehend the divinity of Krishna because she considered him always only her son and never as God, due to her vatsalya, attachment? Had Buddha been attached to his wife, Yasodhara and his son, Rahul, would it have been possible for him to leave them? Krishna, once he left Repalle, a place where he had spent his boyhood, never stepped in there again. He was not attached to the place. But, His connection with the Gopis continued, as it was only love to love relationship, which was divine. The love of the Pandavas suffered no decrease or loss in spite of the terrible sufferings they had gone through.

Love is changeless. Love is steady and unshakeable. Love is non-dual. Love is not carried away by praise nor does

it vanish with blame. Love is selfless and unconditional. Love is spiritual and essentially divine: it was the love of Jesus for humanity that made him pray for those who had persecuted him while he was on the cross. Isn't that the pinnacle of love?

Attachment is confined to getting and forgetting, while love always gives and forgives. Love is God. God is love. Live in love. Attachment is bondage leading to misery. Attachment is narrow and utterly selfish.

**Attachment is confined to getting and forgetting, while love always gives and forgives. Love is God. God is love. Live in love. Attachment is bondage leading to misery. Attachment is narrow and utterly selfish.**



A child is full of love and bliss. As he grows up, he starts loving toys; thereafter he loves to play and slowly starts loving friends. On becoming a youth, he loves a life partner, then his family, and gradually he develops love for possessions, position and properties. Thus, love is allowed to flow in different directions, and as such, it becomes diluted and finally reduced to attachment.

Your love for God is devotion, and helps you to cultivate virtues like humility and obedience and makes your life blissful. It helps you to attain *mukthi*, liberation. What you need today is the expansion of love.



<h2>Bhrama (Illusion)</h2>	<h2>Brahma (Divinity)</h2>
 <p><b>Sweets are many</b></p>	 <p><b>Sugar is One</b></p>
 <p><b>Clothes are many</b></p>	 <p><b>Cotton is One</b></p>
 <p><b>Diversity in Unity</b></p>	 <p><b>Unity in Diversity</b></p>

First of all, you start with loving your family, extend your love to your relations and slowly to your community and your country as a whole, and ultimately to the entire universe. You can realise and experience God only by and through Love, as God is the embodiment of Love. You may find people in want of one thing or other. But, you find none lacking in love. You have to channelise it. Love is the natural quality which is God's gift to man.

**Prof. Anil Kumar:** Swami! What are *Brahma*, and *bhrama*?

**Bhagavan:** To realise and experience unity in diversity is '*Brahma*', divinity. But, viewing one as many is '*bhrama*', illusion. That which is bound by name and form is *bhrama*. *Brahma* transcends time and space, and is eternal and unsullied. You know many sweets such as *gulabjamun*, *laddu*, *jelebi*, *basundi*, etc. These sweets

have their names and forms. This is *bhrama*. But, they are made of sugar, which is one and the same. This is *Brahma*.

Another example: You see cloth which is made of yarn closely interwoven. This is *bhrama*. Though the yarn is apparently different from the cloth, it is after all made of the same cotton only. This approach is *Brahma*. So *bhrama* illusion, is multiplicity, plurality, diversity and has different names and forms, while *Brahma* (divinity is unity), is the fundamental primordial principle.

**Prof. Anil Kumar:** Swami! Some say that God has no form. But, we see devotees praying to idols in temples. The concept of Avatar, the incarnation of God, is of special significance in our land of *Sanatana Dharma*. But followers of other paths argue that God has no form. We pray to you to clarify this point.



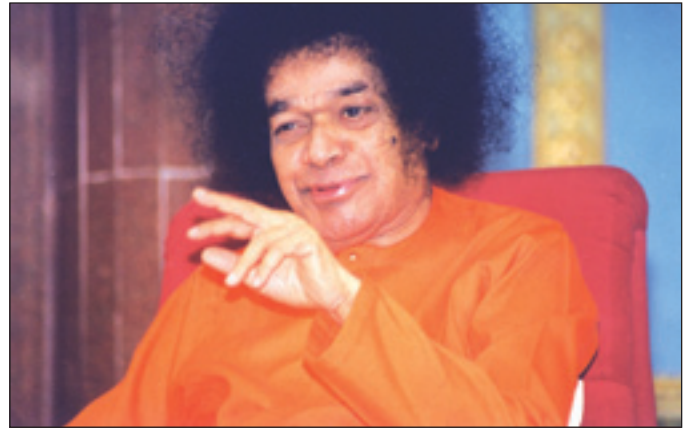
**Bhagavan:** When you see a doctor, you will be reminded of your physical complaints. When you meet a lawyer, you think of litigation and court cases, don't you? Likewise, when you see a *gopuram*, temple tower, you will be reminded of God. As I often say: love may not have a form, but a loving mother has. Water may not have form, but the tumbler with water has a form; air may not have a form, but the balloon into which it is pumped has a form. In the same manner, the formless divine has its form or forms. The formless expresses itself through a form.

**When you see a doctor, you will be reminded of your physical complaints. When you meet a lawyer, you think of litigation and court cases, don't you? Likewise, when you see a *gopuram*, temple tower, you will be reminded of God. As I often say: love may not have a form, but a loving mother has.**

A simple example: You know the screen in a theatre. You find pictures projected on the screen. In every picture, there is the screen. Without the screen, you can't see the picture. Pictures come and pass. Not even one remains permanent. This screen may be described in spiritual parlance as *sat* and *asat* or *satasat*. *Sat* is existence, *asat* is non-existence. Like this, these two coexist, *sakara*, one with form, and *nirakara*, the formless.

**Prof. Anil Kumar:** Swami! We hear of cellular phones and remote controls everywhere. All the necessities of our worldly existence seem to be from electronics and computers, drawing the attention of everyone. How does the subject of spirituality come into the picture here? Where is the time for it? As if this is not enough, we hear of nuclear tests also. How are we to coordinate and integrate these diverse aspects? Kindly show us the way.

**Bhagavan:** Men are more valuable than all the wealth of the world. Having been born as human beings, you should strive to attain liberation, *moksha*. Science and technology can provide you many comforts and conveniences. They can't confer on you peace and bliss. What is Science? What is Spirituality? What is the difference between the two? Science is below the senses. Spirituality is above the senses. Spirituality speaks of *tat*, that, and Science speaks of *tvam*, you, so as to make you learn *tattvamasi*, 'That thou art'. This is nature, world, or *prakruti*. That is *purusha* or God.



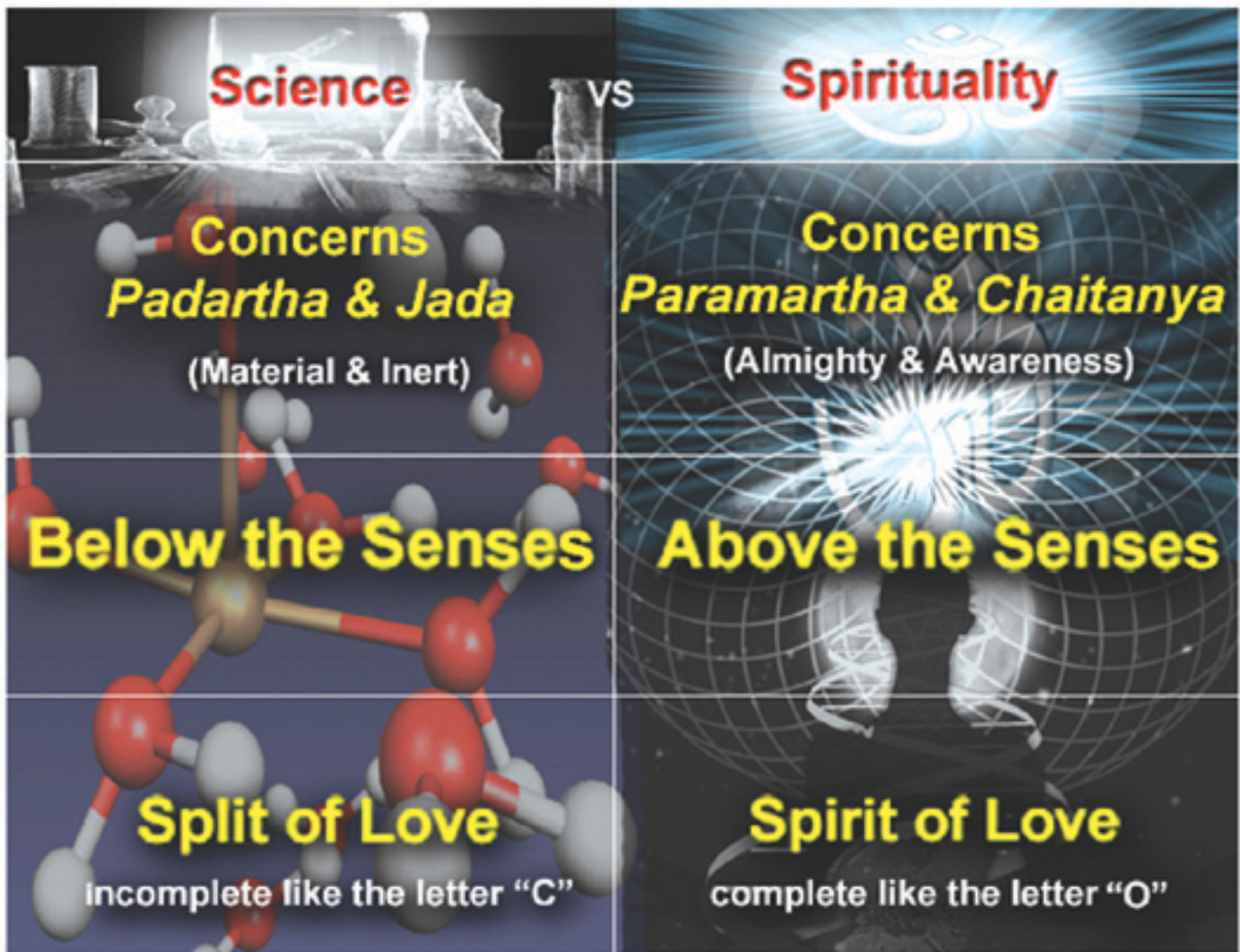
Spirituality is like the letter 'O' which is full and complete, whereas Science is like the letter 'C' which is incomplete with a hollow space within, starting at one point and ending elsewhere. Spirituality begins where Science ends and it takes you from the world to God. Spirituality makes you feel and experience divinity in this world. This is the way to integrate Science and Spirituality. Spirituality is the unseen principle behind the apparent electronic or scientific gadgets and equipment.

**Prof. Anil Kumar:** Swami! Are Science and Spirituality contradictory to each other? We are eager to know Swami's views on this subject.

**Bhagavan:** Science operates below the senses, while Spirituality functions above the senses. Science speaks of 'this', *tvam*, world, while Spirituality thinks of 'that', *tat*, divine. Science refers to *tvamidam*, 'near' while Spirituality concentrates on 'far', *param*, beyond. Science is meant for the *padartha*, 'material' and Spirituality is for the ultimate *paramartha*. Science deals with the *jada*, inert, and spirituality, with *chaitanya*, awareness. Spirituality aims at the *adhara*, base and Science experiments on the *adheya*, superstructure.

Science is the 'split of love' while Spirituality is the 'spirit of love'. Science deals in *pravritti marga*, the external world, and Spirituality in the intuitive *nivritti marga*. Science can visualise the *vyakta*, apparent, while Spirituality dives into the *avyakta*, hidden. You can learn Science with your *karma chaksus*, physical eye, but the understanding of Spirituality needs the *gyana chaksus*, 'eye of wisdom'. Science is the collection of facts, which are stuffed in your 'head'. Spirituality is metaphysical, and touches your 'heart'. Science is incomplete like the letter 'C' which begins at one point and ends somewhere else. Spirituality is *purnam*, full like the letter 'O'.





Science supplies implements. Spirituality tells you how to use them. For example, a knife with which you can cut vegetables, fruits and so on can be used to cut throats. Science shows what you see, like your photo or picture. But, Spirituality is an x-ray film. Science is 'negative' while Spirituality is 'positive'.

Creation is 'negative' while the creator is 'positive'. Fill your heart with positive spirituality as you fill the tank with water. Senses are the taps through which you draw the water of love. Science states facts, but Spirituality symbolises unchangeable truth, *ritam*.

**Prof. Anil Kumar:** Swami! We experience love in our worldly life. How is it different from spiritual love?

**Bhagavan:** Split of love is worldly, but the spirit of love is spiritual. Love shared with one's own kith and kin is the split of love. This is worldly love. The primordial principle governing the entire universe is spiritual love. This is the spirit of love. Spiritual love is universal.

**Prof. Anil Kumar:** Swami! Today everyone speaks of Free Will. Do we really have Free Will?

**Bhagavan:** Man has no Free Will. It is only God who has Free Will. Being a slave to the senses, how can you claim to have free will? Where from do you get Free Will? God alone is free and hence He alone has Free Will and that is why this Free Will is an absolutely divine attribute. How? Here is a small example. When a man suffers from a paralytic stroke, he is not able to lift or move the paralysed part of his body. Come on! Let him now try in the name of Free Will! So, there is no Free Will as such, and it is ridiculous to think so. There is no meaning in the claim.

**Prof. Anil Kumar:** Swami! In modern society, much knowledge is only half knowledge and partial understanding. We don't have a clear picture of anything. We want to know the difference between Free Will and Divine Will?

**Bhagavan:** It is ego and ignorance that prompt doubts of this kind. On account of body identification, you are



not able to know reality. In fact, you are a slave to your senses. So, you are not free. How can you have Free Will then? God is the Master of all. He is above everything. He is not bound or limited by anybody or anything. He is absolutely free. Hence, it is only God who has Free Will or Divine Will.

Today everyone thinks that he has Free Will enabling him to do anything of his choice and that he can decide anything in the name of his Free Will. This may be one thing today and quite a different thing tomorrow, but Divine Will never changes. While exercising your Free Will, you may succeed or fail, win or lose. If you succeed, you become proud and egoistic. If you fail, you become frustrated and disappointed. But, Divine Will is a transcendental phenomenon. What you should do is simply surrender to Divine Will. It means readiness or preparedness to receive and accept happily whatever happens in your life, good or bad, with the feeling that it is only for your ultimate good. You must accept it as God's gift to you. This is true *gyana* and *bhakti*. In fact, you do not know what is good for you. God knows the when, the why, the what, and the how, of everything, of everyone. Everything happens according to God's will or Divine Will. If you know and sincerely believe this, you will never be elated, egoistic, proud, frustrated, depressed and disappointed once you have surrendered truly to the Divine Will.



Divine Will is present in the guise of conscience, reminding you of your responsibility. It is the *antarvani*, Inner Voice. But, you neglect it and don't pay heed to its appeal and message, and so you suffer. With your mind turned inward, your intellect tuned to the fundamental principle and your senses kept under strict control, you can hear clearly your Inner Voice, which is none other than the Voice of God. Divine Will is the master plan of God.



**Prof. Anil Kumar:** Swami! Kindly let us know the difference between devotion and surrender.

**Bhagavan:** Devotion is dual. Here is one who is devoted to God. Therefore, devotion is the path of dualism. A devotee has no meaning if there is no God. So also, God is associated with a devotee. It is devotion that links them. But, surrender is non-dual. In the path of non-dualism, we find this surrender. Once you surrender to God, you do not exist for yourself any longer. You do not have anything of your own.

For example, you have water and sugar. As it is, these two are separate and different from each other in their names, forms and tastes. This is the principle of dualism, since sugar and water exist apart from each other. Now, mix both, what happens? It is neither Sugar nor is it water. It becomes syrup. So also, the devotee who totally surrenders himself to God does not consider himself as a separate entity apart from God. This is true surrender and the spirit of non-dualism. ■

*(To be continued)*



## CHINNA KATHA 'Drawing' God...

A Little Story from Bhagavan

This happened in the time of Lord Krishna. There once lived an artist who had traveled far and wide and had built for himself an extensive reputation. But even as he climbed the edifice of fame and renown, achieving success and impressing one and all with his art, he still hadn't achieved access to Lord Krishna! As much as he was anxious to seek approbation from Lord Krishna Himself, who not only ruled everyone's heart but was also the greatest connoisseur of art, success in this endeavour kept eluding him. But one day, after relentlessly trying to meet Krishna, he got an appointment. The artist met Krishna and requested Him to stay still, so that he could paint His picture.



On getting Krishna's consent, the artist first prepared the outline and told Krishna that he would ready the final painting in a week's time. The all-knowing Krishna also knew about the ego of the painter, but did not say anything then. After a week, the painter brought a finished portrait, covered with a white cloth. And when he uncovered the painting in Krishna's presence the painter himself was shocked at the lack of similarity between the real Krishna and Krishna he had painted! Completely taken aback by this, the painter asked for another week's time to get the job done. This went for many such weeks, but each time he failed to capture Krishna in his paintings.

In complete frustration and total dejection, he decided to leave the city and go away. But the Lord had other plans. When he was going away, Sage Narada met him. Well aware of the painter's plight, Narada confided to

him that it was silly to attempt to paint the picture of Lord Krishna, for the Lord has no fixed form and can change His face every second!

Narada then advised, "If you really want to paint Him, I will tell you a method which will enable you to do so." Saying so, Narada whispered something into the



ear of the artist. Following the advice given by Narada, the painter returned yet again to Krishna with a white cloth covering something. But this time, enriched by the wisdom Narada had imparted, the painter told Krishna that even as He was welcome to change the painting in any manner whatsoever, the painting would look exactly



like him. Saying so, the artist removed the cloth, laying bare the mirror the cloth had till then hidden. The mirror reproduced an exact replica of Krishna.

**If therefore, you are imaging that God would be like this or that, it is not correct. You cannot describe God and your attempts will fail. But**

**when you make your mind clear and clean; fill it with love and devotion; the very same love and devotion will enable you to have the true vision of God. ■**

- Baba

Illustrations: Mrs. Vidya, Kuwait





## CRADLING A CHARACTER - RICH GENERATION

Sri Sathya Sai Institute of Educare, Chromepet, Chennai

### CURRENT SCHOOL EDUCATION IN INDIA – FAR CRY FROM HER ENLIGHTENED PAST

The anomalies of India's social structure are clearly evident in the uneven access to school education for millions of families. According to the report 'Global Education Digest 2007', released by UNESCO Institute for Statistics (UIS), "Households pay for more than one-quarter, 28 per cent, of the costs to send their children to primary and secondary school, [as opposed to only 14 per cent towards university education]. These fees pose a very real barrier for the children of poor families."

Mapping the latest education statistics from primary to tertiary levels, the report focuses on the financing of education and provides a series of indicators to compare

spending patterns across countries and levels of education. Explaining the Indian situation, it stresses, "...systems that are overly reliant on private contributions, especially at the primary level of education, raise the risk of excluding students from poorer families" thereby making the fundamental right to basic education for the poor Indians a distant dream.

The UNESCO report clearly points out that the distribution of funds was "extremely uneven" among the school-age populations. "Equity issues are clearly at play given this uneven distribution of resources" it adds.

Once the bedrock of timeless wisdom and inimitable teacher to the world, modern India is witnessing a mushrooming of a bevy of "international" schools across large and mid-sized metros, providing education based

## SCHOOL EDUCATION IN INDIA



### *Conventional Schools*

- Annual cost - between Rs. 80,000 to Rs. 200,000
- Focus - Secure a good career

### *Sai Schools*

- Annual cost - Nil
- Focus - Building a Strong Character







**The Sri Sathya Sai Higher Secondary School in Prasanthi Nilayam - Pioneering an educational philosophy which is alluringly modern in its outlook but sacredly ancient in its heart**

on the Western models, either American or British. Without exception, these private schools cater to the elitist of Indians and come with a hefty price tag. Based on a survey of 4 leading private schools in the south Indian city of Chennai for instance, the annual cost of sending a child to a private school from Grade 1 through Grade 12 adds up to about Rs. 80,000 to Rs. 2,00,000 (US \$ 1800 - 4200). What is worse is the value system and culture promoted by these schools is a far cry from the harmonious and balanced way of life exemplified and recommended by enlightened sons of Mother India.

It is this context that the Sri Sathya Sai System of Integral Education, gifted by Bhagavan Sri Sathya Sai Baba to the entire world, becomes extremely significant. And the best example of this philosophy of education is the Sri Sathya Sai Higher Secondary School located in Prasanthi Nilayam. The “End of Education is Character” is the central focus of this educational system which nurtures the students’ body, mind and soul, and recognizes the spiritual component of the human experience, existence and aspiration. This holistic approach to integral education trades purely in the currency of selfless love, and has remained untainted by any monetary burden to

the families of the students. Based on universal human values, Sai education is also universally accessible and involves no barriers of race, wealth, religion or social status.

Over the decades, this unique system, through Sai Schools worldwide, has churned thousands of graduates, committed to the practice of values in their personal, professional and social life. One such outstanding Sai school flourishes near Chennai, quietly providing the highest quality holistic education, at absolutely no charge.

### **THE NOBLE SCHOOL AT NEMILICHERY – ITS SUBLIMITY AND BEAUTY**

In Nemilichery, a suburb of the south Indian metro of Chennai, the Sri Sathya Sai Institute of Educare is a Sai school with a rare distinction. It has been awarded an A+ accreditation from the Mumbai based national regulatory and supervisory agency, the Institute of Sathya Sai Education. A product of the direct grace of Bhagavan Baba, the Sai School at Nemilichery takes its social responsibility seriously by bringing the gift of



The SSS Institute of Educare receives A+ accreditation on September 7, 2008



The eager school kids lined up to welcome Baba when He visited Chromepet in 1984

balanced education to grateful families without any economic burden to them. And it has been doing this silently for the past 31 years! This is just one of the reasons why this institution is special; more will unravel to you as you proceed with this story.

A short ride from Chromepet Railway Station is a densely populated community on the outskirts of Chennai. Past the bridge and along dusty roads, one comes across lush green fields. Soon the signature Sai architecture comes within view - the pink lotus crown atop a light blue building. As unique as its vision is the compound standing a world apart from the rest.

**Am I at Prasanthi Nilayam?**

“Am I at Prasanthi Nilayam?” This is the typical thought that would strike any visitor to this breathtakingly scenic campus. The ambience and architecture lend a divine serenity to the atmosphere.

The majestic prayer hall, the Ram Sai Hall, has been designed after the Poorna Chandra auditorium at Prashanti Nilayam. The hall is furnished with idols of



With light and bright yellow, orange and blue, this school vibes like Prasanthi Nilayam



Exemplars for humanity - Sri Rama, Sri Lakshmana and Mother Sita in “Ram Sai” hall



“Unity of Divinity” is instilled in young minds strongly; this is “Allah” in the Prayer Hall



The compassionate Lord Jesus too adorns the wall of the Ram Sai Hall





The exalted epitome of selfless service, Hanuman, has an elevated place in the school



The statue of sweet Krishna fittingly is a part of the children's playground

Lord Vishnu's *Dasavatharas* (ten incarnations) and Sri Krishna's *Gitopadesh* on the interior. The outer walls are decorated with carvings of religious symbols of all religions.

As you proceed further towards the main building, you see a beautiful temple for Sri Vidya Ganesh. The temple was inspired from the Ganesh temple situated in the campus of the Sri Sathya Sai University. Adjacent to it is an idol of Lord Hanuman standing on a raised platform in a majestic posture. The children's playground, aptly called 'Brindavanam', is graced by a sweet statue of Lord Sai Krishna.

The school, with all these sacred icons and a beautiful garden, constitutes a serene learning atmosphere, a product of three decades of a collective effort by those wedded to the Sai Education ideals.

## THE SCHOOL'S CONCEPTION, EXPANSION AND CURRENT EXEMPLARY STATUS

### The Birth of the Sri Sathya Sai Bala Gurukulam

The school came into being as the Sri Sathya Sai Bala Gurukulam on the auspicious day of Vijayadasami in the year 1978. Initially it was managed by the Sri Sathya Sai Seva Samithi, Chromepet (Chennai) and run from a rented tiled house with just 40 students. Women members of the Sai Samithi (the local Sai centre) volunteered to work as teachers. The following year (1979), saw the strength of the student body increase to 90 students. The school was then shifted to the Samithi Bhajan center, a rented building with a light roof. However, within five years the strength of the Gurukulam reduced to a mere 17 students! An office bearers' meeting was organized to discuss the closure of the non-performing school. However, Bhagavan had other plans!



This is how the school started - the Sri Sathya Sai Bala Gurukulam



By His grace and the passionate dedication of many volunteers, the school slowly blossomed..

At time, a school associate visited Puttaparthi and was blessed with a personal interview by Bhagavan. During the audience, she expressed her concern that the small school at Chromepet was not functioning properly. Swami told her, 'You run the school as it is. I will take care of it.'



During the audience, she expressed her concern that the small school at Chromepet was not functioning properly. Swami told her, 'You run the school as it is. I will take care of it.'



The impressive edifice which feels and resembles a place of worship than a conventional school

This assurance from Bhagavan renewed the enthusiasm of the office bearers of the Samithi, and they took an active interest in the affairs of the school. In a year, the strength of the school rose to a 100!

For more than ten years, the school offered education up to Grade 5 in the rented Samithi center without any government recognition. Then, the Samithi members decided to purchase half an acre of land at Nemilichery, a village adopted by the Chromepet Samithi. They went to Puttaparthi to seek Bhagavan's blessings. Baba materialized *vibhuthi*, the sacred ash, as a blessing for the project. At about the same time, a lady from Madurai donated an amount that was given as advance for the land, and in a year the sales agreement was signed. Well wishers of the project contributed, but the school was still short of Rs. 30,000. All Samithi members came together and prayed fervently to Bhagavan. And the answer came in the form of a voluntary contribution!

### From Sri Sathya Sai Matriculation School to Sri Sathya Sai Institute of Educare

The school later acquired even more land. By then it was evident to everyone involved that the divine hand was behind the mysterious but synchronized series of events. A higher power was directing the project that was to fulfill a higher purpose in the divine mission.

Since the Sri Sathya Sai Trust, Tamil Nadu is a registered body, all financial transactions were done through the



The Divine directs the school's destiny

trust and the land was registered in the trust's name. Two thatched sheds of dimensions 20' x 80' were erected and the school was shifted to Nemilichery from the Samithi centre and was named the Sri Sathya Sai Vidya Mandir.

The following year, Bhagavan's will manifested in a rather unexpected manner. The area was hit by a heavy cyclone which blew away both the thatched roofs of the school. Suddenly, there was no room to run the school. But what seemed like a curse then, later turned into a blessing in disguise.

This seemingly untoward incident led to two interesting developments. Firstly, at this moment of grave need, a Good Samaritan stepped forward with a proposal. He said that he was moving into his just allocated railway quarters, and requested the committee to conduct the school in the house that would fall vacant due to his move to his official residence. The school ran in those premises for three years.

**Bhagavan blessed all by sprinkling *akshata*, the holy rice, on them. When He was invited for the *Bhoomi Puja* (ground breaking ceremony), Bhagavan said, 'Osthanu, Osthanu' (I will come, I will come)."**

Next, all the Samithi members went to Puttaparthi to seek Bhagavan's blessings for constructing their own building for the school. Bhagavan blessed all by sprinkling *akshata*, the holy rice, on them. When He was invited for the *Bhoomi Puja* (ground breaking ceremony), Bhagavan said, 'Osthanu, Osthanu' (I will come, I will come)."

Having bagged the divine assurance, the team spirit was soaring. Upon return, the Ganesh temple, the Shirdi Sai



shrine, a three-storied school building, and a big prayer hall were constructed. Initially, government recognition was granted in the name of Sri Sathya Sai Matriculation School by the Sri Sathya Sai Trust, Tamil Nadu. After four years, the school committee switched over to the national academic curriculum, known as the CBSE (Central Board of Secondary Education) syllabus to give its students the advantage of being on par with the best in India. When did it become educare institute?

## THE HOLISTIC HOSTEL AND SCHOOL ROUTINE

### Arise and Stay Awake to Your Life's Goal

A school thus born out of the sweet will of the universal teacher Bhagavan Baba, follows a befitting schedule where the day begins with salutations to the Lord of the Universe.

In response to the obvious question as to why the school is residential when it is located in a city and can run the program successfully for day scholars, the warden of the school hostel, Mr. A.N. Janardhana Kurup explains, "In the residential system, an institution has sufficient time to mould students and work upon each aspect of their personalities, individual traits and social behaviors through various programs integrated within the hostel life. It helps mould children as a whole. That is why we offer residential education from classes 6-10. However, the school also has day scholars."



Mr. A. N. Janardhana Kurup,  
the warden of the hostel

To further augment the benefits of the hostel life, the hostel routine is based clearly on the foundation of discipline and devotion. Students rise early and spend their day through a

rigorous schedule, learning time management early in life.

### The Elevating Assembly Session

Once the students head to school from the hostel, they start off with an assembly session of a different kind. They file into the hall in silence and sit in neat rows. Soon the school day begins with a powerful chanting of the primordial sound "Aum" thrice. As the sacred vibrations reverberate in the air around, the perfect



The shrine of the school Prayer Hall  
- Beautiful and Powerful



Every day starts in this Hall where the children  
first still their minds



Devotional singing, silent sitting, short talks, etc.  
comprise the morning prayer session



At a very early age, the children learn the values  
of patience and purity



The School's Daily Routine	
4.30 – 5.30 A.M.	Wake up and get ready
5.30 – 6.00 A.M.	Omkar, Suprabhatham, Nagarasankirthan
6.00 – 6.30 A.M.	Yoga, Sun Salutation`
6.30 – 7.00 A.M.	Milk
7.00 – 8.00 A.M.	Study Hours
8.00 – 8.30 A.M.	Breakfast
8.30 – 12.20 P.M.	School Hours
12.20 – 12.50 P.M.	Lunch
12.50 – 3.45 P.M.	`School Hours
3.45 – 4.00 P.M.	Evening assembly
4.00 – 4.15 P.M.	Milk & Snacks
4.15 – 5.15 P.M.	Games & Vocational Course
5.30 – 6.00 P.M.	Bhajans or group singing of devotional songs
6.00 – 8.00 P.M.	Study Hours
8.00 – 8.30 P.M.	Dinner
8.30 – 9.00 P.M.	Night Prayer Session
9.00 P.M.	Bedtime





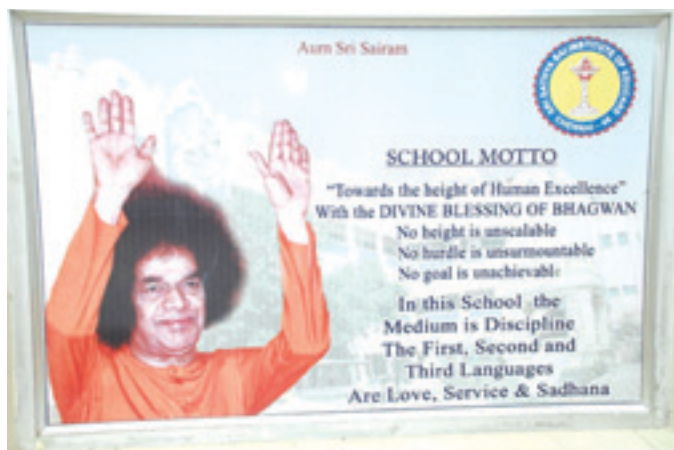
silence that follows it is intensely felt for the next few minutes. *Slokas* and *Veda* chanting form the next part of the schedule.

The assembly programs which include daily reading of the thought for the day, news headlines, quizzes and talks about inspired individuals, scientific facts, etc., are hosted by various grades on a rotational basis. This allows the students the opportunity to take up leadership roles and responsibilities. The assembly sessions also have group singing relevant to the occasion, announcements, talks by the Principal or Correspondent, chanting of the Gayathri Mantra and prayer for universal peace.

At the end of the session a collective call to the Lord is offered: "Dear Lord, we pray that Sri Sathya Sai Institute of Educare be bestowed with spacious accommodation, well-founded infrastructure facilities, dedicated staff and students to grow into an excellent and full-fledged University."

As the students disperse in discipline and return to their respective classrooms, the school's motto ("Towards the height of human excellence"), seen clearly at the entrance, is reflected throughout the morning assembly and in the school's overall ambience.

**At the end of the session a collective call to the Lord is offered: "Dear Lord, we pray that Sri Sathya Sai Institute of Educare be bestowed with spacious accommodation, well-founded infrastructure facilities, dedicated staff and students to grow into an excellent and full-fledged University."**



**"Towards the height of Human Excellence"  
- the school's motto**

## THE CENTRAL FOCUS OF THE SCHOOL – 'EDUCARE THROUGH EXPERIENTIAL LEARNING'

**"We provide educare along with education"- Ms. Sai Meera, the Principal**

Leading this institution is the Principal, Ms. Sai Meera, who holds many distinctions. She has received her diploma in Sathya Sai Education from the Institute of Sathya Sai Education, Mumbai. More importantly, she was the first student of this school, who has worked her way through the ranks of the system, having served the school as a teacher and then Vice Principal.



**Ms. Sai Meera, the Principal of the school who is interestingly an alumna of the school**

Exuding the confidence of a school committed to character education, she says,

**"The school has 300 students and 17 teachers, a 1:20 teacher-student ratio. The total student strength of each class is not more than 30. This facilitates teachers to pay individual attention on every individual student in the class. The school offers co-education till the fifth standard; from the sixth standard the classes are populated by boys alone."**

She adds, "Adhering to the Central Board of Secondary Education, New Delhi, the school believes in offering real education that involves the student, and does not merely thrust information. Real education flows from the heart and is termed as 'Educare'. There is a lot of difference between 'education' and 'educare'! Educare is the basis and foundation for all types of education. Educare is the *adhara* (support) and education is the *adheya* (supported). All the texts we read teach only education to us. But, this is totally inadequate. We must pursue educare along with education."

## Instilling Integral Values-Based Education

While a stand-alone Moral Science class once a week is not uncommon in many schools in this country, what sets the Sai model apart is that here value-based education is the essence of all learning, be it secular or spiritual.

While a stand-alone Moral Science class once a week is not uncommon in many schools in this country, what sets the Sai model apart is that here value-based education is the essence of all learning, be it secular or spiritual. As the school's Correspondent Mr. Kumarasamy says, "Value-based integral education is the core. In other words, values are integrated in each and every aspect of learning. This is the difference.



Mr. Kumarasamy, the dedicated Correspondent of the school

Value education (VE) classes are conducted to mould character of children and infuse values. Children of all classes take active interest in VE competitions. In fact, the dedicated faculty themselves feel that today's education is incomplete and needs to be wholesome. As Bhagavan says, 'Education is for life and not for living'. It is in this connection, that as a part of their everyday schedule, silent sitting and (twice a day) *Jyothi* or light meditation are practiced by students and teachers. Doing this, not only helps them improve their power of concentration, it also brings about total transformation.'

**To further boost the student's self-awareness, the primary division children maintain a spiritual diary, monitored by parents and teachers, while the students in higher grades maintain a self-analysis record.**

To further boost the student's self-awareness, the primary division children maintain a spiritual diary, monitored by parents and teachers, while the students in higher grades maintain a self-analysis record.



The teachers ensure that the kids are facilitated with adequate tools to learn by themselves



When the learning happens together and by practical experiments, the lessons last for long

## SSE Edge Built into the System

Sathya Sai Education, also known as Bal Vikas classes, are also included as a part of the school's regular curriculum. The nine years Bal Vikas residential syllabus is followed. At the end of the ninth year all students take Group III examination, upon which they are awarded a diploma in Sathya Sai Education.

## Experiential Teaching Practices Make Learning Fun

Another very interesting aspect of this school is that it is committed to making learning a hands-on experience, full of fun and creativity. Role-playing, prayers, quotations, silent sitting, poems, PowerPoint presentations, songs accompanied by music instruments, quizzes and models relevant to the topic are often used as effective techniques in engaging student interest. Even slow and kinesthetic learners find opportunities to exhibit their talents and play a part in the presentation. In essence, learning here is a joyful experience, with the school improving and innovating various learning styles continually.





The kids enjoy the hands-on methodology of teaching which is interesting



New teaching methodologies are adopted as and when needed to enrich the impartation

Explaining this further, the Principal says, **"It is learning through experience than just memorization of facts and figures. When students learn by doing everything on their own, it not only bestows on them practical experience but also provides them opportunities for creative work. Once learning becomes fun, the experience remains with them for a long time."**

### Cutting Edge Technology for Hands-On Learning

The school's novel approach to learning has prompted positive collaborations from a community partner, enriching its learning tools and techniques further.

As a part of experiential learning for children, HCL, a global leading hardware and IT solutions provider launched Digischool, their e-learning solution for school children here on Bhagavan Baba's birthday in 2008. Mr. T.R. Vasudevan, the Senior Vice President of HCL Infrastructure inaugurated the application here before releasing it in the market! He wanted every student of this school to augment his or her total learning experience.

### Laudable Laboratories and Library

Aiding in this endeavour of practical learning is the subject of Computer Science, which is a hot favourite among the students here. Most excel in the subject and show greater interest in learning more than what is recommended in their syllabus.



They discover on their own the nuances of various subjects



An array of learning tools edifies the process of imparting quality education

With its well-equipped Physics, Chemistry, Biology, Math, and Computer Science laboratories, the school has kept itself abreast of the current syllabus that is being followed nationwide. The management believes in offering quality education, and emphasizes it by the use of modern teaching aids such as PCs, OHPs, LCD projectors, and so on.

The school also has a well-equipped library which has more than 3,000 books on various subjects, apart from subscribing to various periodicals, magazines, and newspapers to provide up-to-date knowledge on current affairs. In addition, it promotes learning through visual aids such as educational CDs and video cassettes.

In essence, the school through all these teachings techniques and facilities encourages students to come



The well-equipped biology/zoology lab which aids the teaching process tremendously



A glimpse of boys in action in the chemistry laboratory



The computer lab is one of the most sought after spots for many students



A rich library with inspired books to read is one of the big plus points of this school

up with creative ideas at all stages of their academic pursuit. During presentations, they are encouraged to coordinate amongst themselves with minimal assistance from teachers. In fact, this creative license has raised the bar for the standard of presentations put together by the children, starting right at the start, in Grade 1 itself.

### Sharing Its Success through the Professional Development of Educators

One of the salient reasons for the school being able to offer such quality education is its band of dedicated teachers. Most of them are qualified in this mode of unique education having obtained a diploma from the Institute of Sathya Sai Education. Moreover, each one of them has also undergone a three-day Educare training course offered again by the Institute of Sathya Sai Education or ISSE, Mumbai.

In an effort to strengthen the practice of this invaluable philosophy of education in the state of Tamil Nadu, the school had recently organized a 21-day certificate course for 17 teachers from Sathya Sai schools across the state. The program was inaugurated by Mr. V. Srinivasan, the All India President of the Sri Sathya Sai Service Organization. The first presentation was given by Dr. B.G. Pitre, the Director of the Institute of Sathya Sai Education, Mumbai.

### Post School Learning Schedule

Once the students return after school, light refreshment welcomes them back at the hostel. The next little while is playtime at the outdoor playground. This time is also used to teach many vocational courses as well as train them on various other talents like Karate, silambam, keyboard, mridangam (an Indian percussion instrument), dance, bhajan singing and so on. The school band too practices in this evening hour.

In fact, the school has weekly competitions in all these creative talents between the four houses – *Sathya*, *Dharma*, *Shanthi* and *Prema*, which enables the blossoming of these extra-curricular skills phenomenally.

At 5.30 p.m. everyday, the hostel students assemble in the prayer hall for a half-an-hour session of bhajan and prayer. Following this is a two-hour study time till 8.00 in the night. Dinner follows after this and then the day closes with the night prayer. Lights are switched off by 9.00 p.m. to allow for a good night's rest for their growing bodies and minds, after a packed day.





Every evening is spent in either playing games or learning music, karate, and so on



The school has always encouraged traditional folk arts as well as various martial arts



Competent teachers systematically teach a variety of talents; this one is vocal music



For many girl students, learning dance is an attractive proposition

## Student Records Track Individual Progress

Progressive in its administrative practices, the school also goes to lengths in creating and maintaining case study registers for every child wherein overall personality traits are studied and recorded in detail. Effort is taken at all levels to help the child come out of difficulties.

## THE FEE FREE APPROACH TO EDUCATION

The notable aspect of this comprehensive, well-planned education is that it is offered at no cost to the students' parents. In fact, this is true not only of Sai students at Nemilichery but also of thousands of such students studying in various Sai schools and colleges all around the globe who enjoy the generosity and loving hospitality of their divine benefactor, Bhagavan Baba.

The school's correspondent Mr. Kumaraswamy explains, "The Sri Sathya Sai Institute of Educare follows the Sai system of education, which emphasizes free, residential, and value-based integral education...As our school's Founder, Bhagavan Baba says, 'Education is not a commodity to be sold in the bazaar. Society has the responsibility to make education available to all individuals'. Sri Sathya Sai Institute of Educare provides free education from LKG to class 10 with voluntary contribution from well-wishers of our school."

**Bhagavan Baba says, 'Education is not a commodity to be sold in the bazaar. Society has the responsibility to make education available to all individuals'.**

In its initial years, the school collected a nominal fee from its students. "However, after hearing about an incident, my view on this changed. A Prime Minister from another country was on a visit to Puttaparthi and he asked Bhagavan, 'How do You manage Your hospital, which is run absolutely free of cost? How is it possible?' Bhagavan said, 'If one is broad minded, compassionate and full of consideration, with that you can do anything in this world.'

"Once, someone told Bhagavan, 'Swami, You don't need to charge poor people. At least, You can accept money from rich people.' Bhagavan immediately said, "The rich man and the poor man have the same heart. There is nothing like rich heart and poor heart. A heart is a heart. It is heartless to say that rich have to

Bhagavan immediately said, “The rich man and the poor man have the same heart. There is nothing like rich heart and poor heart. A heart is a heart. It is heartless to say that rich have to pay and poor need not.” But this man did not keep quiet. He asked again, ‘How to run this hospital then?’ Bhagavan said, ‘For good work, for selfless work, for work born out of love, all people will join hands. All will join.

**All will cooperate.’**

pay and poor need not.” But this man did not keep quiet. He asked again, ‘How to run this hospital then?’ Bhagavan said, ‘For good work, for selfless work, for work born out of love, all people will join hands. All will join. All will co-operate.’

“Subsequently, we decided to provide free education to all students in a phased manner. Initially, we provided free education for students from the 9th and 10th standard. Then, we included the 8th standard. Now with Bhagavan’s blessings we are able to provide free education to all through voluntary contributions from supporters.”

“Since we provide free education, we are strict about two aspects: the number of students we enroll and Swami’s guidelines on raising funds through voluntary contributions.

“This is what Swami says, ‘Under no circumstances are we to solicit funds from private persons or firms or make public announcements. We may announce our plans and programs, and those interested may assist in cash or kind without demanding any publicity. I must tell you that for such good causes as this, you should not collect any money in devious ways. Help should come from pious hearts, from well-earned money: from persons who know and appreciate the purpose for which they give. That is why I oppose all benefit shows, where you tempt people with a dance or a drama or a film and collect money for your pet plan. I am also against lotteries where one does not do anything; a prize collected out of other people’s earning is used for the collection of funds.

‘Let each one give out of the fullness of your heart, on your own initiative, whatever you can give gladly, after studying well the present work and the future possibilities



**Every pure intention, born out of a entirely selfless desire, is bound to succeed, says Baba**

of the institution. Your duty is only to inform, do not try even to persuade: begging for the sake of work which is inherently good is an insult to human nature; the man who asks and the man who is asked are both demeaned.”

This is the divine direction of Bhagavan Baba about the financial management of the school which the school’s administrators follow diligently. However, for the lodging, food, and other expenses of only the residential students, the school charges a very minimal amount.

## **THE EDIFYING ASPECTS OF ENDURING VALUES EDUCATION**

### **The Triangular Approach for Effective Impartation**

If the school is successfully able to mould the students’ character, it is because of its triangular approach to establish pupil excellence, wherein the teacher and the parents monitor the child while the teachers train the parents. In this manner, a teacher-parent-student relationship is maintained which is critical for the students’ growth. Community partners including experienced people from various institutions and walks of life are also invited to guide students in their academic performance. The teachers offer advice and tips to students on the effective learning techniques, question paper pattern, and so on. Students are also counseled regularly to identify their personal problems and solutions are provided based on Bhagavan’s teachings. Resourceful and knowledgeable parents are also welcomed whenever needed to guide in various areas including personality development, exam preparation, etc. As the Correspondent explains, **“We believe that the school is not an isolated institution. It is a part of the society. As such, it has a responsibility towards**



the society that stretches beyond mere education and development of children. It should be a role model and should lead the society by its very own example. In this school, Bhagavan Himself is the role model. Every aspect of His life is an example of how to live in peaceful co-existence. This is especially true in our society, which has people from multiple faiths, living in peaceful co-existence.

"The parents and the community at large have a high regard and respect for teachers. Also, former students of this school are invited for important functions. An alumni club for the ex-students was inaugurated on October 2, 2008, and periodic meetings are planned to help build the school society.



The parents and other community members share their quality time with the students

"All school parents now subscribe to the Tamil edition of the magazine Sanathana Sarathi through which they come to know about Bhagavan and His message."

### True Education Includes Social Responsibility, Charity and Community Service

Service and Sacrifice of hundreds is what makes the school what it is today. To inculcate these two sterling virtues in each student, the school has a well-laid out policy. Through acts of charity and 'ceiling on desires' programmes, Bhagavan's message of simple living and high thinking is instilled in them. In fact, the students of the middle and higher sections of the school are encouraged to participate in social service. 'Grama Seva' (serving the poor in rural areas) is conducted in the neighbouring villages every year on Bhagavan's birthday.

The strategy behind the Grama Seva program is two pronged. It helps create awareness on many issues such as cleanliness and discipline, and about Bhagavan and

His message. On the other hand, it creates a sense of discipline, servitude, and humility in the hearts and minds of the young students. All the students practice 'Ceiling on Desires' during Deepawali festival and save money for the Grama Seva. This also instills in them the true value of money and the many constructive uses to which it can be put.



Every year the children undertake village service which nurtures their hearts in the right way

During the Grama Seva program students carry a picture of Bhagavan on a caparisoned chariot in a procession across the locality. The procession ends at a government middle school in Nanmangalam, which is two kilometers away from the school. Various sports events are conducted for the government school children and prizes are distributed in addition to offering food packets and sweets to all. Service is also offered to the aged members of an old age home at Nanmangalam.

### Learning Good Citizenship through Lights, Colors, and Love

Good citizenship and patriotism for the motherland is encouraged through the grand celebration of all national festivals and important days of India's secular and multi-faith calendar. Cultural programs, processions, competitions, house-wise display boards, *veda* chanting, *bhajans*, and *homams* related to the function are organized by the students under the guidance of their teachers.

Last but not the least; to identify with the Source of their inspiration, a spiritual visit is conducted every year for all students and staff to Puttaparthi to have Bhagavan Baba's darshan and blessings. Every year all students and staff write about their transformation and submit it at the Lotus Feet of Bhagavan Baba during the festival of Guru Poornima.



The Chief Guest inaugurating a 'Value Festival'



Children excitedly learn folk arts of the region



Spiritual and moral skits are always enacted



Awards at the end of the 'Value Festival'



The tiny stars, after a cultural programme, with the Founder and the Force of their School, Bhagavan Sri Sathya Sai Baba



## THE ENRICHING RELATIONSHIP BETWEEN THE SCHOOL AND THE SAI UNIVERSITY

### The Unstinted Support by Alumni of Sai University

Since its inception in 1982, the Sri Sathya Sai University, formerly known as the Sri Sathya Sai Institute of Higher Learning, has produced thousands of grateful graduates. Settled all over the world, they are striving to do their bit to repay their personal debts of gratitude to their divine Chancellor by living up to their social responsibility in their local communities.



Sai University alumni train and guide the students to present cultural and other programs

One such dedicated group forms a strong base in the Chromepet area. They help the students in various capacities, from teaching vedic hymns to even automating the school! The Correspondent Mr. Kumarasamy says, "Mr. T. Ramakrishna comes every weekend to teach Vedic hymns to our students. Mr. Hariharan, an alumnus of Bhagavan's Music College teaches Mrudangam. Mrs. Priya, an alumnus of Anantapur campus, teaches keyboard.

"Shyam prepares scripts and records for various cultural programs including the Annual Sports and Cultural meet. S. Shankar and S. Sriram recently offered computer training to all our teachers. Gunaranjan, Shyam and Sankar are currently automating our school activities.

"K. Rangarajan, M. B. Srinivasa Rao, R. Srivatsan, S. Sriram, Gunaranajan and Harikesh with their office colleagues recently updated the school computer lab and also arranged a LCD projector two years ago. Last year they arranged purified Municipality Palar river water for the school hostel by constructing a sump and water tank. They also installed a motor. This year they plan to install a 30 KVA engine alternator to avoid frequent power failure and also construct a sick room for hostel students.



An impressive sportsmeet is staged every year



Guided by Sai alumni, the boys excel amazingly

"The Sai alumni also help in the education effort. Raghavendra recently procured educational CDs for the school. Most of these former students contribute financially too and have the ultimate desire of developing a corpus fund for the school. Apart from all these, these ex-students also participate either directly or indirectly in many other initiatives. In November 2007, a program Samarpan 2007 was arranged purely by the former students of Bhagavan's university."

### From Chennai to Prasanthi Nilayam

The tight link between the Sai school in Chromepet and the Sai University in Prasanthi Nilayam has resulted in a healthy osmosis between the two institutes. Today they share more than the sacred name of the world's greatest teacher. Some of the alumni of Sri Sathya Sai University are also alumni of this school!

**Ms. N. Bhuvaneshwari** was an alumna of this school who later went to study at the Anantapur campus of Sri Sathya Sai University. And this is what she has to say of her days in this school:

**A child feels very secure when she is in her mother's womb. She is the happiest little one in the world for being provided with all that she needs at that stage**



in life. But one fine day, when she realises she is going to miss all the care forever, she cries out loudly. That is how I felt when I left the Sri Sathya Sai Matriculation School of Mother Sai. I was being nurtured in the womb with the values that are necessary for my growth. Besides, I was given scholarship till I completed my schooling. I cried when I had to leave the secured place that has built a strong foundation of values in me. But Mother Sai consoled me by putting me again in a value based school.



"I cried when I had to leave this school..."

- Ms. N. Bhuvaneshwari

and with joy. Now, holding Mother Sai's hand, I have entered professional life.

It is impossible for a child to enter the womb again in its life time. But I was given a chance to be in a more secure place when I got admission in Sri Sathya Sai University, Anantapur campus. As the foundation was very strong, I loved it when I was in this campus; I graduated from the Sai University, confident

Mrs. G. S. Thulasi was another student of this school who joined Bhagavan's University at Anantapur:

My school taught me values which I still abide by: patience,

perseverance, respect to elders, the art of simple living and high thinking; I learnt about all this right from the age of five and these have formed the strong foundation for my life.

The values and discipline I learnt here

have given me a unique background I fall back on even now in the corporate world.



"This school has given me a strong foundation in my life"

- Ms. Thulasi

Mr. Guru Prasad was yet another who achieved his life's desire – of being a part of Bhagavan's university:

I studied in Sri Sathya Sai Matriculation School from grade 6 till grade 10. I bow to the teachers of this school who helped me to come up not only in my worldly life but also in spiritual life. This has helped me to secure the grace of Bhagavan, the *Sadguru*, and become a student of His University. Even today, those teachers stand as my guiding light. As a Sai student, now I always pray that I may live up to His expectations.

Such inspired Alumni from this school are many, but here is just one more instance. **Dhandapani S.**, currently a research scholar in the US, says:

I am proud to write a few lines as an alumnus of the Sri Sathya Sai Institute of Educare. What started as a small school named Sri Sathya Sai Bala Gurukulam in '78 with three teachers and a couple of students has grown step by step to Sri Sathya Sai Matriculation School and now to Sri Sathya Sai Institute of Educare with very good infrastructure and lab facilities.

I was fortunate to study at Bhagavan's lotus feet for couple of years for my Bachelors and Masters degree in Brindavan and Prasanthi Nilayam respectively. It was a lifetime opportunity to study and enjoy the love in action of Bhagavan Baba. The lessons I learnt there were innumerable. Some important things that I carry with me are: to love and respect parents, teachers and elders, and to ever speak obligingly, even though we may not always oblige. Both the institutions, S. S. S. Educare and S. S. S. University have provided me a very conducive environment for learning. I am currently a post doctoral research associate at Lehigh University, Pennsylvania. Whatever I am today is purely because of Swami.

## HEARTENING GLIMPSES OF SAI EDUCARE

### What Current Students Say

Bhagavan says that the end of education is character. This is the end of all the pursuits at Sri Sathya Sai Institute of Educare too. Their goal is to transform a student into a promising young citizen of tomorrow, filled with the ideals of Bhagavan. To get a glimpse of what difference this school is making on the young minds, here are a few impressions from current students. T. Bhuvanesh Ram of the eighth standard has an interesting story:



"My father is a Sai devotee and he admitted me in this school as he wished me to become a good Sai student. I have been studying here the last 4 years and am a top rank holder. I learn various other skills such as karate and yoga, and while receiving this value based education I have transformed a great deal. I used to get up late and throw my belongings everywhere, but after coming here I keep my things in order and rise early. I am gaining self-confidence and learning how to adjust to others as I live in the



"I have transformed a great deal..." - Bhuvanesh Ram, a current student

Swami to make me a doctor which is my life's goal. I wish to serve the poor and the sick. I will work hard to achieve my goal and help my parents with the grace of Sathya Sai Baba."

M. Akshay Kumar too came forward to share his story.

"I have been studying for the past four years here. After coming to this school, I have noticed many changes in myself; I have transformed a lot. Earlier, I did not respect my parents or elders. But now I respect them all and also help many of my friends. The practice of meditation and silent sitting helps me to concentrate more on my studies. Moreover, our school provides free education and also a devotional environment. I intend to spread the message of Sai and the value based education which I learned in this school, all over the globe, wherever I go."



"Our school provides free education and also a devotional environment" - Akshay Kumar, a current student

Samin Kandoth, the son of an aerodrome officer, says that he has studied in many schools, but this one is different. How? Watch what he has to say:

"I am in the 10th standard and have been studying here for the last two years. I have been to many schools but I found that while they imparted me education they did not mould my character. But here we learn spiritual values, and thus the students become symbols of humility and meekness. Our hidden talents are brought out through the extra-curricular activities. My friends in this school are sweet and selfless, and with the help of the bhajans and peaceful atmosphere I am calmer and my previous angry nature has been controlled. I am very grateful to this school as it has helped me to become a better person and cut down the distance between me and my Lord."

### Teachers Speak their Heart Out

However, it is not just students who get transformed here, but also teachers themselves! Bhagavan's infinite love and grace transforms everybody. This is what Ms. Lavanya Prabha says:

"After coming here, all the prayers, meditation, *omkaram* had a very great effect on me. I found that my severe knee pain, of two years duration, just disappeared so that I can sit on the floor in the temple. I also lost all wish to engage in quarrels with my relatives and came to understand the importance of Love, how to spread love, that love must prevail and that any person can be changed through love. The kindness that people have shown me here has moved my heart and I have become a true Sai devotee, whereas before coming here I was not one."



"I have learnt that everything can be changed through love" - Ms. Lavanya Prabha, a teacher

Here is another teacher, Ms. K. S. Latha with her reflections.



"The school feels like a temple..."  
- Ms. K. S. Latha, a teacher

"I joined here last year, and previous to that I was a housewife. One day Swami came in my dream and scolded me for wasting my knowledge, saying that after studying so much I should not sit at home. However I was reluctant, as I did not want to work. But my daughter had a dream where Swami said he was very disappointed with me, so I changed my mind, and joined this school where my son is currently studying, as an English teacher. This school is full of divinity and is like a temple. After coming here I have learned to be meticulous and conscientious in my work. My only prayer to Swami is that wherever I am, I should have the opportunity to work in such a divine atmosphere."

### The School's Kasturi Mark

The school has had many distinguished visitors over the years, but the one that is cherished a lot is the trip of Prof. N. Kasturi, the biographer of Bhagavan Baba in 1981. The visitors' book has Prof. Kasturi's handwriting which says:

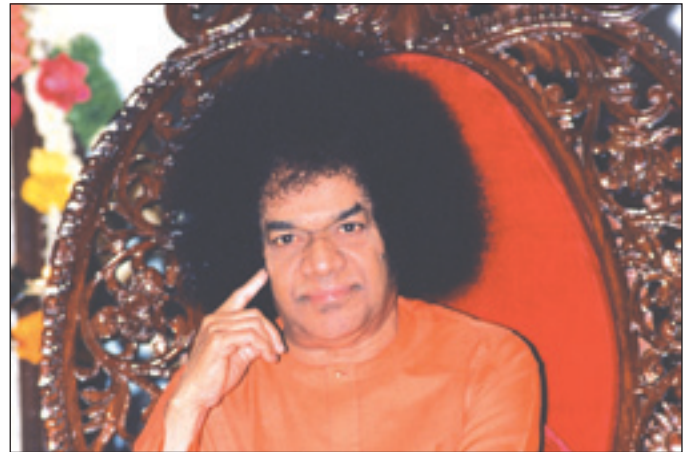
"I had the immense pleasure of listening to the *bhajans* and the *stotrams* of the children and telling them a story of Bhagavan's early days which was listened to with rapt attention, and the children were ready with intelligent responses. I very much appreciate the spirit of service of the gurus and others who run this institution. May Bhagavan lead them aright."

### Sai – The Spirit that Sustains, Strengthens and Safeguards the School

Having seen the beauty of the campus filled with happy children and teachers, and even happier parents who rest assured comforted by the fact that their wards are in good hands, it is but natural for one to wonder if this miracle can be anything but divine will.

Not new to such thoughts, given the awe that every other visitor to the school experiences, the Correspondent smiles and explains, "What you see is the manifestation of His will. What the future holds in store is also His will.

The Lord will look after all our needs. He has been running this school all along, I am but His tool. From the conclusion of the recent World Education conference held at Prasanthi Nilayam (2007), I can say one thing for sure – the Sri Sathya Sai system of education is going to be the basis of future education. A lot of things are happening."



It is Sai who shines through the smiles of the students and the selfless service of the staff

The school community is unanimous in acknowledging the presence of a divine energy pervading through their corridors, like an invisible force that actually runs the school. As the Correspondent says, "Every second we realize the presence of Swami in this school. It is He who runs this school. We are but simple instruments in His divine hands. We only pray to Him to bless us, guide us, and guard us to run the school following the Sai path to produce His students."

Each passing day reverberates with the melodious strain of the daily *bhajan* session in the prayer hall and ends with the peaceful chants of the night prayer. The sun goes down, but not without witnessing another beautiful miracle that the Lord silently performs. In a silent corner of a busy world, the Lord silently works to provide His children with a better tomorrow. The economic burden of this service to the students' families is none: it simply leaves them with a feeling of relief just as priceless!

We are grateful to Mr. Ramakrishnan Ramani, Mr. Shyam Sai Sundar and the school's Correspondent Mr. Kumarasamy for their invaluable assistance in providing information for this feature. ■

~ Heart2Heart Team



# *The Elephantine Love...*





*of the*  
**Eternal One**









# PRASANTHI DIARY

## Chronicles of Heaven on Earth

(From 17th July to 14th August, 2009 )

### July 17, 2009 – Parthi Yatra of Devotees from Medak District

The Puttaparthi pilgrimage for the devotees from Medak district of Andhra Pradesh began on July 17. Of late at any time of the year there are a group of devotees from a particular region who are in Puttaparthi as part of a formal “Parthi Yatra” (pilgrimage to Puttaparthi), even though there are thousands of pilgrims everyday to this sacred shrine where God walks and talks, smiles and shines.

At quarter past five, Swami arrived for *darshan*. He moved through the completely packed ladies side granting *darshan*. These ‘pilgrimages’ are wonderful as they give people who have the desire to be at the Lotus Feet an opportunity to get there and arouses in everyone else a curiosity, which later translates into an intense desire to see the Lord.

As Swami moved through the ladies side, one could see many of them breaking down with the sheer joy of seeing Him. If we ponder for a moment, this spontaneous outburst of joy through these ‘sweet’ tears in itself is a miracle of God. His mere form confers supreme joy, for isn’t it true that Love is His form! Swami moved through the central area that had been packed with materials for distribution. He enquired about them as He moved into the gents’ area. The thousands rose and craned their necks to see their beloved form in Orange. When Swami completed the *darshan* rounds and arrived on the stage, He asked for the *Veda* chanting to come to a halt and the programme to begin. Children dressed to represent the various faiths came up to Swami for blessings. Swami was very pleased as these children came to Him in all their innocence. He asked one or two of them their names and pulled cheeks of the really little ones.





Being trained to be highly reverential, the kids moved backwards so as to not show their backs to Swami. The smallest among them, looking so cutely at Swami, tripped. He fell softly but still did not use his hands, which were folded in prayer to Swami, to get up! Swami was so amused by the scene and the little one too seemed more amused than hurt. He rose and returned to his place. Then many people from the gents' side seemed to rush to Swami to offer their obeisance.

A cake was offered which Swami cut. Bhagavan also blessed two marble idols of Lord Ganesha. But soon a mob gathered around Swami with everyone keen at falling at the lotus feet. A comic scene of sorts ensued as the district president called for discipline and restraint over the PA system! Swami also lovingly told the people to return to their places. After that, a disciplined bevy of women moved up the stage for Divine blessings. Then the distribution began.



Imbibing the message of reforming the society through selfless service to humanity, the Medak district Sathya Sai Seva Organisation organized distribution of handy implements for selected beneficiaries from the districts. The implements included Iron Boxes, Coin Boxes, Water Purifiers, Tea Drums, Drums, Tea Stalls, Kirana Shops,

Vegetable Shops, Sprayers, Foot Sprayers, Cycle Repair Kits, Gold Polish Material, Cloth Merchant Material, Drilling Machines, Vegetable Trolleys, Welding Machines, Wet Grinders, Cycles, Tri Cycles, Sewing Machines along with a sponsorship of college study for one student.

Thanking Swami profusely for the "Elixir Divine", Drinking Water supplied in the entire district, Mr. Jagannadham, the district president of the Organisation, made a mention of the various service and spiritual activities taken up by the Sathya Sai Seva Organisation. As the names were called out, 85 beneficiaries, both men and women, some handicapped, came one by one to receive the implements in His Divine Presence, after paying prayerful obeisance to Bhagavan. People from both the gents' and ladies' side came to Swami as He blessed many of them with *abhayahasta*.



The distribution was completed and permission was sought from Swami for a music programme. Swami blessed the singers and the programme began. This musical offering titled, "Hrudaya Kusumanjali", or the garland of flowers from the heart, began with a song expressing gratitude for the nectar divine - water - that Swami has so graciously provided for the people of

Medak. The offering whose music was arranged by former students from Sathya Sai University was sung by both men and women.

It had a bouquet of over nine songs covering various themes, namely, His Glory, Service Activities, The nine fold path of devotion, Glory of Sai's Name, Shodasopachara Pooja, Mother Easwaramma and her glory. Swami seemed particularly impressed with the powerful singing of the women. As many solo pieces were being sung, Swami watched the singer keenly. Towards the end, Swami asked as to how many women were there in the group. He went into the interview room and selected sarees to be given to them as gifts of His Love and Grace. The women received the sarees while the men got safari pieces.

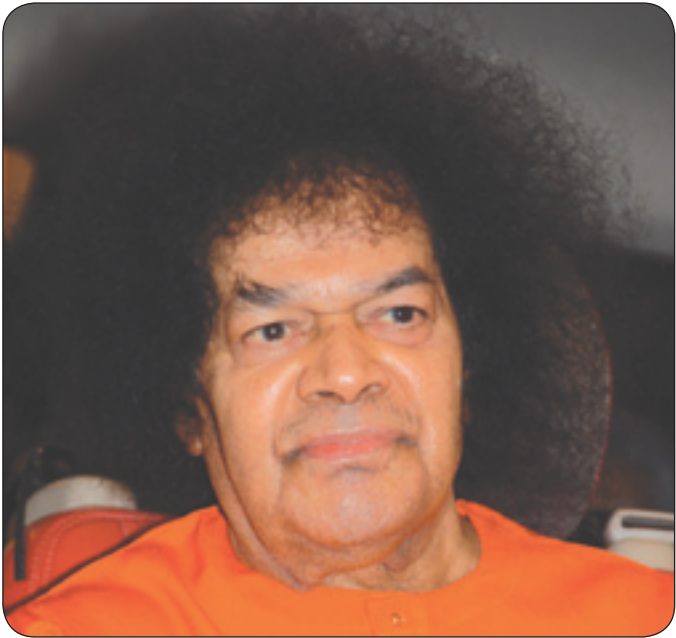


Swami called the little boy who had “fallen for Him” in the beginning to come up the stage! Speaking to him, Swami materialized a gold chain and put it around his neck. There was a loud applause. Meanwhile the lady who distributed the sarees at Swami's behest arrived to Swami with one saree that was extra. Swami gifted that saree to her herself and she was mightily pleased. Swami presented another saree to State Minister for Information and Tourism, Mrs. J. Geeta Reddy who had played a role

in organising the *Yatra*. Conferring joy and *laddoo prasadam* to everyone assembled, Swami received *aarthi* and retired for the day.



July 20, 2009 – Special Divine Discourse on *Atma*



It turned out to be a wonderful evening at Prasanthi Nilayam - an evening that began like any other day, progressed and ended in a very special manner. As it happens everyday, the *bhajans* began at 5:00 p.m. and



were on when Swami arrived for *darshan* on a special white chair. It was a wonderful sight and Swami looked so different and beautiful. The saffron of His robe stood out against the white of the chair. Even His hair was seen in all its glory as it stood out against the white backdrop! Swami moved through the ladies side and into the gents' side via the central students' area.

Swami arrived on the stage and sat for the *bhajans*. At about 5:30 p.m., *prasadam* was brought to seek His blessings before the distribution. Swami blessed it but as the distribution was about to begin, He told them to stop. He then moved around the portico for a bonus *darshan* and blessings round for all those seated there. And now, arriving on stage, He asked for the podium and mikes! He told Prof. Anil Kumar to speak. For about 20 minutes, the professor spoke on the *Upanishads* and the principles of *Tat Twam Asi* and *Aham Brahmasmi*. He also dilated on the various Vedic declarations on Swami that highlighted His reality and nature.



As he concluded, Swami blessed him and asked Mr. S. V. Giri to address the gathering. He too spoke on the *Upanishads* and other holy texts. When he was explaining the meaning of *Upanishad* as, "To sit near the Guru", Swami corrected as, "Down", meaning not only near the

Guru but also below the Guru! That correction was however low in volume and was understood only by those whose eyes were riveted on Swami. After his speech, Swami decided to deliver His discourse. Needless to say, there was thunderous applause. Here is the exhaustive summary:

All ask Swami about *Atma* and none ever understand it. All that has been spoken about the *Upanishads* are only words. It is said that the *Vedas* gave rise to the *Upanishads* but in reality, the *Upanishads* gave rise to the *Vedas*. Without the *Upanishads*, there is no Ramayana, Mahabharata or the Gita; those are mere books.

The ancient sages studied and investigated thoroughly and found that the *Atma* was the basis for all. *Atma* is the changeless primordial principle. It has a birth and death when it takes up the body. Shivaratri is not the birthday of Shiva. *Shivam* means auspiciousness. It is everywhere as declared in the *Vedas* - "*Sarvatah panipadam tat Sarvatokshi Shiromukham. Sarvatah Shrutimalloke Sarvam Aavrutya tishtathi.*"



Whatever the eyes see, the ears hear or all that is said are all *Brahman*. Sound, light, speech, movement, etc. - all of these are *Brahman*. There is nothing apart from that principle. This kerchief, for instance, is *Brahman*. It arose out of threads which in turn were made of cotton. This is not a cloth in reality but just interwoven threads. It can become either a gown or a dhoti or even a saree.

A powerful mind is that which can convey the *Atmic* prompting. Without mind, there is no movement at all. So investigate into the mind. The mind keeps changing and that is why it is called the monkey mind. What the

mind conveys is not the Truth if it is not prompted by the *Atma*. Without *Atma*, there is no *Chitta* (awareness) and without that, there is no *Viveka* (discrimination).

The infant grows into a boy, lad, man and becomes a householder. All are same and one cannot exist without the other. The fundamental is the *Atma*.

People give different forms to the *Atma*. Some give it the form of the primordial sound - *Aumkara*. Others call it *Tat Twam Asi*. It is the same in all. One became many. Just like a mother become a mother and a baby after delivery. The *pranava*, *Aumkara*, arises out of the navel as we chant it; it is divine. But all cannot chant *Aum*. So, they take up other names like Rama, Krishna, Allah, Jesus and the like.

God has no form in reality. The form is used only as an indicator. The form is chosen out of liking. Whether you like Venkateswara, Rama or Krishna, all the forms you have are from Ravi Verma (an artist) paintings! You may shift between forms but all are one.

*Ekameva Adviteeyam Brahma*. The *Brahman* is only One and without the second. People imagine and get delusional and that leads to confusion. In a drama, a boy dons the vesture of Krishna. The next scene, he comes as Rama. Though the names you call him are different, the same person arrives. The variations are only due to our delusion.

If you think someone is bad, he appears thus. It is so, also when you think someone is good. It is all based on your feelings towards that person. All these are based on thoughts. Thoughts change due to change in mind.

You think that you are meditating on a form. But it keeps changing from time to time. That is only contemplation. It is steady for some time but it changes. It is meditation when it is absolutely steady. None have meditated so far but they say so. It is all artificial.

It is not good but it is necessary in the beginning. It should be made steady. Concentration leads to contemplation which leads to meditation.

That is acquired by constant practise. Nobody becomes elder at the minute of birth. It is a process of limited growth. It is wrong to think that everything happens as you will. If that is true, then you will not desire anything. You yourself will not exist then. Know yourself first.

"I am *Atma*". Then why do you consider it separate from you? All you do today is full of confusion and depression. That leads to disappointment. The wayward nature is responsible for depression. When examinations are held, you either fail or pass. Change is everywhere.

There is change in the environment, water, air, sound, weather – everything changes. How can you remain changeless? Food also changes. What you eat today, you cannot eat tomorrow. It is only the Constant Integrated Awareness that is changeless.



To achieve that, develop the feeling of oneness. The *Atma* is the same in all. Bodies are like pots and the mind is the water in the pots. The moon is reflected in every pot. Nothing is true without reflection, reaction and resound.

Children! You do not understand the *Atma*. It is not the letters 'A', 'T' or 'M'. Have the feeling of oneness. All are one. You do different jobs but the spirit of work is the same. It is from the Truth the whole creation has come and it will dissolve into it. That Truth is the *Atma*. It is changeless. Satya + Satya + Satya = Satya!

Always speak the truth and speak it pleasingly. Truth gives birth to righteousness and together they give rise to Peace. Then there is no anger, pomp, jealousy and ego. There is only Love.



Hanuman went around the whole of Lanka searching for Sita. Though he searched in the palaces, he realised that Sita would never go to Ravana's palace. When he met Ravana in the court, he addressed him in the singular. Ravana was enraged and said that none had the impunity to address him so.

Hanuman then said that he was the servant of Lord Rama and so he would call him in the singular alone. Ravana ordered Hanuman's tail to be set on fire. Do the demons need any provocation for such deeds? They brought all their clothes and rags and wound it around Hanuman's tail and set it on fire. Hanuman leapt and went to every home in Lanka and set it on fire.

Everyone was rushing helter-skelter wondering which house to enter and be safe. Only Vibhishana's house was saved from the carnage. It is all karma. You decorate yourself with jewels and brilliant necklaces of gold. It is only the garland of your karmas that accompanies you always and adorns your neck. All good and bad are recorded. Nothing else matters.

As you sow, so shall you reap. When you eat *pakodas* (a south Indian savory), your belch will have that flavour. Nothing more, nothing less. Keep your actions right.

If you have Love for God, you will automatically fear sin and refrain from it. You will love society. *Daiva Preeti*, *Paapa Bheeti* and *Sangha Neeti*. Earn these three. Do namasmarana. Singing the praises of the Lord leads to liberation. *Aham Brahmasmi*. *Ayam Atma Brahma*.



Focus on the Consciousness alone. Follow your conscience. Do not spend time in idle gossip. Have pure looks, thoughts and words. Then you will be perfect and

good. The Ramayana, Mahabharatha and Bhagawatham - all teach good ideas. Develop love for god more and more. All else will follow. Then you can experience consciousness. Then you become God. Practise is needed for that experience.

So begin to practise. Even for small things, you have to practise. Then you become perfect. Otherwise, you make mistakes. The first step is to say, I am not animal, I am not demon - I am human. Become men first. Avatars have come to make humanity realise the divinity.

Be perfect as humans first. Accept and follow whatever God has said. Then the experience will come easily. If you follow bad, you become bad. Tell me your company and I shall tell you what you are. Now, do *bhajans*.

As *bhajans* began, Swami asked for the *prasadam* to be distributed. After the *aarthi* was performed, the traditional, "Samastha Lokaha Sukhino Bhavanthu" was chanted. Swami instructed that, "Samastha Jeevaa Sukhino Bhavanthu", meaning "Let all the beings in all worlds be happy" should be chanted. That was done as He instructed and Swami blessed the assembly.



On His way to the car, Swami spoke briefly with the Maharashtra Chief Minister, Mr. Ashok Chavan. It was past 7:15 p.m. when He retired into Yajur Mandir.

### July 25, 2009 – Programme by Devotees from Glendale & Arcadia, USA

It became a historic day as Swami stayed in the Sai Kulwant Hall for a record number of hours. How many? Read on to find out. Also, this special day turned out to be a day of changes. For one, chanting of the *Vedas* with emphasis on the *Rudram* from 8 a.m. to 9 a.m. and 4 p.m. to 5 p.m. got regularized.

Apart from that, Swami also instructed that the Universal Peace prayer be reverted to “Samastha Lokaha Sukhino Bhavanthu” from its recently modified form, “Samastha Jeeva Sukhino Bhavanthu.” There was also another new practise that began that day and you will know about it as you read along.

Now, going through the day chronologically, at 4 p.m. sharp began the sonorous chants of the RudraPrasnah. The devotees from the Glendale & Arcadia Sadhana Group, Southern California, USA were seated in the marbled blocks as they had been permitted to put up their song cum skit programme.

At 5 p.m., the *Veda* chanting ceased and the whole Mandir became silent. It was a marvellous feeling and has to be experienced. More than 8,000 people congregating and not the least bit of noise! A miracle indeed for it reflects the inner stillness that comes about so naturally in the proximity of God. At about 5:20 p.m., the chanting resumed to signal the arrival of Swami.

Bhagavan moved through the ladies side and as He arrived in the center, asked one of them, “Where do you come from?” Swami speaks so softly and soothingly that often times it is easier to lip read Him rather than hear Him! The lady chose the latter and could not make out! Swami repeated His question and seeing the same response, seemed to smile to Himself.

He later got that answer from a little boy who was seated on the gents’ side! Swami moved through the packed gents’ side and soon was in the front. Taking a round in the portico, Swami arrived on stage.



The co-ordinators for the programme offered their presentation to Swami and Bhagavan seemed to say, “Things have been mixed up.” Sitting for hardly a minute, Swami asked to be taken to the interview room. Then began what can be termed as the great wait for the Lord! It is often said that God’s delays are not His denials.

There were two ways in which the above sentence got aptly demonstrated. On one hand there were those devotees whom Swami had assured that He would grant an interview and they had been waiting. It didn’t seem that even today they would get their promised interviews, for a programme was in waiting. But Swami began to call them in, one by one. On the other hand were these devotees from USA. As the interviews got underway it did not seem plausible that they will get their chance to present their programme before Him.

The chances of the programme seemed to move from low to bleak as the clock showed 7:30 p.m. Rarely does Swami stay out so long and even when He does so, it is for occasions like Shivarathri. But any day Lord Shiva decides to grant His Grace that day becomes Shivarathri. This got proved with a thumping authority as Swami arrived on stage at 7:35 p.m. and asked for the programme to begin!





The group comprising of 84 members, including children had a small skit entitled “Mother’s Blessings” based on the inspirational life story of the 16th President of USA, Abraham Lincoln. Swami often narrates the story of Lincoln to exemplify the spirit of Self-Confidence and the power of the mother’s blessings.

The programme started with a few kids and elders offering the programme and roses to Swami. Chanting *slokas* from the immortal Bhagawad Geeta, the group depicted through the skit how Lincoln followed those very principles as stated in the *slokas*. The skit lasted about 15 minutes and the kids participating in it offered their *pranams* to Swami.



The devotees then requested Swami for permission to sing *bhajans* and Swami permitted them to do so. In accordance with the theme of the day, all *bhajans* sung were on the glory of Mother Divine. Swami sat listening to and enjoying the *bhajans* till almost 8:30 p.m.!

Then came the cherry on top of the icing on the cake for the US devotees. Swami said that He would move down the stage and grant them Divine proximity and group photographs. Oh the thrill of that move! They became





exuberant! All the tiredness of being seated for nearly five and half hours evaporated into thin air. They welcomed Him in their midst and Swami blessed them.

He spoke to a few of them and accepted one or two letters. Moving back on the stage, Swami asked for the *aarthi* to begin.

Now, coming to the change that was mentioned in the beginning: Swami had blessed all the elders working in the Ashram, some of them for more than 30 years now, with the opportunity to offer a rose to Him, one elder per day! And so that day, Mr. Ram Mohan Rao, Head of Finance and Accounts Section of Sri Sathya Sai Central Trust offered a rose to Swami. Swami was all smiles as the octogenarian moved to Him and bowed at His lotus feet. Swami then retired for the day, moving to Yajur Mandir in the car.

### July 26, 2009 – Radha Krishna Drama by Rangareddy District

The three-day Puttaparthi Yatra of the Rangareddy district of Andhra Pradesh started on July 25 and more than 3000 devotees from that region converged at Prasanthi Nilayam. The play they were about to present in the divine presence on that day, was really divine in the sense that it had been scripted and directed by Swami Himself for His 60th birthday!

Having laid their hands on the script, these devotees had planned to present the immortal devotion of Radha towards her Lord and dearest one, Krishna. Swami arrived for *darshan* at about 5:15 p.m. and having completed a full *darshan* round, arrived on the stage via the portico. He immediately asked for the *Vedam* to halt and the programme to begin.



The “programme before the programme”, if we can call it so, of late is the offerings to Swami! Bhagavan arrives, very eager to watch the programme and sometimes the long lines of people offering Him roses and other items seem to go on for 5, 10 and sometimes 15 minutes!

The Lord very patiently accepts everybody’s prayer and blesses, but when it becomes an unreasonably long session, like it was on that day, He gently signals to start the programme without any further delay.





Soon, the actors came on stage and Swami blessed them. Bhagavan Baba called one of the organisers who had been a student of Sathya Sai University and told him to make the initial announcements. The boy began and Telugu seemed to flow out from him with the purity and torrential volume of the mighty Ganges. Swami was so moved with his introduction and that in itself drew handsome applause from the audience.

The drama began with tiny tots dancing to a song saluting the compassionate Divine Mother. The gopis and gopals make elaborate and excited plans on hearing the news that their Krishna is coming to Repalle the next day. Radha too is very happy about Krishna's visit.



The two consorts of Lord Krishna, Rukmini and Sathyabhama converse with each other of Krishna's visit to Repalle, as to whether Radha would be present then. Satyabhama feels that Krishna has a special corner for Radha alone and she cannot bear that.

When Krishna does not cajole and plead with her to accompany Him to Repalle and leaves it "to her choice", she is devastated! She sings out her heartbroken song asking Him why He does not shower His special attention

on her. It became very evident as to who the composer of the song was as Swami sang along the lines of the song that He had written more than two decades ago!



At this point of time, Narada enters the scene. He talks high of the devotion of Radha for Krishna. There is no Krishna without Radha and no Radha without Krishna, he says, adding a liberal sprinkle of the divine testing salt over Satyabhama's jealous wounds!

Meanwhile, even in Repalle, people are jealous of Radha. Someone hits and breaks the earthen pot carried by Radha with a stick. Even as he does it, he suffers a paralytic stroke in his hand. Narada immediately asks the affected person to ask forgiveness from Radha.

When the person does so, he is relieved of the ailment. The D-day arrives and Krishna enters Repalle. He enquires about the whereabouts of Radha. The people accompanying Krishna lie to Him that she has left Repalle. Krishna then tells Rukmini, "See dear! This is the effect of the Kali age. People lie effortlessly to the Lord and think that He is dumb to fall for lies. That is how they are blinded!" Rukmini then eulogises the devotion





of Radha for Krishna. When Radha enters the scene and entreats Krishna to have mercy on her, Krishna says, "I am giving Myself to you, what else could I give you?" The drama closes with her merger into Krishna.



Throughout, Swami was fully immersed in the drama. He even seemed to remember and deliver some of the dialogues too! The script was flawless, for that is how the Divine Director writes any drama - whether it's the one done on a stage or the one that Life is!

Again, like all His dramas, the faults come only if the actors do not play their roles well. But the Loving Director, Swami, was always there prompting the dialogues and songs too, for that is His Duty to help anyone who whole-heartedly acts their part in His drama! The drama concluded with a prayer that all develop love and devotion for Him like Radha did.



Swami seemed very pleased and as the final formation came into place, He saw that it was indeed a very huge assemblage. He called the photographer and told him to take pictures of the group from different points on the stage! Then He asked the whole group to move ahead and come closer to Him. What a call it was! The eternal calling of the Lord to man depicted in that simple act of Swami! The group responded by surging closer to Him.

Swami next moved to the interview room, and returned with safari pieces and sarees. Descending from the stage, Swami began to personally distribute the clothes. All the main actors were male, including the gopikas and Radha.





Swami so sweetly asked whether they would accept sarees! They said that if Swami gave, they would gladly accept. Swami distributed sarees to them! Later, He also gifted them with safari pieces! That was a wonderful sight to watch. Swami spent nearly 20-25 minutes distributing the clothes and interacting with the children. If we can be audacious enough to measure Swami's joy by the amount of time He spent with the children downstage, then we can confidently say that Swami was immensely pleased. After ensuring that all had received clothes, Swami blessed *prasadam* to be distributed to all.

Arriving back onstage, Swami asked for the person responsible for coordinating the whole effort. All heads



turned in the same direction towards one elder. He got up and went to Swami. Swami materialised a gold bracelet for him and put it on his wrist. Then, receiving *aarthi*, Swami returned to His residence, the Yajur Mandir, as the devotees longed to have one last glance and preserve that image in the safest corners of their hearts.



**July 27, 2009 – Essential Items Distribution and Music Programme by Rangareddy District**

The way the Lord works is similar to the principle of the process of nuclear fission. In nuclear fission, one atom that is bombarded with a particle gives rise to many more such particles with the potential to bombard many more atoms. This builds up at a rapid rate till a point when a whole city can be provided power to run! In the similar manner, Swami invests time, energy and, most





importantly, Love into a particular service idea. That grows exponentially till the idea becomes a plan and the plan becomes a glorious reality! All the health and education projects taken up by His devotees the world over and the recent growth in village service activities - all owe their origins to the seeds planted by Swami.

The distribution of food, clothing and essential livelihood items was seeded by Swami over the years and today it has grown into an elaborate service exercise. Every region, as part of its Puttaparthi Yatra, seems to do its bit in distributing essential items to the needy. On July 27, the devotees from Rangareddy district had planned a similar endeavour.

The marbled areas of the Mandir had been filled with these items to be distributed to 85 beneficiaries, 32 gents and 53 ladies, chosen from the districts. The implements included sewing machines, embroidery machines, iron boxes, barber's kit, telephone coin boxes, agricultural sprayers, wet grinder, carpenter kit, scooter mechanic kit, electrician kit, plumber kit, amplifier sound system unit, etc.



Swami arrived shortly before 5 p.m. for *darshan*. On the ladies' side, it was the birthday of a kid. She seemed so happy and excited to see Swami and the Lord reflected and radiated back the same. He blessed her by sprinkling the holy grains and granting her and her mother paadanamaskar. He had a look at the items in the centre before moving over to the gents' side.

Blessing the birthday boys seated in the front, Swami moved to the stage and arriving there, asked for the programme to begin. Once again, there was a long line of offerings to be made. It took some time and even Swami said, "That is enough. Otherwise it will become

late." Soon, the coordinator began to call out names of the beneficiaries. These beneficiaries, both men and women, some handicapped, came one by one to receive the implements in His Divine Presence, paying prayerful obeisance to Bhagavan.



It is said that chanting the Divine Name is a sure way to salvation. It is really a special privilege for the beneficiaries that their names are read out in the Divine Presence! A plate had been placed in the centre into which they offered roses of gratitude. Soon enough, the plate was full and overflowing too - symbolic of the feelings in their heart!

The entire distribution was complete in a matter of fifteen minutes. Then, Swami permitted the presentation of "Sangeeta Vibhavari" - a bouquet of songs at His lotus feet. The songs were beautiful in their meaning and Swami seemed so happy with the effort. Then an interesting anecdote occurred that kept all the viewers occupied and happy.

Swami had a trifoliate stem of the Tulsi plant, maybe offered to Him by one of the devotees. Every now and then, during the programme, Swami would raise it and study it deeply. Then, as if suddenly becoming aware of



the staring audience, He would drop the stem back on His lap, looking up with a sheepish but very sweet smile! This happened a couple of times. Then slowly, Swami raised it to His lips. Smiling at those who were watching, He put it in His mouth and nibbled it! The sight was so sweet and it was so childlike of Swami to do that.



He specially called out for the harmonium player and the violinist and created golden rings with emerald for them! Both of them were naturally thrilled. The violinist offered his violin to Swami and the Lord so sweetly strummed a string. That act seemed to tug at the heartstrings of the artist as his face was overcome with joyous emotion.



Throughout the period of the songs, Swami kept rhythm and kept smiling. Towards the end, He moved into the interview room and brought safari pieces and sarees to be distributed to all the participants.

Swami then accepted a letter from the harmonium player and read it for almost 3-4 minutes! Blessing the congregation, Swami retired for the day at about 6:30 p.m.

Swami asked for the *aarth*i after blessing *prasadam* to be distributed. Continuing the trend of offering a flower by the senior honorary staff, that evening it was the turn of Prof. Ram Murthy, a distinguished professor from the School of Business Management Accounting and Finance of Sri Sathya Sai University.



## July 31, 2009 – Varalakshmi Vratam in the Divine Presence



Goddess Lakshmi is the bestower of prosperity and wealth. While in a narrow sense, people consider this to be the material riches, she also confers spiritual wealth. In fact, she is depicted as seated at the lotus feet of Lord Narayana, eternally engaged in His service.

The message is very clear - all prosperity and riches are at the Lord's feet. His feet are the panacea for everything! Swami has stamped this message in the minds and hearts of devotees ever since He sang His first song in 1940 - *Manasa Bhajare guru Charanam; Dusthara Bhava Saagara Tharanam*.

And so, very aptly, on the day of Varalakshmi Vratam dedicated for the worship of Goddess Lakshmi, more than 1500 married women gathered in Prasanthi Nilayam to worship at the feet of the Divine Mother Sai. It was a colourful spectacle as the women began filing in from the early hours of the morning.



The hall was a kaleidoscope of colours as the *Veda* chanting began at 8:00 a.m. The stage had been tastefully decorated and images and figurines of the mothers - Lakshmi and Saraswati adorned various parts of the stage and the hall. The chanting concluded at 9:00 a.m. and it was about 9:45 a.m. when Swami arrived for the *darshan*. He was received with the Poornakumbham and Naadaswaram accompaniment. A literal "red carpet" welcome was accorded to Him. He moved through the prayerful rows of the *Sumangalis* (literally meaning "the greatly auspicious" - a term which all the married women leading happy lives with their husbands are known by) and cut through at the centre to move to the stage.





Arriving on the dais, Swami lit the lamp to mark the beginning of the auspicious day. The *Veda* chanting went on for another 10 minutes or so when the priest asked Swami if they could begin. Swami blessed them to start the worship.

The story behind the *Varalakshmi Vratam* goes as follows. Mother Parvati prayed to Lord Shiva on behalf of all the *Sumangalis*. Lord Shiva suggested that by performing the *Varalakshmi Vratam* on the first Friday of the Hindu month of *Shraavana*, a woman could attain all her desires. The Mother now appeared in a dream of a pious lady, Charumathi and instructed her to perform the worship. It has been tradition ever since for *Sumangalis* to perform this *Vratham*. The priest guided all the assembled ladies through the *Kalasha Pooja*, *Ganesha* worship and finally the worship of the Divine mother.



The Divine Mother Sai was on the dais all the while watching Her children in all Love and Patience. The wonderful thing was that Europeans, Japanese, Americans were all part of the worshipping brigade! At the end of the pooja, as the ladies did the ceremonial exchange of gifts, Swami moved down the stage. Ah! What a sight it was then.

A thousand moons seemed to rise in Sai Kulwant Hall as all the ladies beamed happily in celebration. Swami slowly moved through the long lines of women, blessing them and accepting letters from many of them. Some of the ladies were unable to quell the urge to rush to Him.



He gently smiled at them and taking the holy *akshatha* grains, sprinkled them with it. It was another complete *darshan* round in Sai Kulwant Hall and a complete thrill for the assembled *Sumangalis*. After conferring joy thus, Swami returned to the stage and the final formalities of the worship were completed. The story of the origin of the *Vratham* was narrated. Swami blessed both the priests and asked for *aarthi*.





The *aarathi* was special in the sense that all the ladies too waved tiny flames of their silver lamps at Swami. *Prasadam* was blessed for distribution and once the *aarathi* was completed, Swami retired for the morning at about 11:00 a.m. It was announced that there would be a concert by Mrs. Anuradha Sriram in the evening. In the evening, Swami arrived for *darshan* at 4:30 p.m. The hall was packed and Swami took a complete round. He saw that the artist for the evening had been seated on carpets in the marbled area. He said that the performance must be on the mainstage!



So, quickly, the readjustments had to be made! The artists were seated soon on the stage and the mikes were kept ready. Soon Swami arrived on the stage and asked Mrs. Anuradha to begin. Starting with "Vatapi Ganapathim" in Hamsadhwani, she moved on to the Thyagaraja Kirtan, "Marugelara O Raghava". Aptly for the occasion, she sang the Kannada song, "Bhagyada Lakshmi Baramma". Swami was so moved with her renderings and often she merged the name of Sai into the songs to give it a special meaning in Swami's presence.

Some more popular devotional song were sung, notably, "Kurai Ondrum Illai" in Tamil and "Mere Sai Teri Murat

Rahe Man Mein" in Hindi. In between Swami moved to the interview room for about ten minutes as the artist continued with her performance.



When Swami returned, He asked her if she had completed. He seemed to be beaming smiles as Mrs. Anuradha requested, "Swami, one more?" Swami nodded in agreement and she began singing the Meera *bhajan*, "Payoji Maine Ram Ratan Dhan Payo." As she rendered this song beautifully, Swami raised the sleeves of His robe.

He was rubbing His palms and it appeared as if He was eager to shower His love and Grace on the talented artist. And sure enough! No sooner had she completed her song, Swami waved His hand and materialized a beautiful golden chain for her. Mrs. Anuradha was so overwhelmed that she rushed to His feet and lay down there!

She was there for almost half a minute and all the while Swami so sweetly waited for her to rise. Then, putting the chain around her neck, Swami presented her with two sarees! She asked with her eyes, "Both for me?" and a sweet smile was His reply! Swami presented the accompanying artists too with sarees and safari pieces.



Having done that, He called the photographer and told him to take a group photo from two different angles, adjusting His chair and posing perfectly!

Swami then told the students to sing *bhajans*. Two alaap *bhajans* were sung among the other *bhajans* and Swami was so happy. He called the tablist and harmonium player from among the artists and told them, "Music college boys!" He also asked them as to when they were leaving and blessed them.

In the meanwhile, a picture of the artist receiving the chain from Him was presented to Swami and Swami gave it to the delighted artist. Another senior member of the ashram presented Swami with a rose.



Swami accepted it and when he spoke about his heart, Swami gently placed His hand on his chest. He lovingly rubbed it and assured him that He was there for him always. Blessing everyone with *prasadam* and Grace, Swami retired for the day at about 6:30 p.m.



### August 9, 2009 – Music Programme by UK Devotees

It was a day that brought some hope and cheer and with very good reason too! The marbled blocks were occupied by devotees and youth from the United Kingdom - Sai Kingdom as they also call it and why not. Where there is Unity, there is Purity and then there is Divinity Swami says. So a truly "United" kingdom is indeed a Sai Kingdom! It brought hope in the sense that for the past 3-4 days, Swami had been arriving for *darshan* at around 5:30 p.m. or so. He generally sat for a few *bhajans* and left by 6:15p.m. To top that, morning *darshans* have become a rare privilege.

When we wake up to a reality that we had been avoiding due to familiarity, it stirs up so many things within. People throng every evening and wait to see that Lovable Form draped in orange. On that day everyone hoped that they would be blessed with a *darshan* session in which they would be able to drink longingly for long, His beautiful form!





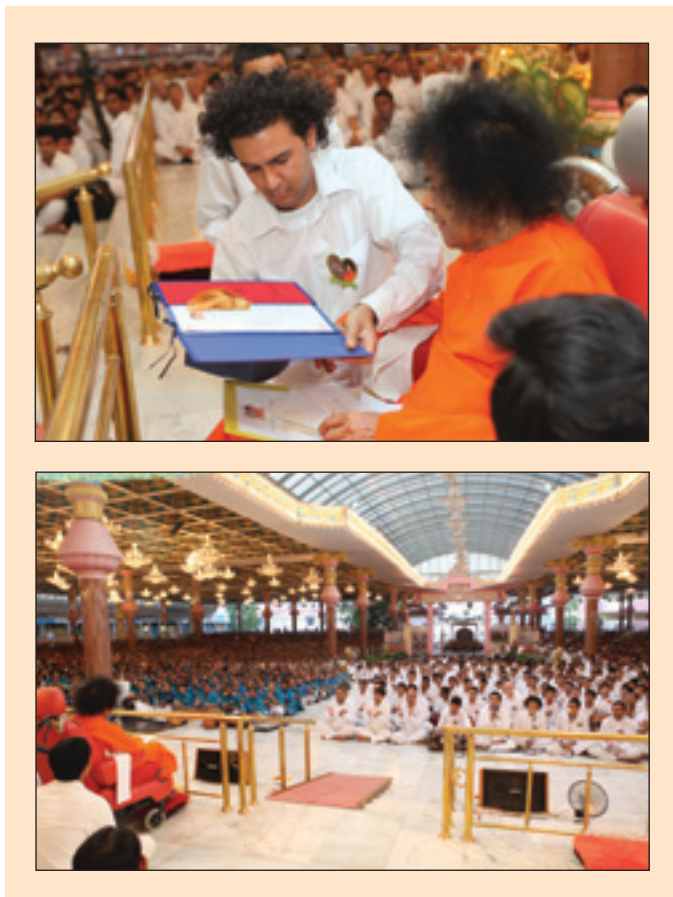
The *Veda* chanting was done, as usual from 4 p.m. to 5 p.m. It was around 6 p.m. that there were signs of activity at Yajur Mandir and soon Swami arrived for *darshan*. The crowd was huge and the hall was full. The passage in front of East Prashanti building was also full of people waiting to glimpse at Him. It was like the sunrise at twilight as Swami moved into the Sai Kulwant Hall in all beauty and grace.

Near the students were seated paramedical students from the SSSIHMS Bangalore. They had made a card and had also come to have His *darshan*. Swami spent a few minutes looking at the card as one of the seniors from the hospital's student-staff explained to Him about the paramedics. Swami gave a patient ear and blessing the paramedical students, moved on. Soon, He completed the *darshan* round and arrived on stage. The co-ordinator for the programme showed Swami the details of the presentation and Swami blessed the programme to begin.





A few members of the group moved up to the stage and offered the programme and a few other items to Swami. One among them was a little plump and Swami immediately indicated that he must pull down! There were smiles and laughter everywhere. That showed another beautiful aspect of Swami, and in turn, of pure Love.



When anyone makes fun of us, we feel emotions that range in a spectrum from indifference to violent rage! But when Swami jokes about us, we are so happy! We celebrate it and even share it with pride to others! And that is the power of Love. Love may be disguised in any form - praise or blame, seriousness or fun - it always elicits a positive response.

Sai Vandana seemed to be the theme of the programme that day. As it is always with this group, they began with the offering, “Brahmaanadam Parama Sukhadam”, which tells about the inexplicable joy and bliss that is brought by association with the Lord. The thrill of Unity was instantaneously felt as the group began to sing vigorously with synchronized clapping! That became a common feature for all the songs that followed.



There was an instrumental piece in Raag Bhairav on the sitar by a woman from the group. Heart strings were pulled as her fingers danced on the metal strings of the Sitar. Songs in Hindi and English followed in quick succession. A qawwali was also sung for which the



women involved donned the traditional caps. When it was nearing 7 p.m., Swami asked the devotees to sing *bhajans*. He also blessed the *prasadam* to be distributed.

Many times during the programme, Swami seemed lost to the mundane world. He smiled to Himself and the audience just watched. For some parts of the songs, Swami kept rhythm and that spurred the group into greater intensity.



Many members of the group were in tears and many others were beaming smiles. The responses were so varied but all were due to their intense Love for Swami. The clock had ticked past 7 p.m. when Swami asked for the *aarthi*. As the *aarthi* completed, Swami clarified something with the Secretary of the Sri Sathya Sai Central Trust, Mr. Chakravarthy. And then, raising both His hands in *abhayahastha* He blessed everyone and retired for the day.

### August 14, 2009 – Krishnastami Celebrations in the Divine Presence

Lord Sri Krishna is the favourite deity of millions all around the globe and it is no surprise that His day of birth, Janmashtami, is celebrated with great vigour, joy and mirth everywhere. At Puttaparthi, thousands



thronged the Sai Kulwant Hall to have a *darshan* of their beloved Sai Krishna – a sight that would redeem them and fill them with joy. When the Lord took birth as Sri Krishna, the “chains” that held His father in jail, fell away. The prison doors opened and Vasudeva was “freed”. Adding significance to Janmashtami being on the 14th was the fact that “Independence” day was the next to come! This metaphoric significance was not lost on the thousands that gathered and they waited for an unlikely morning *darshan*!



“Unlikely”? Why? Swami had not arrived for morning *darshan* for almost the past two weeks and it was no secret that Swami was not exactly in the pink of health. Every action of the Avatar is with a purpose. “God” alone

knows what are the different ways in which Swami is protecting humanity and taking upon Himself the pains and burdens of this earth. Christ bore the Cross once and Swami seems to have made a habit of it. And yet, He comes unfailingly everyday, consoling and comforting people as if we are the ones suffering! But He does not suffer as He said once to Prof. Anil Kumar, "There may be pain, but there is no suffering!" Day in and day out His thoughts, words and deeds are based on His devotees and He has no time for Himself.

He has no time to think about His pains and difficulties! He goes on like a candle, burning Himself to give light to everyone! It is such a powerful message and reminder on how one should face life. He is such a living example. It reminds one of the ABCDEFG of life - Always Be Cheerful & Don't Ever Forget God!

The usual cow procession and Krishnashtami celebrations had been postponed for the evening. And so, when at 9:20 a.m., Swami arrived in the resplendent *pitambara* (yellow robe), there were gasps of joy and delight. By sheer force of habit, the sweet Lord had sacrificed yet again, and it was only to fill the devotees with the thrill of the morning *darshan* that He had come.

Students from all three campuses of the University were present along with a contingent from the institutions at Muddenahalli and Alike and a group of devotees from Maharashtra. Sai Krishna moved through the lines and rows of waiting devotees to complete a full *darshan* round. Blessing all the various cards made by the students of the University students as well as by the children of the Higher Secondary School and Primary School, Swami moved into the interview room. He granted interviews to some lucky souls and it was quarter past ten when He arrived onstage and received *aarthi* before retiring for the morning.

In the evening, the procession of cows from the Gokulam led by Swami's baby elephant arrived in Sai Kulwant hall at five o'clock as the *bhajans* began. Fifteen minutes later, Swami arrived! And again He was in the yellow robe and for those who had missed out in the morning, it was a special thrill! It was a special moment for even those who were present in the morning for how much ever one sees the sweet Lord, one is not satisfied! And there is no need for a ceiling on this desire for this desire is such a lofty one that no ceiling could ever contain it! In the centre of the hall were the cows, calves and other animals.





The “not-so-little” Krishna Gita got so excited when Swami arrived that she rushed ahead in the hall. It turned out to be a “moving” experience for all the students seated in the marbled blocks as they got up and retreated to avoid the excited pachyderm! Soon, she was brought under control and Swami arrived near her. Swami fed milk to the calves and blessed the fawn, pigeons and rabbits that had arrived.



*Bhajans* gave way to songs on Lord Krishna as Swami moved to the front. There was a huge “Get well soon” card made by the students. Swami read through the card and was full of smiles. The card said, “Swami, you frown when we are ill. You are full of concern when we are in pain. The same is true for us.” A beautiful smile flashed across His face as He straightened and sat more erect. He seemed fully fine in an instant! He gave all assembled the rare opportunity to see how He actually was acting out the “drama”! As He moved across the rows of Primary School tots, He had a detailed look at the various cards they had made. He blessed each and every card and slowly moved to the stage. The songs were on and Swami got involved in them. After a couple of *stotrams*, two songs detailing His glory in the *Dwapara* age were sung. Swami sat placing beats with His hands and feet too! Wow! A beautiful sight indeed!



As per the tradition in Puttaparthi, a “Bala Krishna” and “Bala Balarama” moved to the stage with an earthen pot that was filled with modern goodies - chocolates. Swami blessed them and put His hand into the pot shuffling through the chocolates. Swami enquired as to which class those students were in and both of them happened to be from 8th standard. Swami blessed them and told



them to return to their seats. After the songs, a plea was made for a programme by budding flautists from the School and University who had been learning the musical reed for months now. Swami said that it could be staged some other time. Then *bhajans* began and a couple of *bhajans* later, Swami asked for the *aarathi*. ■

~ Heart2Heart Team



## SPIRITUAL QUESTIONS AND ANSWERS - Part 9

By Prof. G. Venkataraman

*(continued from the previous issue)*



Since Heart2Heart started in 2003, readers have very often written to us seeking answers to many spiritual questions. We have answered them at times through appropriate articles in H2H. However, there are still many that have to be explained carefully and in detail. And in the recent past, a lot more queries have arrived on varied topics concerning spirituality and personal growth.

We have now meticulously compiled and categorised these questions, and Prof. G. Venkataraman has offered to answer all these queries in a structured and systematic way as a series on Radio Sai as well as in H2H. In this way, these answers now remain always on our website as a ready reckoner on spiritual doubts. This is a suitably adapted transcript of our radio series bearing the same name.

Loving Sai Ram and greetings from Prasanthi Nilayam. It is nice to be with you once more, responding to your questions. I have two questions before me today, and as earlier, these two questions also relate, in a manner of speaking, to the subject: purpose of life; if you recall, that is the topic we are currently dealing with.

The questions I shall be dealing with today are as follows:

**QUESTION 1: Does being selfish prevent one from being Self-realised?**

**QUESTION 2: Is it possible to obtain liberation in spite of being an atheist, but good at heart?**

Let me start with the first question, which is:

### QUESTION 1:

**Does being selfish prevent one from being Self - realised**

### ANSWER:

Without appearing to hurt the questioner, I would say the first question is like asking: "Can we have the cake and eat it too?" I am afraid not. The question arises because of a basic ignorance about what Self-realisation is really all about. Once one gets some understanding of that, many such questions would automatically fade away. So, let me spend some time going over this Self-realisation process. I have of course gone over this already in earlier articles, but then, in a series like this, a certain amount of repetition is inevitable. Rather than complain about it, I look upon it not only as a chance to do some revision, but also as an opportunity for injecting a few new angles. So, those of you who might tend to feel it is all the "same old stuff", please bear with me! We have many readers for this series and we have to take everyone along with us as we journey forward. With that caveat, let me address the first question.

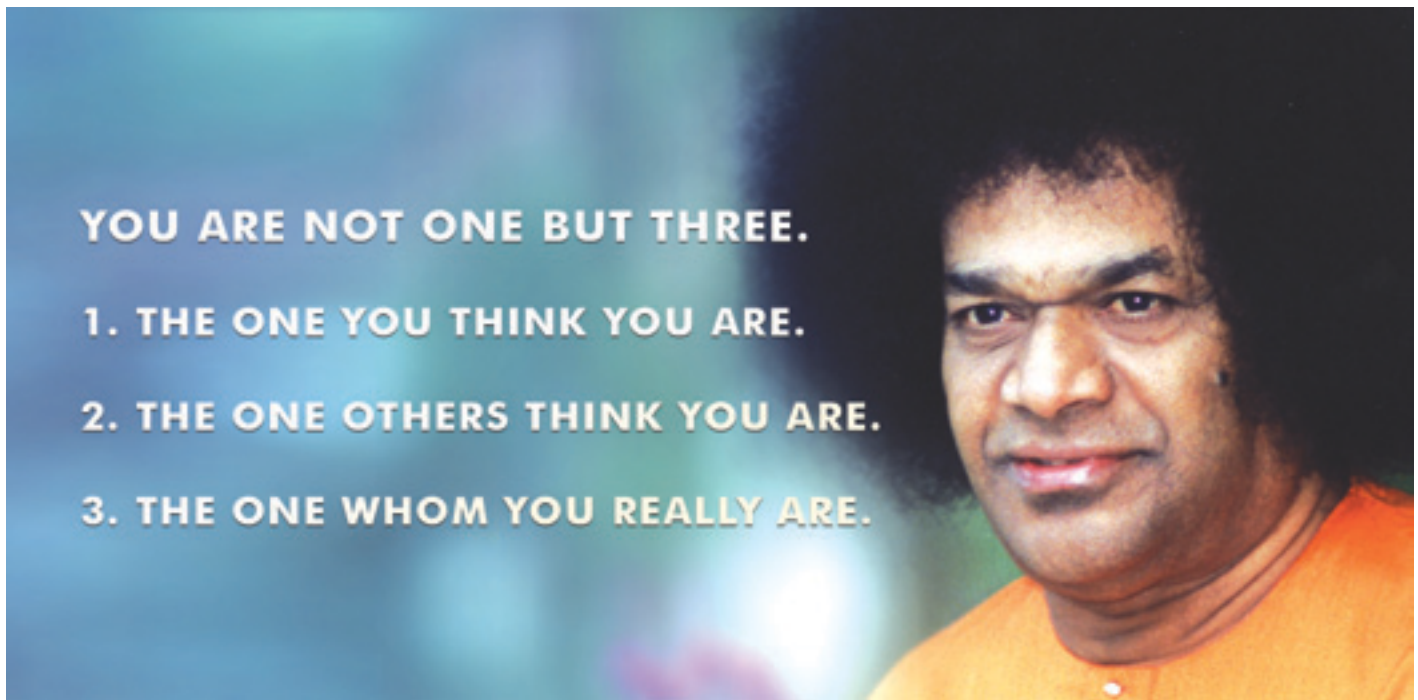
I shall try to deal with the question by focussing first on three key words, namely, the Self, Self-realisation, and selfishness. Once I explain what these three words mean, the answer to the question would be almost self-evident.

Although this might appear to be like a diversion, let me start with the familiar question: "Who am I?" Most of the time, this question is asked in a purely worldly sense, and it needs therefore to be answered also in that very same sense. Thus, almost everyone responds by saying, "I am so and so," and at times offers further information by identifying one's family, hometown, job title, etc. These days, all this is done most efficiently by simply offering a business card that includes many details that would be needed by most questioners.

All this refers to usual worldly business, but when the same question is asked in Spirituality, it has an entirely







different connotation. There, when one asks 'who am I?' one is really asking: "What exactly is the core of my personality? What precisely is my True Nature?" One might be puzzled as to why at all does such a question arise in the first place. The reason for that is that every human being is actually a composite of three distinct entities: **1) the gross body, 2) the Subtle Mind, and 3) the Cause of everything in the Creation, namely the Atma, that goes beyond Space and Time itself.** From this perspective, the question Who am I? can be rephrased as: "Am I the body, or am I the Mind, or am I the *Atma*? Which of these three am I?"

### Who Are We Really?

Commenting on these three questions, Swami says: "You think you are the body, but **you are not the body.**" OK, does that mean we are the Mind? Swami's answer to that is: "Others judge you by your behaviour and attitude and since these are shaped largely by the Mind, it essentially means that **others think you are the Mind.** But that also is not true!"

So two out of the three possibilities have been knocked out, and by the process of elimination, it follows that the answer to the question 'Who am I?' obviously has to be, **"I am the Atma."** Indeed that is exactly right, and Swami also confirms it emphatically. So, **we are not the body, we are not the Mind but the Atma** – that is settled.

Now you may say: "Listen, the question you are supposed to answer is entirely different. It is: "Does being selfish

prevent one from achieving Self - realisation?" What has all that you have just now said got to do with that question?" Everything, as I shall now explain. The first step consists in understanding that the *Atma* is incapable of selfishness. To put it differently, the *Atma* can never suggest an action that has even a trace of selfishness in it. Hence, if a person tends to feel selfish, it means some agency within, other than the *Atma* is prompting him or her to be selfish; and it turns out that this other agency is nothing but the Mind.

You might now say: "OK, the Mind prompts selfish ideas; so what? What has that got to do with Self-realisation?" Well, in order to figure that one out, let us first ask what does the word Self-realisation mean? It means knowing and **believing that one is actually the Atma and not the Mind.** In addition, **one must feel as well as act in the true Spirit of the Atma – that is what Self-realisation is all about.** Now tell me, how can a person be selfish and yet claim he is acting in the Spirit of the *Atma*? Are not the two things contradictory? I hope you get the point.

I might take the opportunity to add a few clarifying remarks that are related to the advice we seek within. You see there are two agencies within us, both of which are capable of giving a reply when you post a question inside. Let us say a person wants to do something and wants some advice. So, he asks himself: "Should I do this or should I not?" This is a question that is asked of one self and one expects a reply. This assumes or implies that



SELF-REALIZATION = ATMA  
REALIZATION OF THE TRUE SELF

SELFISHNESS = EGO  
IGNORANCE OF THE TRUE SELF

there is an agency within that could be called the “self” that is supposed to give the answer. What is that agency within that could be called the “self”?

The Tale of the Two Selves

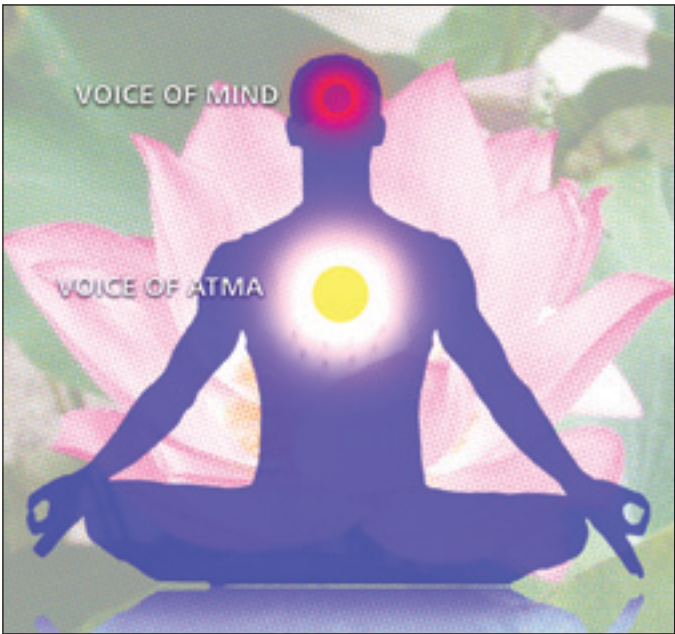
Let us try to deal with this question. Vedanta says that there are two agencies within that could claim to be the “self”; one is the *Atma* and the other is the Mind. Of these two, **the *Atma* is the Real or the True Self**; as for the Mind, being extra-ordinarily clever and powerful, it all the time keeps on making the claim, “I am the Self!” though it is not; in fact it is the bogus or the false self. Thus, every time humans look inside for clarity and guidance, they hear two voices, both giving advice. If the person is spiritually ignorant, then the person would not know which voice one must pay attention to and which voice one must ignore; in other words, the person is unable to distinguish the true from the false – that is the problem.

These two voices present different points of view and both argue their cases strongly; and the poor individual who is facing a difficulty and wants guidance from within, is totally lost. He or she does not know which of the two voices is giving the right answer, and how exactly to make sure one is getting the right answer and is not being taken for a ride. Interestingly, this precisely is what the Bhagavad Gita is all about.

Remember what happens right in the beginning of the Gita? Arjuna asks Krishna, his Charioteer, to take the chariot to the middle-ground from where he could survey both armies. Krishna does that because He knows fully well what is going to come. When they reach the middle ground and Arjuna is able to see both armies in full, both in battle-readiness and fully prepared to

slaughter each other when the word “go” is given, Arjuna is suddenly seized with all kinds of doubts. He then reflects and seeks answers from inside, which he then conveys to Krishna.

Krishna smiles and then tells Arjuna, “Look mister, you have been conned! The personality within you that is giving this advice, that seems so reasonable is actually a fake, a fraud; it is nothing but your Ego, posing as your Real Self. You had better acquire some Spiritual Discrimination or *Buddhi* immediately; otherwise, this very clever salesman inside would be constantly selling you lemons. Wake up and grow up; don’t remain a sitting duck for ever!” And that is when God, speaking from outside, gives a powerful lesson on how God advises constantly from inside as the Indweller and how one must learn to tune into Him.



The voice of mind and the voice of *Atma* present two different points of view; we choose which one to listen to



What we learn from all this is the following: When we tune inside for advice on how to act when faced with a sticky situation – and that is what Arjuna faced, to fight or not to fight – we would encounter two voices; one of them would be Real and the other would be an utter fake, which, however, would try to appear very genuine. **The Real Voice is that of the *Atma*, while the other one comes from the Mind; one is true and the other is false.**

### Recognising the Real from the False

The question now becomes how to distinguish between the two. This is rather like the old story where two women appear before a judge, both claiming that the baby before them is theirs. You might have heard of that one before. Well what happens is that the judge creates a situation and sees how the two women react, and from their different reactions, he is able to find out which one is the real mother and which one is the fake.

All that is fine but what do we do in the present case, which has to do with spirituality? Luckily, Swami has given us the complete procedure, and all I have to do is to repeat it for you. Basically, there are two kinds of situations one could face. In one, there are two very different options, one of which is patently immoral and adharmic while the other is good and absolutely the right thing to do; in this case, it is no big deal to choose the right option. It is a different matter when it comes to actually following the right option.

A very simple example relates to giving bribes. Where spirituality is concerned, giving bribes is simply not the done thing. In other words, if it comes to a question of whether one must give a bribe to get a thing done, or avoid giving the bribe no matter what the problem, the correct option is very clear – no ambiguity at all, and the answer is **no bribes!** However, these days, people don't

like to hear that. In fact, sometime ago when in one of my broadcasts I raised this issue, one listener, a devotee of course, wrote that in his company they regularly give bribes; otherwise, he says, they cannot survive. Since one is not supposed to give bribes, they say we call it speed-money, that is, money paid as an appreciation for the speedy rendering of service.

That is the whole point. People insist on doing things that are wrong, sinful, immoral, because of so-called practical advantages, all of which is just another name for selfishness. Just as a rose is a rose no matter by what name it is called, *adharma* is *adharma*, no matter how much it is white-washed. This is the easy case and in such cases, the test of discrimination one administers is to ask the following questions of oneself and answer them honestly: As Swami says, one must ask, **"Is it right, or is it wrong? Is it good or is it bad? Is it selfish or is it unselfish? Will it harm anyone in any way or will it not?"** and so on. This checklist is easy to go through. If one goes through the checklist honestly, the correct answer is easy to identify.

### Simplifying Moral Dilemmas

There are however situations where two options present themselves and both of which appear to be one's duty. Both have their pros and cons. Which one to choose? This is a harder exam, and when one faces such a situation, one is said to be caught in a *Dharma Sankatam*. Arjuna was caught up in precisely such a dilemma, called a moral dilemma. As he saw it, it was a crime to kill one's Guru and one's dear Grandfather, all in the name of gaining back one's kingdom that had been illegally grabbed. So Arjuna says, "I prefer not to have this kingdom; I would rather beg than kill my near and dear for the sake of this wretched kingdom." On the face of it, it is a very powerful, forceful argument, and it is not easy to find any fault with it.

That is where Krishna steps in and teaches him not to apply kindergarten type of analysis to such complex situations but a Ph. D level analysis, if I might say so! It is in these situations that the application of *Atma Dharma* becomes very essential and I have made some references to it in my earlier talks. Obviously, I cannot go into the entire business of *Atma Dharma* here, but refer you for





**"If you apply Fundamental Discrimination, you would realise that as a Kshatriya, you have no choice but to fight on the side of *Dharma*."**

further details to Swami's many Discourses as also the Krishna-Arjuna Dialogue serial in Heart2Heart. But, coming back to the question I started with, I can now say the following:

1. Whenever we seek answers from within, we would hear at least two voices. In all cases where multiple voices are heard, we must realise that only one of these is genuine. **This genuine voice is the Voice of the *Atma* or Conscience if you prefer.** All the other voices are that of impostors, posing as the Real Self.
2. The Real Self is the *Atma*. The impostor is the Mind, posing as the Real Self. This means, **we must learn to distinguish the Voice of the *Atma* or Conscience from the voice of the Mind or the Ego.**
3. **Conscience always speaks with one voice, meaning it would not give multiple options. It would always give only one option that is fully consistent with *Atma Dharma*.** The Ego, False Self, the Mind, call it what you will, would offer multiple choices. It would say, "Hey, try this; it is a good option. If you don't quite like that, how about this? This also is very good for you, you know! Grab it before it slips out of your hand!" and

so on. The Ego is a very clever salesman! Recognising the source that gives the multiple options is important; if one is able to recognise it, one can also avoid it.

4. How to dump this Ego? This has to be done by cultivating one's *Buddhi*, or true Discrimination. The more the development of the *Buddhi*, the better is one's Spiritual Discrimination. Thus improvement of *Buddhi* should be high on one's agenda for self-improvement.

5. Swami says, Ego is very clever and would claim it offers discrimination; yes, it does help you to discriminate with wonderful cost-benefit analysis and all that. However, at the end of the day, it is all **individual** discrimination, that is to say, discrimination soaked in **selfishness**. *Buddhi*, on the other hand, would help in applying what Swami calls **Fundamental Discrimination**.



**Among the many voices of the mind, conscience speaks with only one**

6. Swami further cites any number of examples of the application of Fundamental Discrimination. Rama was asked by the Emperor to go into the forest. Many told Rama that there was no need to do so, citing all kinds of legal arguments in support. Rama brushed them all saying that Fundamental Discrimination called for Him to stand by *Dharma* and not the so-called right to the kingdom. Krishna told the same to Arjuna, "If you apply Fundamental Discrimination, you would realise that as a Kshatriya, you have no choice but to fight on the side of *Dharma*. Your side is the side of *Dharma* and that is why I am with you! That being the case, how can you refuse to fight?" Next consider Prahalada; the Vedas declare that one must worship father as God. However,



there is fine print, which Hiranyakashyapu, the father forgot, but the five-year old Prahalada did not. That is why he told Hiranyakashyapu, "Yes, you are my bodily father for which I give you due respect. However, how can I accept you as the Supreme Lord when I know for sure that it is Narayana who is really the Supreme One?"

And thus we arrive at the following important conclusion: "Sorry, being selfish is quite contrary to the objective of Self-realisation." That is the short answer to the question we started with. I hope with all the elaborate explanation I have given, the answer is clear.

**When one realises one's True Self or Real Nature or Real Self – call it what you will – it means one recognises in one's Heart that one is not the body nor the Mind, but really the *Atma*.**

By its very nature, the *Atma* cannot be selfish. If one is selfish, then how can one achieve the goal of union with the *Atma* or God? Can oil ever mix with water? In other words, selfishness and Self-realisation simply cannot go together! Hope that is clear!

Let me now move on to the second question which is:

## QUESTION 2:

**Is it possible to obtain liberation in spite of being an atheist, but good at heart?**

## ANSWER:

This is an interesting as well as an important question. Basically, it all depends on what exactly the questioner means by the word "atheist". Traditionally, an atheist is a person who denies the existence of God. That might appear to be a very clear-cut definition, but then what does the atheist precisely mean by the word 'God'? Further, what, for that matter, do we mean by the word 'God'? So you see, there are lots of subtleties hiding behind this apparently simple question.

In responding to it, I shall take the *Vedantic* point of view and by the way, all Swami says is nothing but pure *Vedanta*! So, I guess I am on safe ground there!

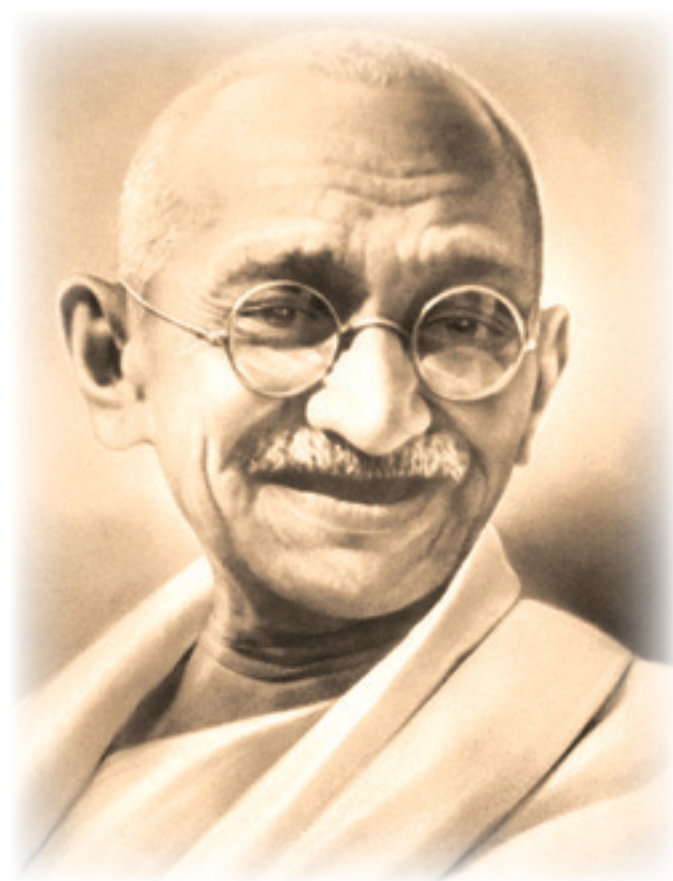
### Who is an Atheist

Let me start with what we normally mean when we say that so and so is an atheist; it means that the person concerned denies the existence of God. Yes, an atheist indeed firmly denies God and describes God as an

invention of weak people, etc. Many eminent people say that. Yet, you know something? Most of these people are often men of very high integrity, who swear by Truth. Of course, their understanding of the nuances of Truth or *Sathya* as we call it, might not be as broad or sweeping as *Vedanta* teaches and explains. These people might deny the existence of God; however, they do deserve our respect. Why do I say that? For the following reasons: Firstly, because Swami tells that Truth is God. **Hence, if an atheist swears by Truth, at least substantially though not in its entirety as *Vedanta* mandates, then that person is on the right track and is in fact not denying God totally**, though the person himself might not be aware of that! Thus, an atheist who swears by Truth should not be rubbished, as is often done by people who feel strongly about their faith in God.

By the way, it is interesting to hear what Gandhi says about Truth. He says:

**"The seeker after Truth should be humbler than the dust. The world crushes the dust under its feet, but the seeker after Truth should so humble himself that even the dust could crush him. Only then, and not till then, will he have a glimpse of Truth."**



**Mahatma Gandhi**



“Truth is like a vast tree, which yields more and more fruit the more you nurture it. The deeper the search in the mine of truth the richer the discovery of the gems buried there, in the shape of openings for an even greater variety of service.

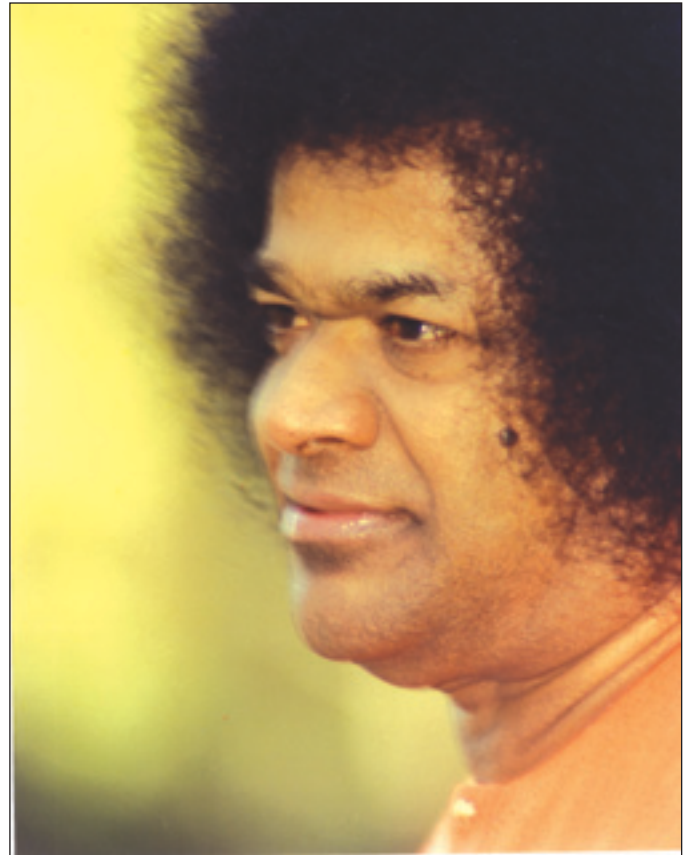
“The quest for that Truth is the summum bonum of life. In the march towards Truth, anger, selfishness, hatred, etc., naturally give way, for otherwise Truth would be impossible to attain. A man who is swayed by passions may have good enough intentions, maybe truthful in word, but he will never find the Truth. A successful search for Truth means complete deliverance from the dual throng, such as of love and hate, happiness and misery.”

That is good advice and worth remembering. Let us get back to the issue of the atheist and liberation. So, what does all the above add up to? Will the atheist achieve liberation or not? Yes or no? I guess that is what our questioner would like to know.

### The Non-negotiable Path for a Non-believer

Clearly, no one can answer this question in that sense. My own view, based on the Gita is as follows. When Arjuna asks what happens to the imperfect person, who tries to follow *Dharma* and all that but does not score a hundred out of a hundred, Krishna replies that all is not lost. It is like slowly moving up in school, from one standard to another. If one does well in one academic year and passes the exam, then the student is promoted to the next higher class – and for this, the person, the student does not have to score 100%; that hardly ever happens; yet, year after year, large numbers of students do get promoted, and in this manner, in due course, they reach the end of the road, which means they graduate from school. The same thing happens in University, in professional colleges and so on.

Essentially this also happens with respect to the spiritual evolution of an individual. Krishna says that based on the merits earned during one’s life, by doing good acts, sticking to *Sathya*, *Dharma* and so forth, one is born in the next life in such a situation, where there are good opportunities for further spiritual advancement. Of course, just because one has good opportunities in the



next birth, it does not automatically mean that in the next birth too the person would improve; on the contrary, the person may slide down; in this sense, life is rather like a snakes and ladders game!

The long and short of it is that a good atheist, if I may call him that, who believes in Truth, is likely to be born next time and placed in a situation where he realises that Truth has a reality beyond Space and Time. This is a fundamental difference between *Vedanta* and the perception atheists have of Truth. For them, Truth is a concept or value that has meaning within Creation, that is, within Space and Time. *Vedanta* says, “No, Truth goes all the way to the Creator, who is beyond Space and Time.” Swami describes all this succinctly as follows.

### The Salient Hierarchy of Truth

He says: There are three strata associated with what we loosely describe as Truth. **At Level 1, we really have facts; this is Truth with validity over a limited period of time.** I mean, suppose I am wearing a white shirt right now, a person seeing me would say, “So and so is wearing a white shirt.” Fine; but suppose he says exactly the same thing tomorrow when I am wearing a blue shirt, then he clearly would be wrong. In Sanskrit, facts





The Totem of TRUTH

which have validity over a limited period of time are described by the word *Nijam*. History is all about the narration of facts, without distortion and bias of course!

**Level 2 is about things that remain true throughout Creation, that is, from the beginning to the end of the Universe. In *Vedanta*, this is referred to as *Sathyam*. Swami says that there is a still higher level, where Truth has meaning beyond Creation. At the exalted level, Truth is referred to as *Ritham* – this is Level 3.**

So the hierarchy is: *Ritham* first, *Sathyam* next and finally, at the bottom of the totem pole, is *Nijam*.

A fully evolved soul would understand all this and order his life to be in tune with *Ritham*, in which case, he is OK all the way. An atheist would know nothing about *Ritham*; in fact he might deny its existence, because to do so would mean accepting *Vedanta* and that in turn means he would have to accept God, which of course he would not do.

OK, what does it all add up to in terms of this atheist ever being liberated? Putting together all that I have said thus far, I would say the following: In his present birth, and with his disbelief in God, NO! However, his belief in Truth would give him plenty of opportunities in later births to recognise that Truth is not just an abstract

concept but represents something Supreme, namely *Paramatma*, who can incarnate, and who teaches us that Truth is just another name for many things such as Selfless Love, Compassion, Forbearance, and so on.

A true devotee of God would fully understand all that while an atheist would not be able to recognise that Truth or Sathya and Love or *Prema* are all facets of God; that represents a higher level of evolution. **The atheist may be on that road, but is not yet at the destination. With luck, he might reach that destination in later births.** I trust that throws some light.

I think it has been a heavy dose and I better stop here! Thanks for being with me and hope you join again for the next session too. God bless, Jai Sai Ram. ■

*(To be continued)*



## THE DRAMAS OF LIFE DIVINE - Part 7

### “RAMAYANA RATNAHARA VEERANJANEYA”

## THE MIGHTY HANUMAN, THE DIADEM OF RAMAYANA - Part 1

### Sports Meet Drama, 2008

**D**ear readers, till the December 2008 issue, in this section we serialized for you “Shirdi Sai Parthi Sai”, the glorious saga of Shirdi Sai and the divine life of Sathya Sai till His early childhood. This series continued for 48 episodes, and we received very positive responses to this serial. In fact, now that the script is available, this television serial has been re-enacted as a play in many Sai centres.

Encouraged with this, we decided to continue this section and offer something in a similar format. And now, after the Divine Life story of Bhagavan Baba, it is the innumerable dramas presented in the Divine Presence by the students of Bhagavan’s Schools and University, as well as by the Bal Vikas students and Sai devotees from all corners of the world. We hope the current series, which is accompanied with lots of pictures and video stills/clips, will not only make an enriching and edifying reading experience, but also will help devotees everywhere to redo these inspiring plays in their own settings with little effort. So, enjoy these divine dramas where the Divine was a keen spectator and the hidden director!

The current drama, which was staged by the students from the Prasanthi Nilayam campus of the Sri Sathya Sai University on January 12, 2008, highlighted the supreme virtues of Hanuman, one of the greatest devotees of the Lord, and exhorted one and all to emulate the example of this matchless servant of the Lord.

The relationship between Rama and Hanuman is the best example of intimacy between the Lord and His devotee. Hanuman understood the Lord completely, for he never tried to understand the Lord, he just followed Him implicitly. At the bodily level, he was the servant of the lord. From the perspective of the mind, he was the spark of the divine. At the level of the Atma, he and the Lord were One. Let us explore the journey of Hanuman through another true devotee, the composer of ‘Hanuman Chalisa’ and ‘Ramacharitamangas’, Saint Tulasidas.

#### SCENE 1: Conversation Between Tulasidas and Narada

*Tulasidas enters the stage singing, “Bhajo mana Rama charan sukhadaayi”... in the middle of the song Narada enters and joins in...*

**Tulasidas:** Narad *munivar* (noble sage), *pranams* (salutations). The darshan of a saint like you has elevated the holiness of this hermitage.

**Narada:** Narayana...Narayan...*Pranams* Tulasidas... The divine name of Rama captured in your mellifluous melody has sanctified the surroundings. I look upon you as the Valmiki of this age. You have come a long way to become a peerless saint.



**Tulasidas:** But *munivar* every saint has a past, and my past has been chequered with the sin of attachment to the world. It has been my *tapas* (penance) to formulate a path that would ensure that my fellow beings do not commit the same mistakes that I did and lead them to divinity.

**Narada:** A very noble intention, Tulasidas. How do you propose to do that?

**Tulasidas:** I wish to show and highlight to the world a personality who exemplifies the path, and for that I seek the gemstones stored in the treasure trove of Ramayana.

**Narada:** Tulasi, who do you think can be that harbinger





of hope to humanity moving the mountains of obstacles?

**Tulasidas:** Moving mountains.... *munivarya*, it can only be the one who moved the mountains literally to serve the Lord, His *pada dasa* (servant of His feet), Hanuman.

**Narada:** Yes Tulasi. The first step in Hanuman's journey was to seek the Lord and surrender to him. Our self effort must be guided to choose the Master.

**Tulasidas:** But in the end it is the Master who actually chooses us. Ah! The beautiful scene of the first meeting between God and His devotee comes alive in front of my eyes.

## SCENE 2: Hanuman Meets Rama

*[Hanuman is in meditation as Sugriva, and Jambavan approach him]*

**Jambavan:** Hanuman, please come out of thy meditative trance. A crisis looms ominously over Maharaja Sugriva's future, from which only you can rescue him.

**Hanuman:** Crisis for Maharaj! No external force can be a life threatening source for Maharaja Sugriva until the breath flows incessantly in the body of Anjaneya. Pray, tell me what is the problem?

**Sugriva:** Your reassurance has rejuvenated the dried streams of hope within me, Hanuman. Nala has reported the presence of two strangers in the vicinity of Rishyamookha. A feeling of anxiety and fear has gripped all our hearts. We have a strong suspicion that they are spies sent by Vali to eliminate the resistance. Let the spies be captured and brought to our presence.



**Hanuman:** Pardon me, Maharaja. But let us not draw conclusions without due investigation. Permit me to approach them in the form of a Brahmin. I shall find out their intentions and do the needful. But, I have a queer intuition that something good is about to happen.

*[Lakshmana and Rama enter]*

**Lakshmana:** *Agraja* (elder brother), we have been wandering along these wooded shores of the Pamba. Now, the Sun shines in the western horizon and darkness deepens. We still haven't found our friends of Rishyamukha.

**Rama:** [gives a benign smile in the direction of Hanuman] See, a scholarly Brahmin is approaching us. Maybe he can help us.

**Hanuman:** (Enters chanting something. Stops. Offers *pranams* to both. Amused, he utters a phrase of surprise and wonder) *Namaskaram! Namaskaram! Kim Tvama Agamanam?* [in Sanskrit]





In this primitive wilderness, I behold the enigma in you, oh strangers! You shine with the brilliance of a thousand suns, yet emanate the serene coolness of *chandra* (moon). Who are you, oh resolute ascetics with matted locks? What purpose has brought you to this sylvan kingdom?

**Lakshmana:** O Revered One, we are searching for the Rishyamookha *Parvata* (mountain). Can you please guide us there?

**Hanuman:** *Kim prayojanam? Kim karanam?* [in Sanskrit] May I know the reason as to why you noble souls seek the Rishyamookha peak? And you haven't revealed your identity yet.



**Lakshmana:** We have come to meet Maharaja Sugriva. But our identity will remain veiled since you haven't revealed yours. Strange indeed is finding a *Brahmana* in this forest!

**Hanuman:** But stranger indeed is finding renunciates adorned with mighty bows. Your visit to this forest filled with wild animals and *rakshasas* (demons) must have a purpose; great but hidden. Can you reveal your true purpose?

**Lakshmana:** (annoyed) You seem to have not even an iota of intention to help us. Brother, come, we are not in such deep desperation that we have to rely on this wayward Brahmin.

**Hanuman:** *Rosham karoti dosham* [in Sanskrit]. My intensions are honest and pure, sprinkled with a natural curiosity to explore your 'true identity'. I seem to have woken up the *Adishesha* (the divine serpent associated with Lord Vishnu) within you that your eyes spew forth darts of anger. But your companion...Your companion is *sumanohara santha swaroopam* - He emanates the equanimity of the Manasa Sarovar, stilling the stirrings of '*Manas*' (mind).

**Rama:** [Smiles] Lakshmana! The Brahmin carries an aura of wisdom around him. O *Brahmana*, your sweet and immaculate voice pouring forth words of profundity and meaning has mesmerized me. An unsung song of intimacy which remained inert all these years has sprung forth.

**Hanuman:** O *Neelavarna* (the blue-complexioned one), your deep gaze from the lotus eyes brings forth a feeling of belonging. I too feel a sense of acquaintance with you, but I cannot define it.

**Rama:** The feeling of belonging lies cloaked under the mutual ignorance of identities. Won't you spell the truth about yourself?

**Hanuman:** It looks as if both of us eager to know each other. But you see, you have come here as strangers and I have received you as guests. Thus, you have to reveal yourself first.





**Lakshmana:** (On receiving the indication from Rama)  
We are the sons of Dasaratha, king of Ayodhya and the crest jewel of the Suryavansha. He is Sri Ramachandra and I am his brother Lakshmana.

**Hanuman:** Rama... Rama... (falls at his feet)

*Prabhu Pahichani Pareu Gahi Charana, So Sukh Uma  
Jai Nadi Varna,  
Pulakit Tan Mukh AAavan Bachna, Dekhat RuchirVesh  
Kai Sharana.*

You have come at last. My Lord, My Master! Forgive me, Lord, this foolish *vanara* (monkey) could not recognise its master? But O Omniscient One! Could you not recognise your servant?

**Rama:** Hanuman, in the incessant flow of your learning and sweetness of your communication, your identity was clouded, Hanuman.

**Lakshmana:** Hanuman! Is this *brahmana* Hanuman?

**Hanuman:** Yes, brother Lakshmana. Lost in the extravagant display of learning, my eyes failed to



recognize my master. Lord! You must have been thinking, "Let this fellow reach me through *jnana* (wisdom), which he very joyously radiates". Pardon me, Lord.

**Rama:** Hanuman! No one can know me until I reveal myself to them. I am lost in this forest and I need your help.

**Hanuman:** Swami! Do not say that. We lesser mortals look up to you when we are helpless. You have willed that I should serve you in your divine mission. I owe eternal servitude to you O lord! I owe eternal servitude to you. Come lord, let us proceed to Maharaja Sugreeva.

### SCENE 3: Hanuman leaves for Lanka

Beautiful indeed is the tryst of the Lord and His devotee. Hanuman's surrender to Rama was total and complete. Rama too placed utmost confidence in Hanuman and gave him His ring to be delivered to Mother Sita. Placing the image of Lord in his heart, Hanuman got ready to face the approaching devils, including the devils of despair.

*[Angada, Nala, Nila, Jambavan, Hanuman are at the seashore. Hanuman sits a little away from the group silently. Jambavan gets up to address the gathering]*

**Jambavan:** Brothers! We have searched every nook and corner and left no stone unturned in the mission of the Lord. The end of land is reached and the turbulent ocean stares at us as an insurmountable obstacle. Beyond the ocean, at a distance of 100 *yojanas* is the kingdom of Lanka where Mother Sita is imprisoned. The future course of action shall be decided by our leader, Crown Prince Angada.

**Angada:** There seems to be only one feasible solution to this problem. One of us has to cover the 100 *yojanas* in a single jump, confront the wicked *Rakshasas* and bring tidings of Sita for the Lord. Venerable Jambavan, you are the eldest among us. You have circumambulated the glorious form of the Lord in the Trivikrama form. 100 *yojanas* is a mere footstep for you.

**Jambavan:** The invisible tides of time have sapped away the huge reserves of energy that I have harboured in my



earlier days. With a supreme effort, I can cover only 90 yojanas nothing more.

**Angada:** *O vanara veeras* (mighty monkeys), come forth with the assessment of your strength so that we can pick the right person for the enterprise.

**Nila:** Prince! I can jump at the most forty *yojanas*, not a finger-breadth more.

**Nala:** With all the strength that I can summon and the winds in my favour, I can definitely do a sixty.

**Angada:** Then, I, Angada, son of Mahabali Vali shall cross this ocean and carry out the task. Though I have a doubt as to whether I will have enough strength to come back, I am ready to take the risk.



**Jambavan:** No, Angada. You are the Crown Prince and you cannot go into the domain of demons. That's against the canons of royalty. You have to delegate the task to any of your servants who are eager to do your bidding.

**Angada:** Fate is playing a cruel game with us giving a ray of hope in the beginning and suddenly plunging us in the darkness of despair.

**Jambavan:** Do not be disheartened, Angada. The ever merciful Lord who lays down the mission will even give us the strength to fulfill it. I know the one person who can undertake the task set by the Lord. [Moves towards Hanuman] Anjaneya! You will have to cross the ocean and finish the assignment given by Rama.

*[Hanuman gives a puzzled look and remains silent]*

**Angada:** Yes, Hanuman. You are the right person for the job. With your intelligence and diplomacy, you established the friendship between Rama and Sugriva. Now, use the same skills to deliver Rama's message across the ocean.

**Jambavan:** Shed the cloak of meekness and rediscover your might. Remember! A single leap was all it took for you to reach the Sun, and a single leap is all it will take to reach Lanka. Recollect the various boons and powers bestowed by the *Devas* (gods). It is time they be put to use for the *Rama Karya* (mission). Arise, Awake! The garland of victory is waiting on yonder side to adorn your neck.

**Hanuman:** *O Vanaras* (monkeys)! By the power of His name, I shall carry out His command. The glory of His form enshrined in my heart will give me the means to carry out the Lord's wish. Sing His praise as you await my return. Jai Sri Ram!





All: Jai Sri Ram!

#### SCENE 4: Hanuman in Ravana's Court

**Narration:** Hanuman leaped towards Lanka facing the various barriers with confidence and aplomb. Driven by the Lord's grace, he overcame the various hindrances, and finally succeeded in the search for Mother Sita. Hanuman fought till the very end confronting even Ravana in the process.

*[Ravana is seated on the throne and Hanuman is dragged by Indrajith to the court]*

**Meghnad:** *Pranams Pitashree* (salutations o father), I have captured the impudent, insolent monkey that dared to enter Lanka and destroy the Asokavana.

**Hanuman:** Captured [gives a slight laugh] I have come by my own will to your court. [Breaks the bonds and continues]. It is my reverence for *Brahmastra* and not your son's valour that had allowed this little meeting to take place.

**Meghnad:** For the vanquisher of Indra, a monkey is child's play. I was only trying to capture you alive as per the word of my father. Or else...



**Ravana:** Meghnad. Alright, *vanara*. Give us your introduction. Why have you come? Why have you wrecked our garden and killed our soldiers?

**Hanuman:** *Dasoham Kosalendrasya...* I am Hanuman, the servant of Lord Rama. I have come as His envoy to deliver His message. After a long and tiresome journey I was hungry. I shook the trees to relieve them of their

fruit and some of them got uprooted. Then, your soldiers attacked me, and I had to slay them for self-defense.

**Ravana:** You can deliver the message from the grave, for that is where you shall go for killing my son. Guards, execute him immediately.

**Prahasta:** Tarry a while, Lord. Let us first hear the message that the mortal sends to the monarch through this monkey. That may help in the future course of action.

**Ravana:** So be it! Monkey, come forth with your plea.

**Hanuman:** Pleas and requests are for my master. For you it is just sermon. Born in the noble line of Pulastya, do not tarnish it with this single sin. Return Mother Sita and crave forgiveness at the feet of Rama. The ocean of compassion will definitely pardon you. On the other hand, if you remain a slave of desire and decline to return Mother Sita...

*[Poem which describes the doom that is likely to befall on Ravana]*

Remember Ravana! The march of the monkeys shall shake the foundations of your empire. The twang of Rama's bow will fill your hearts with fear.



**Ravana:** You ignoramus! You dare to threaten me in my court!

*[Poem that describes the valour of Ravana]*

The utterance of my name and vision of my form causes the three worlds to tremble. The head that lifted Mount Kailasa touching the feet of a mere mortal! Impossible.

**Hanuman:** If you remain obstinate, Ravana, that very head shall roll by the power of Rama's arrow. Why do you want to turn Golden Lanka into a graveyard? Why do you want to convert glory into infamy?

**Ravana:** Your articulation amuses me a lot. So you mean to suggest that an army of monkeys led by a mortal will defeat the conquerer of *devas*. [laughs] *Mukkoti cheyanidi Koti chesthundata...*

**Hanuman:** You want to know what a monkey can do?

[Poem]

Understand Ravana, the secret behind the success and the mystery behind the might of the monkey. It is all due to the grace of Rama. Surrender at His lotus feet and seek the umbrella of His divine protection.

**Ravana:** If Rama, in the remotest possibility, does plan to attack Lanka, it is my protection that he will need.

**Hanuman:** Your arrogance degrades your achievements, be happy that your death is written on Rama's arrow that shall tear your bowels and free you from the cycle of birth and death.

**Ravana:** Your tongue seems to be longer than your tail, Hanuman. Every utterance of yours is taking you closer to doom. Remember that you are now living on borrowed breaths. You are strong at heart for you are able to bear the roar of Ravana and yet remain alive. A gesture is all it takes to send you to *Yamaloka*.

**Hanuman:** I request you to take a trip of the Ashokavana. You will be able to see that I had facilitated Yama's meeting with many of your minions.

**Meghnad:** You are wasting your valuable time on this monkey, my lord. Give the execution order immediately and finish him.

**Ravana:** Rightly said. Meghnad, Kill this *vanara* and avenge the death of your brother.

**Vibhishana:** Brother, I beg to differ. An ambassador must not be killed according to the code of conduct laid by kings.

**Prahasta:** You mean to say that an ambassador comes to our kingdom, destroys his majesty's favourite garden, kills the dear son of our emperor, and we have to treat him like an honourable guest.

**Vibhishana:** It may be a mistake. But that does not authorize us to commit the same mistake. An ambassador is a guest to our kingdom and must not be harmed.

**Malayavan:** I agree with you, Vibhishana. A messenger cannot be held responsible for the intention of the message he delivers. Besides, when Hanuman goes back to Rama, he will describe the glory of Lanka and the might of its army. That may dissuade Rama from leading the army.

**Prahasta:** Agreed, that he cannot be killed but definitely he can be punished. Let them see the maimed monkey entering their camp and they shall think twice before trying to come for war.

**Ravana:** *Mmm...* The pride of a monkey lies in its tail. Let the tail of the creature be put to fire. The shrieks and jumps of the monkey will provide a good entertainment to the citizens.



**Hanuman:** Ravana, you are putting fire not to my tail, but to Lanka itself. It is said, *Vinasha Kaale Viprita Buddhi* (When the end approaches, the mind loses its moorings). Brace yourself Ravana, for the beginning of the end. ■

*(To be continued)*



## IN QUEST OF INFINITY - Part 28

By Prof. G. Venkataraman

(continued from previous issue)

**L**oving Sai Ram and greetings from Prasanthi Nilayam. I hope you are surviving, just as I am! More than merely surviving, I do hope you are keeping track of this rather wild and dizzy tour I have been taking you through. Maybe, I should pause for a moment and review where all we have been.

### The Legacy of Forgotten Stars

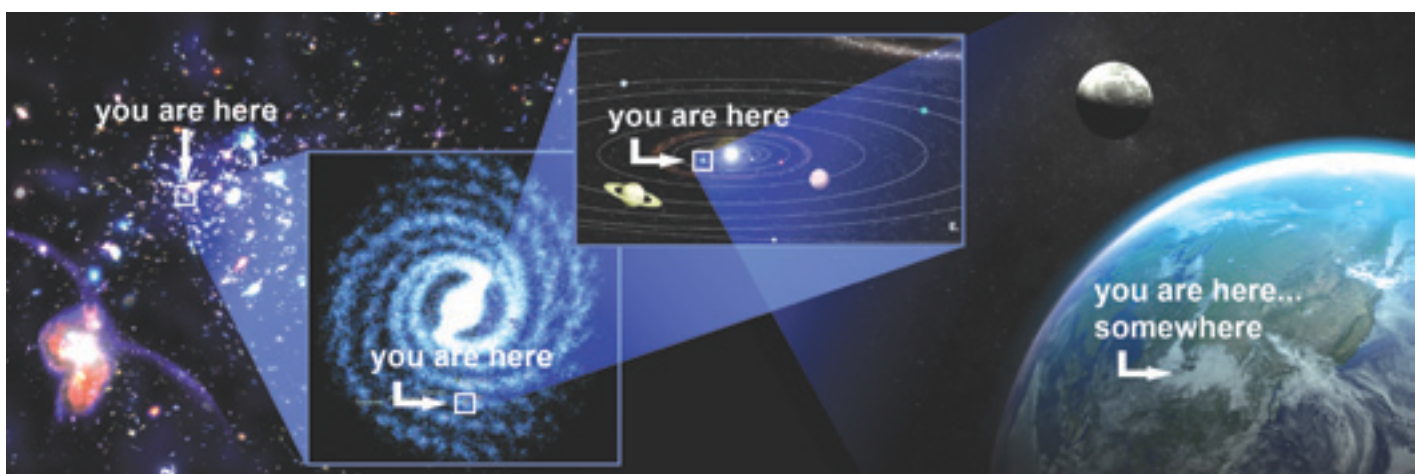
To start with, we started on a grand tour of the sky, that took us all over, past stars, galaxies and what not. We then tried to learn something about what makes a star shine, that is to say where its energy comes from. Having learnt something about that, we then asked: "What happens to a star when it runs out of the fuel it is burning in order to shine?" Well, it dies; but interestingly, the story does not quite end there, and that took us to the story of the rebirth of a dead star, and its going through many cycles of birth and death.

OK, but why do stars have to do it? What is their Karma? The answer is: "Stars have no Karma but they go through repeated cycles of birth and death so that they can cook various elements in the periodic table, all the way to iron." What for? That is a question we really ought not to ask for if there was no iron cooked in stars billions of years ago, we would not have any iron on earth. Just think of how life would be if there was no iron. Do you realise that body of your car is largely made of steel?

Do you realise that the huge ships that carry oil and cargo and ply across the oceans in hundreds of thousands are all built of steel? That every railway engine also is built of steel? That without steel, we would have a big problem cutting vegetables?

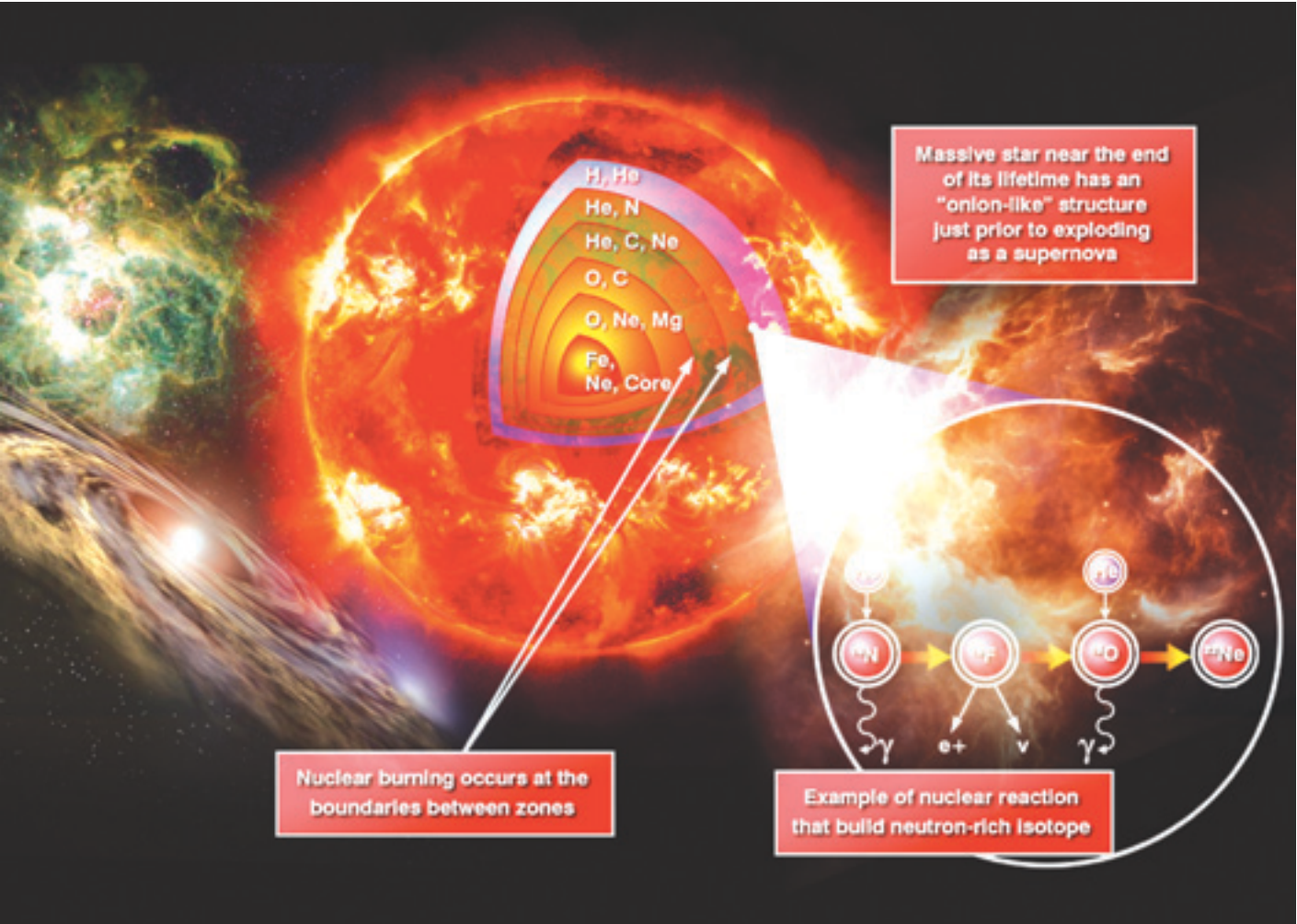
So, a kind God, made stars work for us, so that we, coming late in the life of the Universe, can have not only iron but also silver, gold, uranium and such other precious metals. But wait a minute; these heavy elements like gold cannot come out of the cooking going on inside stars for stars cannot produce anything heavier than iron by the cooking process. That precisely is where the final collapse of the star comes into the picture. Remember I told you that there comes a stage when the star gets tired of the cooking business and quits? What happens then?

Well, when the fire inside goes out, the star begins to cool. And with no radiation pressure driving the outer skin outwards, the star yields to gravity and begins to massively collapse. Here, depending on the mass of the dead star, we saw that there could be three scenarios. First was that the corpse shrinks and shrinks and ends up as what is called a White Dwarf. This happens if the mass of the dead star is less than 1.4 times the mass of our Sun. What if the mass of the star happens to be greater



The ever amazing universe in which earth is only an infinitesimally small particle and we are almost negligible...





The Sun which burns itself out every moment to sustain the solar system

than 1.4 times the solar mass? That said young but brilliant Chandrasekhar way back in the thirties, was a mystery.

Subsequently, that mystery was solved. For dead stars with masses greater than 1.4 times the solar mass, one option is to undergo a supernova explosion followed by a collapse of the core into a neutron star. While the latter usually shows itself up as a pulsar, the stupendous explosion that we call supernova is what produces silver, gold, mercury, uranium etc.

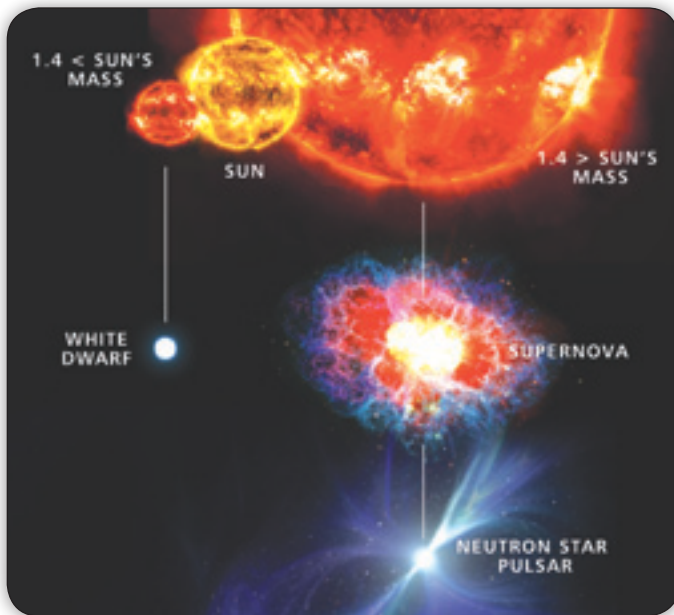
All of which implies that our solar system was born out of some star that exploded way back, donating to our solar system some of its treasures in the form of iron, silver, gold etc. You know, just so that we can have ships, jewels, and nuclear power plants, God made the stars do so much for us for so many billions of years! Have you ever thought of that? Just to complete the story of the final collapse, we also saw that very heavy corpses end up as Black Holes, some of which then become indescribably powerful gravitational engines driving

quasars and such astronomical objects. Lots of incredible things going on out there, all due to the Infinite God in quest of Whom we are.

So, where exactly is this Infinity? Once in a while, I have asked this question, only to dodge it and take you on a side tour. One of the important side tours I took you on in this manner was into the world of the atom and the nucleus. That was because in a rather amazing way, inside the nucleus is buried the entire gene of the whole Universe! This then led us right up to the Big Bang and what is supposed to have happened immediately thereafter. I even briefly discussed what might have existed before the Big Bang, from a physics point of view that is.

All this kept us very busy with what might be called inanimate entities. OK, but where do we human beings, with life, consciousness, awareness and all the rest of it, fit in? That is what I have been trying to deal with during the last two or three issues and we came up to the point where I said: "Listen, before Creation, there was Pure Consciousness. That is the real Mother of our Universe. If





we choose to refer to that Mother as God, then obviously Pure Consciousness must be God; Vedanta emphatically proclaims that it is indeed so (*Pragyanaam Brahma!*); which means, that our Quest for Infinity has brought us right up to the doorstep of *Vedanta*.

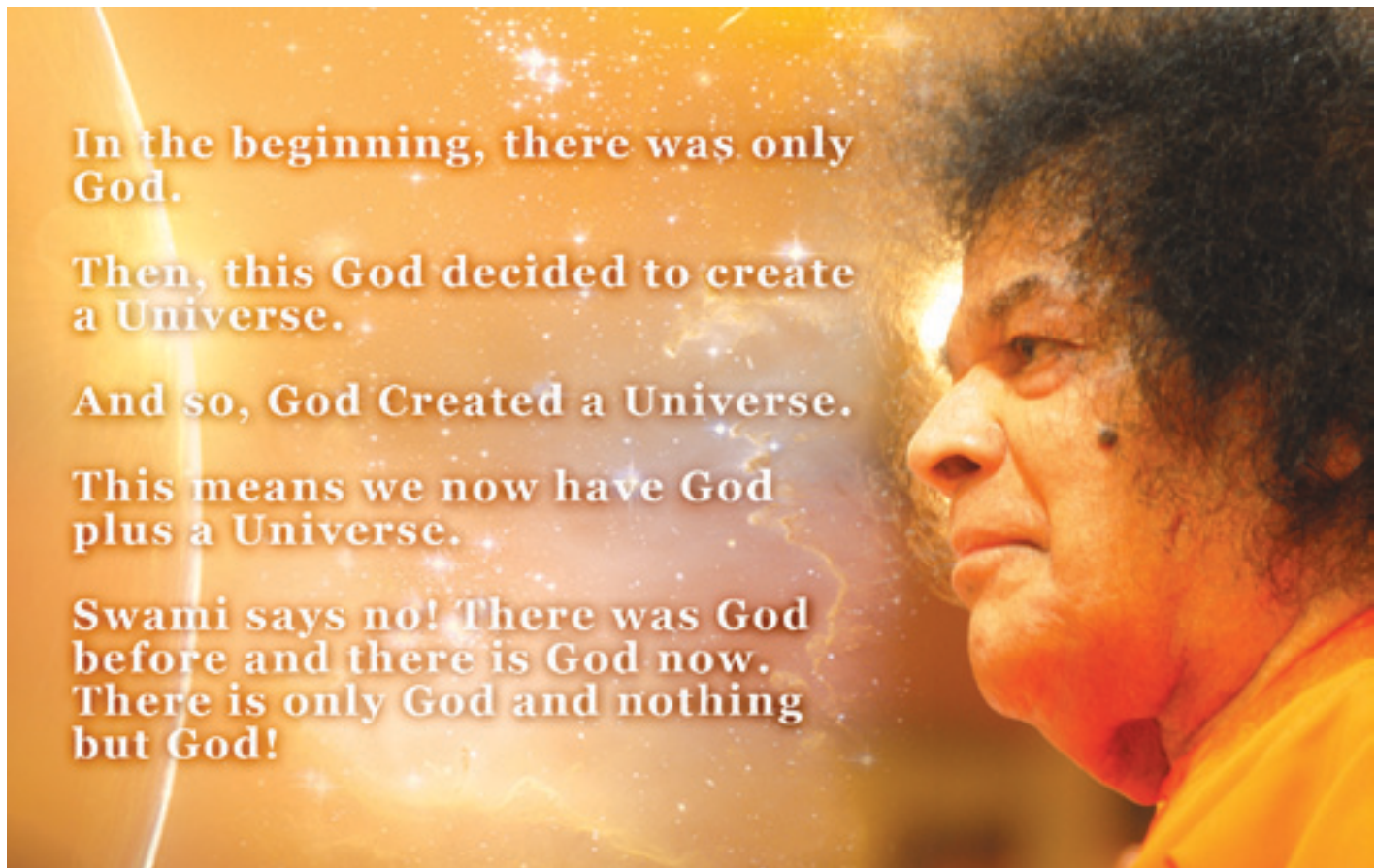
### Looking for God

So what do we do next? Go and buy a copy of Bhagavad Gita and pore over it? Will that bring us face to face with Infinity? Not necessarily. In fact, we do not have to do all

that I just suggested! Instead, all we have to do is pay serious attention to one key sentence used by Swami from time to time. What is that key sentence? Let me introduce that to you by recalling what happened one afternoon here in Prasanthi, many years ago. That day, Swami was to give a Discourse, and as always, He asked someone to speak ahead of Him. The person who was chosen began with such questions as: "Who is God? Where is this God?", and so on. Good rhetoric and it sure caught the attention of the huge audience present.

When Swami began His Discourse, He literally dropped a bomb! He said, "**The person who spoke earlier asked various questions. All these are meaningless questions.**" We were all stunned; at least I was and I began to wonder, "What does Swami mean?" I did not have to wait long, for almost the very next moment Swami said – and this is the key sentence I mentioned earlier – Swami said, "**There is only God and nothing else, everywhere, in everything, and at all times!**" That sentence got permanently etched in my memory and that is what I am going to elaborate on next.

If we reflect carefully then what Swami said can be restated as follows:



1. In the beginning, there was only God.
2. Then, this God decided to create a Universe.
3. And so, God Created a Universe.
4. This means we now have God plus a Universe.
5. Swami says no! There was God before and there is God now. There is only God and nothing but God!

That of course makes our head spin wildly and we have got to figure this out. But before we do that, let me recall another Discourse one rather hot afternoon, many years ago. I remember it very clearly. Swami was speaking about Universal or Pure Consciousness and repeatedly hammering into our thick skulls that everything is nothing but Consciousness. And then, suddenly He waved His hand and created a lemon, a nice, fresh, bright yellow lemon. There were of course the usual oohs and aahs, as Swami held up the lemon and everyone craned his or her neck to catch a glimpse of it. Swami then said slowly and emphatically, **"All of you think this is a lemon. Indeed it is so from a worldly point of view. However, in terms of Vedantic Reality, this is nothing but Consciousness appearing as a lemon!"** That was His way of reinforcing at that moment that the diversity that we think we see is really God and that indeed the Universe is only God and nothing else.

That said, the empirical reality of the diversity that we see, touch and experience all the time is extra-ordinarily powerful. So powerful it is that it makes us forget the True Reality behind it, just as all of us saw only the lemon that afternoon and not the Consciousness that lay behind it. *Vedanta* no doubt says [as Swami reminds us often] that behind the "seen" lies the Unseen which is the basis of everything animate and inanimate, and is the True Reality. We of course find it very, very difficult to accept that, which is not at all surprising. Even the great Vivekananda found it difficult to swallow, at the time when as young college student named Narendra, he was frequently going to have the darshan of Ramakrishna Paramahansa. This is what he said later, recalling an incredible experience he had at that time:

**One day, in the temple garden at Dakshineswar, Sri Ramakrishna [Vivekananda's master as many readers might know] touched me over the heart, and first of**

**all I began to see the houses – rooms, doors, windows, verandas, the trees, the sun, the moon all were flying off, shattering to pieces as it were, reduced to atoms and molecules and ultimately became merged in the *Akasha* [sky/ether]. Gradually the *Akasha* too vanished, and after that my consciousness of these ....what happened next, I do not recollect. I was at first frightened. Coming back from that state, I began to see the houses, doors, windows, verandas, and the other things. On another occasion, I had exactly the same vision by the side of a lake in America.**



**Swami Vivekananda**

If you read Vivekananda's writing, there is in fact a graphic description of what happened before this extraordinary experience. Young Narendra describes how while walking towards Dakshineswar, he was talking to himself expressing deep doubts about his master's teachings that everything was the Self or the *Atma*. I remember reading his touching a fence and saying mockingly, "This is supposed to be *Atma*!" He then kicks an iron gate or something and as it hurt his foot, he said once more in disbelief, "How can this gate which just hurt me, be the *Atma*!" Swamiji adds that perhaps his master suddenly gave him that incredible experience merely for his prospective disciple to know that the *Atma*



was for real; and that is the Infinity we are after. We looked for it everywhere, thought we missed it, while Swami is telling us, "Listen you fool, there is only Infinity and it is everywhere, in you, above you, below you etc."

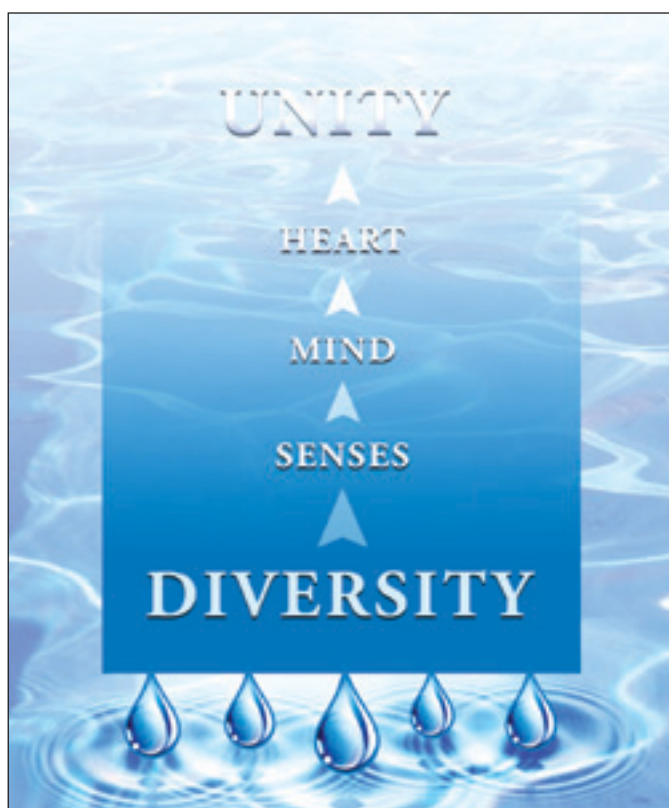
More about this soon but meanwhile let me mention that the lake where Swamiji had this incredible experience for a second time is, I believe, in upstate New York. I recall visiting that region way back in the summer of 1958 when I made a brief visit from Canada. I saw Lake Placid, and that region is indeed one where a highly spiritual person can go into a trance. I am told that near this particular lake that Swami refers to (I believe it is not Lake Placid but some other lake near it), there is in fact a small plaque referring to this visit of Swamiji.

### Why We Are Fooled

Let us get back to the fundamental question, which is: "If everything is indeed Infinity, that there is nothing but Infinity, and we who believe we are particular individuals [as stated in the business card if we have one – I do not, by the way!] then how come we do not know we are Infinity and that it was in fact foolish to set out on a Quest for Infinity? Have I, in collusion with H2H, taken you for a ride? Have I, like the proverbial trickster, sold you a lemon [which, by the way, is also Infinity!]? What is going on? Some serious explanation and discussion are called for.

If I get back to what we were discussing, it all boils down to: "How do we see Unity in the diversity that surrounds and overwhelms us?" The answer is simple. We see diversity in Divine and Cosmic Unity because we are using our senses and the Mind. As Swami has reminded us many times, both these are **below** Creation. If we have to see Unity in diversity, then we have to go **above** the senses and the Mind to the Heart. In practical terms, what does that mean? Before dealing with that issue, a simple discussion about how the senses can mislead.

It is a common fact that no matter how spiritual we may claim to be, we are in fact, strongly attached to the body, and that is because we think, as Swami tells us, that we **ARE** the Body. But do we realise that contrary to our belief, in a sense there is really no sharp boundary between our body and the rest of this planet? You think I have gone bonkers? Well, consider what follows in that case.



In order to see the Unity in the diversity that surrounds us, we must move above the senses and mind, to the heart

### Atomic Connections

We start with the question: "What is my body made up of?" This is an enquiry about ourselves at the gross level, and that is why we are bringing the body here. The simple answer is of course that our body is made up of atoms, mostly hydrogen, quite a bit of oxygen and carbon no doubt. Then there are vital necessities like phosphorous, calcium, sodium and potassium [widely prevalent in the heart], iron [playing a central role in haemoglobin, a crucial constituent of the blood] and so on. There are also what are called trace elements, that are present in very tiny quantities, so small that till the advent of high-resolution spectroscopy, their presence in the body was not even suspected.

OK, we can make a distribution plot and say how much of each of the elements of the periodic table is present in our body. By the way, some rather interesting studies have been done in this area. There is a man in the US who regularly gives blood and tissue samples to a research lab and has been doing so for years. After carefully analysing these samples and comparing them with samples available from say around 1900 or so, scientists find the following:



1. These days, many elements are found in the human body that were not found before, i.e., in samples going back to 1900 or earlier.

2. The quantity of these new elements found is found to be increasing in some cases.

After many further studies, scientists have concluded that some of these new elements have begun entering our body on account of our extensive use of new products and change in life style. I mean in this space age, we are using all kinds of products for all sorts of things. Suppose we drink plenty of soft drinks. Then all kinds of stuff enter our body from the paper cup or straw may be. They could even originate in the water, which these days has all sorts of elements, thanks to ground water pollution. Anyway, that is a different matter altogether, and the point I presently want to make is that our body is simply made up of all kinds of atoms, making their entry from all over the place.

Next, consider a new born baby. Its weight is small, as is to be expected. Ten years later, this baby boy is now an ugly fatty! So much weight! Weight means mass and mass means lots and lots of atoms. So, where did all these atoms come from, and how did they get into the body? That is an easy one. Most of the atoms in our body come from what we eat and drink. And some of it comes from what we breathe. There could be the occasional other sources also, like organ transplant or even a simple blood transfusion. Good, this we understand, namely how atoms come in.

What about atoms going out? There are many ways for atoms to exit, all the way from the excreta to a hair cut and the air we breathe out. There are many other ways we hardly ever think of. When we cut nails, we are losing atoms. When we rub our hands, we lose a lot of cells and loss of cells means loss of atoms. If we get injured and we lose blood, once again there is a loss of atoms, a serious loss it might turn out to be. Surgery also takes out atoms, sometimes in a rather drastic manner of course.

Now the reason I am mentioning all this is simply to stress the following points.

- **Although we imagine there is a skin that forms the formal boundary of our body, that boundary does not diminish the strong linkage between our body and the rest of the planet.**
- **In fact, thanks to recycling and all that, a particular carbon atom in my body might have resided a long time ago in the body of a dinosaur!**
- **Not only that. Since every atom on planet earth came from a long extinct star, we are not only connected in a sense to all the planets of the solar system and indeed the sun itself, but our galaxy as a whole.**
- **In fact, going back in this manner we can trace our linkage right to the Big Bang.**
- **What is even more amazing is that all the forces that govern the entire Universe are deep within us, in the nucleus of every atom of our body.**



The first planets, dinosaurs and people are all made from the same cosmic soup of atoms



What it all means is that if for a moment we stop being wrapped up in our utterly trivial egos, we can see that all of us are not only connected to each other, but to everything in this Universe. It is indeed a staggering thought, but do we ever bother to think of it?

Hardly ever. The point is that if we fail to see how we are all connected not only to each other but to the entire Universe at the material level, how would we ever be able to see our immanent Unity at the Cosmic and Divine level?

### The Evil within our Minds

So, it all boils down to this. **We allow our senses to dominate, and egged by the agents of evil who hide in the crevices of the Mind, we allow the Mind to be a slave of the senses. The evil agents then use this slave to implement their agenda in the wide world.** How do we know all this happens? Well, look at conflicts and wars, for example. Wars may be fought between countries but as someone said, every war is born in the Mind, the Mind of one evil person who spreads poison all round, or a group of like-minded evil persons, all of whom suffer from the same deadly mental infection.

Let me give a graphic example. The First World War [1914-1918], often called the last gory trench war, was really horrible. Millions, yes millions died in the trenches of France, but mercifully civilians were not killed in millions. Germany lost, surrendered, and later a Peace Treaty was signed. Was it really a Peace Treaty? No; it was a document that was so full of insult and humiliation [to the loser, namely, Germany] that right away it sowed the seeds for the next war, World War II which broke out, though in a limited way, as early as September 1939. And when it ended in 1945, the death toll exceeded fifty million I believe, a substantial number of those killed being civilians. For the first time, war meant death not only to soldiers but to civilians as well, in fact in greater proportion.

Once more the leaders scratched their heads and created an international institution to prevent further wars. Never again war, they all said, and thus the UN was born amidst great hope. What happened? There was tension once more very soon, and this time it was a Cold War instead of a hot war. But that did not prevent wars. There were many, but fought on the sidelines, like the Korean War, the Vietnam War, and so on. What prevented

a massive nuclear catastrophe was MAD, the fear of Mutual Assured Destruction, as used to be said by political commentators.

Luckily, sense prevailed and in 1989 I believe, Ronald Regan and Gorbachev signed several treaties to scale down the inventory of deadly nuclear weapons and missiles. Shortly thereafter, the Soviet Union itself collapsed and overnight as it were, communism disappeared in Eastern Europe. There was cheering everywhere, and it seemed that at last, confrontation had disappeared in substantial measure from the face of the earth. But can it, if Ego continues to rule?

### Experiencing Infinity

You might, at this point, wonder: But what has all this to do with our Quest for Infinity? The answer is simple:

**Our objective was flawed to start with; there is really no need to go in search of Infinity when it is everywhere and within us. Our objective must have been to EXPERIENCE the Infinity that is already everywhere, including within us.**

In fact, we were really wasting our time! I deliberately made all of us waste some time just to drive home the point that what we do is mostly to waste our time, even though we may think we are sending an urgent tweet or whatever. OK, we were after a wrong goal; we should have spent time to experience Infinity rather search for it. But why is this also not a waste of time? Why is this being rated as so very important? The answer is simple.

**If at least a critical number of us experience this Infinity that is within us and all around us in the real sense of the word, then such people getting together can really do something to solve the seemingly insurmountable problems that humanity now faces. That is the reason Swami wants all of us to experience Infinity.**

I realise all this might seem very fuzzy, vague and not convincing at all. I fully appreciate that. But don't worry; next time, I shall address all that fuzziness and vagueness. Meanwhile, I think I have given you enough to think about!

Take care, and will be with you again next month. All the best till then, and Jai Sai Ram. ■

*(To be continued)*



## A UNIQUE AND FRESH PERSPECTIVE ON UNITY OF FAITHS

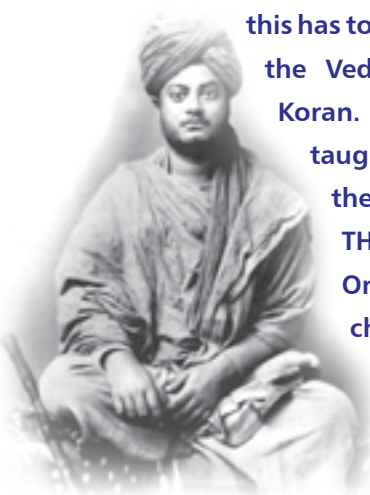
- By Prof. G. Venkataraman

**T**his is an article prepared in connection with the Conference on Unity of Faiths, organised by the Sri Sathya Sai International Centre, New Delhi, held in July 2009.

**We want to lead mankind to the place where there is neither the Vedas, nor the Bible, nor the Koran; yet**

**this has to be done by harmonising the Vedas, the Bible and the Koran. Mankind ought to be taught that religions are but the varied expressions of THE RELIGION, which is Oneness, so that each may choose the path that suits him best.**

**-Swami Vivekananda**



The subject of Unity of Faiths is traditionally discussed mainly by religious scholars on the one hand, and academics [especially sociologists] on the other. While the focus of the former community is largely on theological issues with emphasis on the common aspects, academics concern themselves with how religions either promote values in society leading thereby to social benefits, or polarise it sharply, resulting, in extreme cases, not only to riots but even armed conflicts, war, and lately terrorism.

In this article, I wish to consider the topic at a somewhat higher and trans-religious level, drawing special attention to the fundamental nature of the human Spirit which, in some sense or the other, is the starting point for all religions [whether that fact is explicitly acknowledged or not]. And the reason for this unconventional approach is that based on the teachings of Sri Sathya Sai Baba, I am convinced this is the best way of finding solutions to very complex problems that face society/humanity today. In brief, the stress would be on core or fundamental values that truly define the nature of a good human being; indeed, these values are not only common to all religions, but are embraced [to some extent at least] even by those who claim to be atheists.

### The Overriding Moral Law and its Absolute Nature

I shall begin by recalling a remark that Gandhi made in 1932 in England, while he was visiting that country for participating in the Second Round Table Conference. The remark being recalled is part of a special Spiritual Message to humanity, recorded by the Columbia Gramophone Company. In the course of that Message, Gandhi said, **"There is a Moral Law governing the Universe."** These days when relativism is often the core ideology driving many [especially the young], the existence of an Eternal and overriding Moral Law is often superciliously and even contemptuously dismissed by most intellectuals, a phenomenon referred to by Pope Benedict as the 'tyranny of relativism'. On the other hand, not only have people all over the world and belonging to diverse societies and cultures maintained balance for thousands of years by leaning on this Moral Law, but even Courts have acknowledged its existence.

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For example, in a famous case against a leading politician who was accused of engaging in illegal land deals while in power, the Supreme Court of India said in its judgement that **while the Court could not find the defendant guilty under any provision of the law, she was not exempt from answering her own Conscience.** That, in a sense, explains what the Moral Law is all about, and who administers it. **In simple terms, the so-called Moral Law is an immutable and eternal guiding principle, based on core values [mentioned earlier], that is unchanging, applicable to all, and under all circumstances – there are no exemptions for anyone, anywhere and at any time period.** Clarifica-



tions regarding this Moral Law [which clearly is a transcendental principle] are provided by the Conscience. In practical terms, this means that whatever one does, one must always be guided by one's Conscience. That this is a universally acknowledged dictum is evident from Shakespeare's famous remark, "Above all, to thine own self be true!"

### The Universality of the Moral Law

It is important to appreciate that the Moral Law is the same for all human beings, no matter what their race, religion, colour, social status, or whatever. The question may be asked:

**It is said that one must seek guidance from one's Conscience while trying to navigate through life with the help of the Moral Law. But the Conscience of different people could speak with different voices. In which case, how can one speak of the Universality and the unchanging nature of the Moral Law? Given the fact that people are so different from each other and that Time produces its own change in social perspective, it appears that after all it is relativism that is meaningful and not any kind of absolutism.**

This precisely is where Baba's teachings assume importance. His Message can be paraphrased as follows.

- All religions are unanimous in declaring that God created the Universe and everything in it, including humans.
- Therefore, all humans are the children of the **same** God. In other words, there is only **one single Universal Father** for all.
- Just as humans inherit a biological gene from their parents and ancestors, **all children of God inherit from their Universal Father, an aspect of Divinity**, which, for convenience, could be called the Divine Gene; Baba often refers to this as the latent Spark of Divinity.
- How do we know we have latent within us such a Spark of the Divine? **Because everyone without exception is capable of resonating with the beauties of Nature which reflect the Glory of God, everyone can love other beings** in some manner or the other [even a hard core terrorist might love his dog dearly!], and everyone can and does show compassion in some form or the other at some time or the other, and so on.



- In other words, there is no person on earth who is **totally** devoid of the Divine Spark. At the same time, it is an empirical fact that some people end up almost like the devil, the classic example of course being Hitler. How come there arose a Hitler when even he was supposed to have the Spark of the Divine within him?
- That is due to contamination of the Mind, caused by ego operating in various devious and dangerous ways. In other words ego, which is largely the result of excessive body-consciousness, leads in turn to undue preoccupation with the pursuit of sensual pleasures and worldly attractions of diverse nature. The cumulative effect of all this is to generate a huge chatter by the Mind [in the form of undesirable thoughts] that masks and drowns the Voice of Conscience speaking from within. In turn this implies that purity of thought, word and deed has to be constantly maintained, if one wishes uninterrupted contact with the Conscience.
- Since the Voice of Conscience is nothing but the Voice of God speaking from within, and further, since there is only one God, **Conscience, by definition, has to speak with the same voice for all people**, no matter to what religion the person belongs, indeed even if the person does not formally believe in a God.
- If people think they hear several voices from within, it is merely a trick played by the ego, which if unchecked, can, as just pointed out, drown the Voice of Conscience.

It is for this reason that Baba often says:





1. Follow the Master; your Conscience is your Master.
2. Face the devil [meaning, confront squarely the evil tendencies within you].
3. Fight to the end, and
4. Finish the game!

### **Rising From the Individual to the Collective Level**

At this stage, it is necessary to raise the discussion from the individual to the collective level, on account of the heavy connectivity of modern society. Whereas in the very early days humans roamed and lived largely as primitive individuals, preoccupied mainly with their own particular survival problems, in later times, the stratification of society compelled the emergence of such institutions as communities, tribes and even small kingdoms. Thus, mutual co-operation and collaboration became a part of social existence, although the level of such positive interactions was not always steady. For example, people did come together at the time of birth and death, marriage and various other festivals and when facing danger either from other communities or due to natural calamities. At the same time, mutual rivalries also arose frequently, leading to clashes between tribes, and even countries, sometimes for as long as a hundred years [the protracted conflict between France and England during the eighteenth and nineteenth centuries being one famous example].

[Baba] says that there is a powerful and profound parallel between the human body and human society. At the level of the micro, the individual cell and the individual human being form analogues, while at the macro level, the body and human society as a whole form the counter parts. Baba adds that just as there is a [complex] synergy between the cell and the body, so also, there is a comparable synergy between the individual and society.

Two brutal wars fought in the 20th century made humanity come to its senses and create the UN, besides solemnly resolving that no more such wars would be fought. Yet the record shows that since the end of World War II, the number of people who have died as a result of various wars, genocides, protracted armed conflicts, terrorism, etc., has almost reached the number of deaths during the two World Wars. In fact, it is estimated that during the late sixties and early seventies, more bombs were dropped on one single country [Cambodia] than was done during the Second World War, an "achievement" that was entirely the result of vastly superior military technology.

This raises the question:



In earlier times, spiritual and religious teachings largely focussed on transforming individuals and elevating them to be good children of God. Is that enough in this day and age, or is something more needed?

In my opinion, this critical issue is not receiving the attention it merits, except from Bhagavan Baba. The reason why Baba lays heavy emphasis on this matter has been explained by Him. He says that there is a powerful and profound parallel between the human body and human society. At the level of the micro, the individual cell and the individual human being form analogues, while at the macro level, the body and human society as a whole form the counter parts. Baba adds that just as there is a [complex] synergy between the cell and the body, so also, there is a comparable synergy between the individual and society.



Just as healthy cells are required for a healthy body, individual character is important for a healthy society

Going one step further, Baba tells His students that just as the body cannot be healthy while the individual cells are rather sick, so also, **unless there is individual character, there cannot be any character in the Nation as a whole.** In other words, the Moral improvement and advancement of the individual and society as a whole are inextricably tied together; it is thus not possible to have just one and not the other.

The above statement, while appearing trivially obvious, is nevertheless universally ignored, almost to the point of courting disaster. It is pertinent in this context to mention that the National Motto *Satyameva Jayathe!* [Truth alone triumphs] is hardly ever referred to in our schools; as a result, millions and millions of our students go through not only school but also the university, without hearing the word Sathya even once! If Truth which is the

foundation of honesty, integrity and good character is hardly mentioned in schools, and education is regarded as mere training for the workplace with no responsibility whatsoever for the development of character, it simply means we are in free fall!

These days, polls show that people have come to believe that corruption is something one has to live with and that nothing can be done about it. Can a society ever survive if corruption becomes endemic? It is like saying one can live with cancer and simply ignore it! Corruption is not merely the taking of bribes by officials for doing a job that is actually a part of their duty [like issuing a birth certificate, for example]. Rather, it is largely about cheating. Once one grants the license to cheat, the virus of deception would automatically spread like wild fire to other areas like the manufacture of fake drugs [which, by the way, is not something where the Government alone can be blamed] or the massive adulteration of milk with melamine, as happened in China. Can one really be in equilibrium with such criminal and widespread malpractices? Clearly not, which is why Baba has not only made character development the core agenda of His educational institutions, but also constantly advises His students to get actively involved in serving Society, in all manners possible.

In passing, it is pertinent to mention that while in ancient societies the duties and responsibilities of the individual always came before claims to rights of any sort, in modern times the concept has been literally turned on its head, with everyone clamouring for his or her rights, totally unconcerned about who then would “carry the buck”. This “triumph” of extreme individualism has become possible thanks to a vast and powerful coalition of diverse vested interests, that have, by harnessing the Media, managed to dull people’s capacity of discriminatory listening, discriminatory viewing and arriving at conclusions based on deep personal enquiry.

Karl Marx famously declared that religion was the opium of the masses; he was of course wrong. However, today, the “Market Place” has come up with a real and most potent opium in the shape of 24 hour media-blast, drug-ging people with instant and ready-made advice, opinions and choices! **As Bhagavan Baba tells His students, people these days are made to see through the eyes**



The Media actually deny individual freedom by distorting one's ability to effectively discriminate and accept responsibility for actions of others [read TV], hear through the ears of others [read radio] and think through the minds of others [expert opinions dished out non-stop via every conceivable arm of the Media, including the internet].

It is time to break these shackles, and the starting point has to be a return from a culture of rights to the age-old tradition of duty and responsibility. This is not an easy task and is literally like moving a mountain. A mountain might seem impossible to move but immediately after discovering the principle of the lever, the great Archimedes declared, "Show me where to anchor my lever and I shall move the moon itself!"

It is time to break these shackles, and the starting point has to be a return from a culture of rights to the age-old tradition of duty and responsibility. This is not an easy task and is literally like moving a mountain.

Translated to our situation, what this means is that if individuals first commit themselves to a path of purity and responsibility, and thereafter cohere together, especially in large enough numbers, they can not only move mountains but also bore through it, just as a laser which is the epitome of the principle of coherence, can cut through as much as ten to twelve centimetres of steel!

## Seeing Cosmic Unity and Purpose in Diversity Rather Than Diversity in Unity

The following points emerge from the above discussion:

- Although humans tend to differentiate themselves in terms of sects, tribes, communities, nationalities, race, religion, etc., the fact is that even from a scientific point of view, they belong to **one** species called human, with distinctive genetic characteristics [no doubt somewhat different from that of the lower species].
- Nevertheless, if one thinks in terms of genes, there is in fact a continuity across the species, going back all the way to the very first appearance of life on earth.
- If one takes one more step backwards and regards humans as made up not of bio-molecules but of atoms of carbon, oxygen, calcium, etc., then human existence can be taken all the way to the Big Bang itself. All the above clearly tells us that not only do humans have a lot more in common with each other, but in fact they share much with other species as well [including those that came earlier]. Indeed, **in terms of atoms, humans have a connectivity with the whole of the Cosmos.**
- It is significant that Krishna draws specific attention to the Cosmic aspect of man, though briefly.
- Going even beyond, what really links everything in the Universe is the basic fact that **everything came from God, the Creator.**

In short, **the amazing thing is the incredible Cosmic and Spiritual Unity that underlies the whole of the Cosmos**, rather than the diversity that meets our eye and tends to make an excessive impression in our Minds, thanks to our polarized and restricted way of thinking [of course, aided and abetted by the Media].

I strongly submit that one must, not merely for lofty Spiritual reasons but even for down-to-earth considerations, really look for Unity in Diversity rather than unnecessarily stressing diversity, based especially on rather divisive considerations. To put it differently and succinctly, I could, paraphrasing Baba, say there are Four C's that every individual should be conscious or aware of. They are:

1. Humans must be conscious of their Cosmic Origin.
2. Next, they must be conscious of their Cosmic Con-





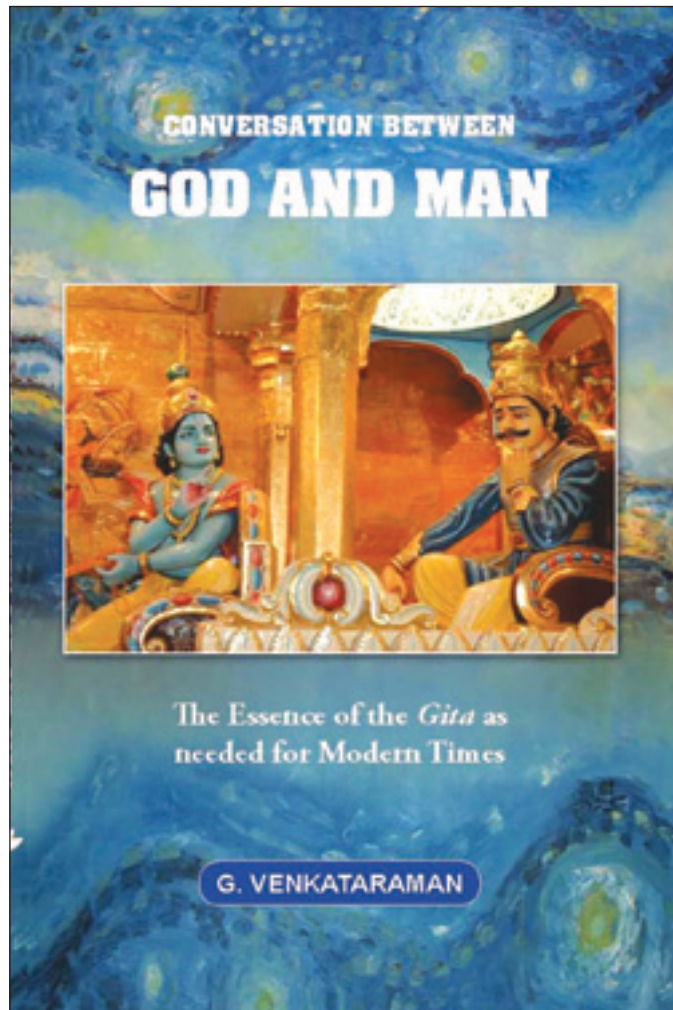
nections.

3. They must be ever sensitive to their Cosmic Responsibilities.

4. And finally, they must never forget their Cosmic Destiny.

It is not possible to expand on this theme on this occasion [those interested can find further details in my recent book CONVERSATION BETWEEN GOD AND MAN, ISBN-978-81-908439-0-4]. For the present, it suffices to say that once we understand and feel our linkage across species, and across Space and Time, to the One God from whom all of us have come, there is no question we would experience a wonderful Cosmic Oneness that would enable us to draw upon the immense power of Pure Love within us.

As a footnote to the above, I might state that by using the Unity of Faiths as a stepping stone, one can rise to a much higher plane of realisation and experience that not only fills one with Bliss, but also helps one to tap the literally unlimited Divine Power latent within, for solving the toughest man-made problems.



## The Practical Advantages of Cultivating a Feeling of Universality

Roughly two years ago, Professor Jeffrey Sachs of Columbia University delivered a series of thought-provoking lectures over the BBC, in which he identified three critical problems that face humanity at the present time. They are 1) **the threat of terrorism with possibility of triggering a much wider conflict**, 2) **the severe dangers posed by impending climate change**, and finally 3) **the dangers lurking in the rapid spread of mass poverty**.

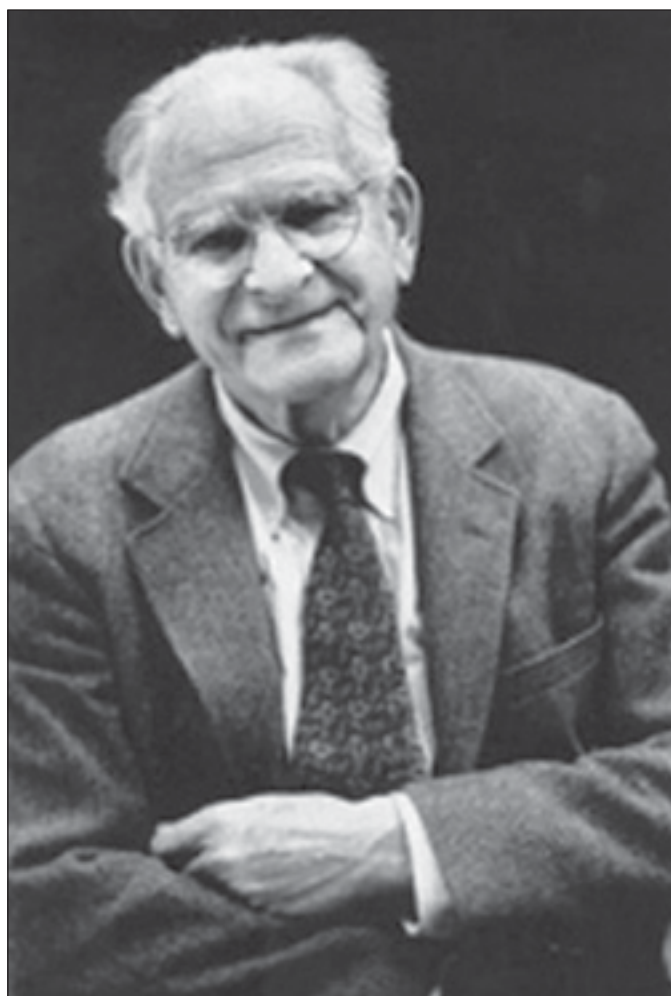
Prof. Sachs no doubt gives a masterly analysis of how these problems arose, but when it comes to solving them his arguments seem somewhat weak and doubtful. That is because his analysis is confined [as is perhaps inevitable amongst academics] to levels that exclude Spirituality, and the fundamental as well as the core nature of the human Spirit.

In my view, all the massive problems identified by Jeffrey Sachs arise due to what Mother Teresa famously referred to as the Poverty of Love. **The only antidote to that serious and dangerous deficiency is Pure Love in abundance**. That this antidote can be provided, and that Pure Love when tapped properly can lead to stunning results, has been demonstrated by courageous souls in many lands and cultures, throughout history.

### Heart – the Seat of all Solutions

Abandoning ancient wisdom and forsaking the valuable lessons of history, we have today resorted instead to problem-solving [the latest problem being the greed-driven economic meltdown] via Think Tanks, national and international committees of various kinds and complexion, and even global meets of leaders. Given the fact that **this type of solution-seeker do not ever address the root cause of the huge problems we have created for ourselves, one doubts if solutions can ever be found via bureaucratic methods**. An out-of-the-box approach is needed, and what I have attempted is to sketch one possibility.

My suggestion is not based on wild day-dreaming or naive speculation; rather, they merely paraphrase the lifetime teachings of Bhagavan Baba, who has also proved that these ideas are eminently workable. Since His numerous missions of Compassion have been well documented in many places [for example, in this web-



Prof. Victor Weisskopf

site [www.h2hsai.org](http://www.h2hsai.org)] I shall skip describing them here. Instead, I would like to conclude by drawing attention to two important remarks, the first of which is due to late Prof. Victor Weisskopf and the second of which is due to Bhagavan Baba Himself.

Weisskopf, an émigré from Austria who escaped to America during Hitler's witch hunt for Jews, was not only a distinguished Physicist but also a highly cultured person. After working on the atom bomb project during its early days he quit weapon design, turned a pacifist, and became a teacher in MIT where he acquired a lasting reputation. Addressing once the American Association for the Advancement of Science, Weisskopf said:

**[Scientific] Knowledge without compassion is inhuman, while compassion without knowledge is ineffective.**

In simple terms, what the learned Professor means is that humanity is engaged in a dangerous pursuit, namely seeking so-called scientific and technological progress, most of the time without any trace of compassion whatsoever.





In a similar vein, Baba tells His students that while “secular” education might impart tons of worldly knowledge and hone the worldly skills of students to an exceptional degree, **it does not teach them how to be balanced, and use their knowledge for purposes that are beneficial to society as a whole, without disturbing Nature in any manner. That missing balance comes only when one soars to Cosmic levels, a noble goal that one can and really must seek, since after all, humans represent the highest aspect of Creation.**

Viewed from those exhilarating heights, much of what we currently do and spend money on would appear utterly trivial and pitifully meaningless. This is not the place to dwell on this topic but if one merely considers the astronomical amount countries of the world spend on their military budgets and arms development and arms bazaar, one would be forced to agree that this is not only a massive and unwanted expenditure but a most sinful misuse of knowledge as well, arising entirely on account of a massive Poverty of Love and Compassion.

It is perhaps meaningful to add, before concluding, a few personal remarks so that the reason for my espousing rather unorthodox views might be better un-

derstood. When I was young, I was irresistibly drawn to Physics even as an iron piece is attracted to a magnet; fortunately, I got my chance, and was able to spend an entire lifetime working on various frontiers of pure science as well as technology. In those days, I often used to think, as Nehru emphatically declared, and repeatedly I might add, that Science and Technology alone could solve the problems of India.

“Secular” education might impart tons of worldly knowledge and hone the worldly skills of students to an exceptional degree, it does not teach them how to be balanced, and use their knowledge for purposes that are beneficial to society as a whole, without disturbing Nature in any manner. That missing balance comes only when one soars to Cosmic levels, a noble goal that one can and really must seek, since after all, humans represent the highest aspect of Creation.

Forty years later, I realised that Gandhi understood India and its problems much better. And when after retirement I came to the Sri Sathya Sai University to teach, I realised, after listening to numerous discourses of Bhagavan Baba, that the problems of the world are largely created by the Head. However, where solutions are concerned, the Head is pathetically powerless and utterly ineffective. **Solutions to complex problems such as those earlier referred to can be found only via the Heart.** And by way of stressing that, let me end with a wonderful quote from Baba who says:

**There is only one caste,  
The caste of Humanity.  
There is only one religion,  
The religion of Love.  
There is only one language,  
The language of the Heart,  
There is only one God,  
And He is Omnipresent!** ■

## LOVE, LAUGHTER AND HAPPINESS AT THE TEMPLE OF HEALING

**T**he captivating story of how the ‘Dharmic Clowns’ from Italy inundated the Sri Sathya Sai Institutes of Higher Medical Sciences, at Puttaparthi and Whitefield, with fun and frolic, magic and music, happiness and healing in January and March 2009. It was all magic. One drowsy and cold winter evening in January 2009, five spirited Sai devotees walked into Sri Sathya Sai Institute of Higher Medical Sciences, Prasanthigram with huge bags, gobs of makeup and cartloads of fun and joy. In the course of the next few days, the otherwise silent wards of Urology, Orthopaedics and Cardiology were ringing with giggles and smiles, joyful shrieks and uncontrollable laughter. The Hospital had been transformed into a hall of overwhelming fun and love... there were no more patients, nurses, doctors or volunteers; everyone had turned into a ‘laughing angel’... the charismatic clowns had invaded the Hospital.



And this happened not once, but twice; first time in January 2009 and again in March. From where did these welcome invaders arrive? They had come all the way from Italy, with their most potent weapons – love and joy. As the infiltration began, all that the patients and doctors of the hospital could do was to let go and laugh to their hearts’ content even as these vivacious volunteers put up an awesome and mesmerising performance.

They called themselves Dharmic Clowns. But how did they land up in the Sai Hospital? That is a delightful story, and let us get it directly from them. Here is what the Dharmic Clown Group has to say about their birth, blossoming and beatific mission.

### The Dharmic Clowns Uncover their Soulful Saga...

#### Marino started it all

It all began when our dear friend Marino, a member of the Dharmic Clowns group, told us of an overwhelming impulse he felt, three years ago, to rent a Santa Claus costume, buy some candies and go around distributing them to all the children he came across. It was the Christmas season, and the very air smelt of cheer and conviviality.

While he was doing this, one day when he was in the town of Forli, Italy, Marino found himself at the Pierantoni Hospital. In the pervading hush and quietness, he went from ward to ward until he came to a small door.

He rang the bell. A voice on the other side asked, “Who’s there?”

“Santa Claus,” he answered.

“Whooooo?” enquired the voice again, sounding slightly incredulous.

“Santa Claus!” he repeated.



Marino entered the room to the amazement of the staff and the head doctor who greeted him with the question slightly rephrased, “Excuse me, who are you?”

Marino lost his patience a little, considering that his attire was self-evident. Nevertheless, he went on to respond that he was, in fact, Santa Claus who was out there to bring smiles and good wishes.

From that moment, the head doctor accompanied



him through all the rooms till the very last one; where a patient, an elderly woman, sat up in the bed upon seeing them enter, and exclaimed, "Ohhh, Santa Claus! I've always longed to meet you ever since I was a little girl!"

In that moment, everyone, literally everyone, had a lump in their throats, and their eyes moistened. Only upon leaving the ward did Marino realize that he had entered the Oncology ward.

He later found out that the elderly lady died the next day.

Marino shared with us this experience and we were immensely inspired.

### The Dharmic Clowns are born

In the beginning, we gave ourselves the name "The Company of Nine", in deference to the Eastern spiritual tradition that identifies the number nine as a symbol of Divinity. Within a short time, other friends, among whom were professionals from the animation and entertainment industry, joined the initial crew of volunteers.



The messengers of magic and joy with the ever-happy and affable Dr. H. S. Bhat

With the growth of the group, our roles became more defined. We then changed our name to "Dharmic Clowns", taking inspiration from the Sanskrit word "Dharma", which, in essence, means "duty".

Driven by the will to put into practice Human Values, the essence of which was exemplified in Bhagavan Baba's aphorism "Love All, Serve All", we donned "red noses" and clown costumes in an attempt to bring love and happiness to children, the elderly, the sick and the needy.

### Clown Therapy: A Joyous Movement in the Making

The idea of implementing the clown therapy was not a new one though. There are dozens of studies that show that laughter is beneficial to one's health, and that it is much easier to heal a happy person. Given all these evidence and our own conviction, soon we started formulating the clown therapy.

Games and humour help hospitalised children, their parents, and patients in general, to rediscover their smiles, and the joy of living, at large. Amongst the first to put this therapy into practice was the American Dr. Patch Adams.



Today in Italy, the clown therapy has spread rapidly. There are many groups, which practice this mode of healing at various levels in hospitals.

We have been offering our service as clowns since 2006. Currently, we perform two days a week in the paediatric ward of the "SaintAnna" Hospital of Ferrara bringing comfort and smiles in the life of children. We also regularly perform in various Assisted Living Facilities for the elderly and in orphanages.

Additionally, the group offers its services within the context of the Italian Sathya Sai Organization volunteer services, and performs at the national seat of the "Mother Sai" House in Varallo Pombia (Novara), during national and international meetings.

### Infusing Professional Finesse and Divine Message in the Clowning Business

Performance is enhanced by regular brainstorming sessions. In order to refine the techniques and the ability to express in the best possible way, we meet once a month for workshops and *satsangs* (study circles) with professional clowns, magicians and entertainers.



Currently, we are preparing a new show aimed principally for children in which they will be the protagonists in the stories that emphasize Bhagavan's Teachings. For all of this, we are enormously grateful to Bhagavan Baba, our Swami.



### Laughter Transcends Linguistic Barriers as Dharmic Clowns Delight Inmates of Sai's Ashram

At the end of February 2008, we had the opportunity to perform at the orphanage situated close to the Sri Sathya Sai Super Speciality Hospital in Puttaparthi, where over 80 little hearts lit up with smiles and happiness. Though we knew little English and no Telugu, laughter helped us transcend all linguistic differences to experience a joy that weaved magic and united us in an everlasting bond of love.



Our next big moment of collective joy was at the Western Canteen in Prasanthi Nilayam, where children and devotees alike were all agape at the entertaining tricks performed by our group member, aptly named Magic Richard. Most importantly, there was Swami, our Cosmic Wire-Puller and Beholder. We felt His ever vigilant, ever-abiding presence, through the vivid life-size picture in the shrine before which the show had been staged.

Thereafter, we went along the small paths of the Puttaparthi *ashram*, amongst many of our brothers and sisters from India and from all over the world, many of whom expected anything but to see clowns in perfect costumes in Puttaparthi! We also shared introspective moments during *Satsangs* in the *ashram*, that focused on the meaning of "Dharmic Clown", on bringing out our 'inner' clown, and on reaching out and entertaining 'from heart to heart' without having to don the attire.

### When Clowns Stepped Into the Super Specialty Hospital...

During the Mahashivaratri Festival in 2008, a delegation from our group had been blessed to present Bhagavan Baba with a report of the service activities carried out in Italy in schools and hospitals. In the report, we also expressed a prayer to Bhagavan: to be able to perform at the Super Speciality Hospital, to form the Dharmic Clown Association, and also to create an interactive performance inspired by the Teachings of Swami.

The All-merciful Bhagavan answered our prayers, for within a year, in February 2009, we had the good fortune of delivering in the hands of Swami, the Dharmic Clown Association Statute. Swami also gave us the permission to perform at the Super Speciality Hospitals in Puttaparthi and Whitefield.



On the afternoon of January 28, 2009, for the first time we crossed the entrance gates of the Super Speciality Hospital, Puttaparthi with our bags full of balloons, clown clothes, make-up, juggling items and magic tricks. We felt a combination of fear and a huge, very huge, sense of gratitude for the opportunity that was granted to us so generously. Until then, we had only read about that sacred place, of that 'Temple of Healing', where everyone and everything spoke of Bhagavan's immense Love and Compassion.



## Joy Blows Fears Away

We were first met by the Sevadals who looked at us with curiosity. Their faces were writ large with question marks. But in a matter of moments, greeted by hearty 'Sairams' and smiles, we felt welcomed in one great embrace: similar in size to that of the architectural form of that massive building. Then we entered the vast shrine, the central dome with its lofty ceiling, and the majestic Murano-glass chandelier, immersed in SAI-lence.

We sat on the floor a few minutes to recite the *Gayatri Mantra* and *Samastha Loka...* (the Universal Prayer for Peace). Once we were done, we put on our make-up and costumes, ready for the show. We were taken to the Hospital wards. We were met with wide-eyed amazement, even amusement. It was the first time the Hospital had had such unusual visitors!



There, at the patients' bedsides, with the doctors and nurses on duty, we started our performance of magic tricks, balloon manipulation and other assorted gags.

## Funny Magic the Clowns Created

**Well, what exactly did these spiritual clowns do? Here is what a staff of the hospital narrates:**

The first performance of these Baba's buffoons was in the Urology ward. Word spread fast and furious. Patients, both young and old, sat up on their beds eagerly anticipating the performance. When they could no longer hold back their excitement, they burst forth with questions.

"What is happening, doctor?"

"Sister, where are they from? From Italy?"

"Doctor, where in India is that? Oh, not in India, it is across the seas? Then they wouldn't know our language,

would they?"

"But what are they going to do? Tell us something, please."

The staff was at a loss to explain anything as they were themselves completely new to the novel phenomenon.

"Just wait, and you will soon find out for yourself," they said, in a futile bid to calm down their wards.

Finally, the door opened, and in walked a bunch of people with funny make-up, jazzy costumes, bright red noses, oversized hats and undersized trousers, goggles, bows, et al. The very sight of them sent laughter spreading like wildfire.



The clowns went from patient to patient. One of them asked a patient in utterly broken English, "Problem? What?" The patient sat smiling all the time, unable to comprehend a word. "Here," the clown pointed to himself, "I clown doctor. I cure. Now, no problem."

The clown doctor called for his assistant, who came in huffing and puffing. "Write medicine," the doctor directed. The assistant was all ears, as the doctor dictated the prescription.

"One smile in the morning, one smile in the afternoon, and one smile in the evening. That is all!" the clown doctor prescribed with joy. The patient understood the message and burst out laughing, while the rest of them too broke into guffaws.

Winding their way through the corridors, the clowns finally reached the paediatric section of the ward. The sheer spectacle of the clowns capering and prancing in colourful outfits and piebald faces sent peals of amusement tinkling across the ward. The leading clown



Richard gestured to his assistant to blow a balloon. Once the balloon was blown, he twisted and turned it to resemble a dog. With the next balloon, came a hat, then a pair of goggles, a flower, and there was no stopping this clown.

There were grown ups too in the ward. Some of them were around 50 years of age. In fact, they were giggling and chuckling, clutching their stomachs in vain. The laughter simply flowed as did the love from these laughing messengers of the Lord.



It was then time for some card tricks. A card in hand disappeared the next moment, throwing everyone into a tizzy. Then it appeared in the pocket of one unsuspecting patient, to his utter dismay. Everybody went up with mirth, while the patient kept scratching his head, unable to comprehend how the card ended up in his pocket in the first place.

The most enchanting part of the presentation was the clowns making the kids in the ward perform the magic tricks. "What we do, no magic...you also magicians," they said, inviting the all-too-eager youngsters. And the clowns performed the magic tricks with the children in the front. The young ones were in raptures. As for the clowns, they performed the tricks with such élan that nobody had the slightest suspicion that it was the kids and not them who were pulling off the tricks.

"How did you do it?" a startled mother was heard asking her child. The kid hadn't realised that he had actually performed some magic tricks (with some help)!

After a roller coaster of a laugh riot, it was time for the clowns to wind up. But the patients refused to let the clowns go. "One more trick, please. No, not for me, for that kid over there," an elderly patient was heard saying.



Needless to say, it was the older child who enjoyed the fun, though he asked it on behalf of the younger one. Eventually it was time to bid goodbye. The patients let go their angels of happiness most unwillingly, even as they reassured them most warmly with hundredfold promises of return.

### Moving Memories...

#### The Clowns continue their narration:

In the evening we sat pondering over the events of the day – we remembered the three-year old who shrieked in joy and amusement when we touched his nose, and the 16-year old who could not hear and speak but burst into a broad smile when we said 'Nothing is impossible', and the tiny tot in the Neuro Surgery department who





lay depressed in a bed full of tubes but when he saw us, he smiled in joy and said 'Sairam', and also how our tray of seven different bells, each given to a different person, created a special musical game which everyone in the ward enjoyed, and so on.

As we sat ruminating over the wonderful events of the day, we realized what a great blessing Bhagavan had showered on us by allowing us to alleviate the suffering of His patients', at least by a little.

In the following days, January 29 and 30, there was great rejoicing in the Hospital. Groups of patients, along with relatives, appeared on the balconies of the wards and greeted our merry company, waving their hands. We were deeply moved and our hearts were aflame with gratitude to our beloved Lord. It was a very intense and magical feeling, a magic that we would have transmitted from heart to heart when we larked among the beds in the wards.



It's easy then to imagine what our feelings were when we found out we were to return on March 20 and 21 to try to bring some more joy to the patients of the Hospital and then on the afternoon of March 24, to continue to transmit the healing magic of the clown therapy at the SSSIHMS, Whitefield.

And they did wonderfully once again, lighting up the faces of every patient and doctor with happiness and joy. When we asked the Dharmic Clowns, what else would they like to say to the world, this was their heartfelt message:

### How Can We Forget You

Finally we would like to remember all: the patients, nurses, doctors, boys and girls that we met, and especially that little boy who shouted repeatedly when

he said goodbye to us: "Don't forget me!" We shall not forget him because that voice is the voice of the little child inside us.



What this experience did to the Dharmic Clowns themselves is possibly far greater than what it did to the patients and doctors. Even after returning to their homes, these messengers of magic and love relived every moment they spent in these sacred homes of healing and could never express to their complete satisfaction the gratitude that welled up in their beings towards Bhagavan Baba for the blessed opportunity that had been rewarded with. Even now, they pray and hope to be back yet again to bask in that environment of pure love and pure service that is the Sri Sathya Sai Institute of Higher Medical Sciences. ■

~ Heart2Heart Team  
in association with SSSIHMS



Glimpses of the Gokulam...

The Blessed Bovines

... of the Holy Hamlet





These most pious, benign and blessed beings have been associated with Lord Krishna, just like the gopis and gopalas - and this divine connection continues even in this age. Be it Prasanthi Nilayam or Brindavan, there is a special place for the Gokulam. In fact, the Lord takes care of His beloved ones with the utmost concern and these benevolent animals in turn nourish every inmate of Bhagavan's ashram, silently and sweetly, leading a life as pure as their milk and as serene as the look from their eyes....



# SCINTILLATING MOMENTS WITH SWEET SAI - Part 2

By Mr. Mayur Pandya

An alumnus of Sri Sathya Sai University, Mayur joined the erstwhile Sri Sathya Sai Arts, Science and Commerce College in Brindavan, Bangalore in 1978 for his Bachelors in Commerce. Later, he pursued his Masters in Commerce in the Bangalore University. After Bhagavan unfurled the Sri Sathya Sai University in 1981, Mayur served as a lecturer in the Brindavan campus for a year. Later, he moved to the Prasanthi Nilayam campus and completed his Ph. D in the area of Banking in 1989. After this, he served for a year and half in the Prasanthi Nilayam campus as a lecturer, and later, moved to the corporate sector, and since then has held managerial positions in various companies in Mumbai, Los Angeles and Vancouver. Currently, he works as a Technical Writer in the HSBC Bank of Canada. Additionally, he is also the President of the Vancouver Sai Centre. This is the second part of Mayur’s reflections, the first was published in the June 2008 issue.

Every room in the Mandir holds different memories for me, but more so, the interview room. In fact, within the interview room, there is another room which serves as the inner chamber for private interviews. Many a time, this inner room has also doubled as the place where Swami gives interviews to very eminent guests like the President of India, governors of states and the like. Memories of this private room are especially close to my heart, for Swami would often call me too along with

another guest, and I would have the wonderful fortune of doing *padaseva* (serving His feet) to the Lord even as Swami sat talking to that devotee.

It so happened one day that a certain devotee was taking *pada namaskar*. As he got up, however, his back hit the coffee table behind and the glass broke. The devotee was profusely apologetic. But the all-merciful Bhagavan reassured him saying, “Don’t worry. I will get it fixed.” And Swami asked another devotee, instead, to get the coffee table fixed.

## Treasured Tales from the Safe Room

The story now moved on to the safe room, reminiscent again of the many private sessions we had with Bhagavan. (The safe room was so called because there was a huge safe in there, apparently placed there even before the building was constructed.) In that room, there was a beautiful couch for Swami, around which we few senior students would often huddle in a sort of a horse shoe arrangement, even as Bhagavan would speak to us for long.

That morning, when Swami sat there on the sofa, just after He returned from the Sairam Shed (the erstwhile darshan area in Brindavan), Swami had about two hundred letters in His hand. Typically, what Swami would do is to simply keep the letters in a tray next to Him. That day too Swami put the bunch of letters down and looked at this devotee who had just got the coffee table



The inner chamber in the erstwhile Old Bungalow in Brindavan where Bhagavan would grant interviews



The Safe Room - the scene of many splendid stories of His love and sweet manifestations of His grace



repaired. Swami asked him, "How much did you spend on this furniture?" The devotee said, "No Swami, I don't want any money from Swami." But Swami insisted, "*Cheppu*" (Say.) So the devotee replied, "Swami, one thousand rupees." Swami looked at the devotee, then took the whole tray of 200 letters, and put it on His lap. The next few seconds, He flipped through them with His two fingers, picked one letter out from the middle and opened it. There were exactly ten notes of 100 rupees each! Swami then said, "You think I don't read the letters. The moment you think about something to write to Me, I already know it. Just for your satisfaction, I take the letters." What a brilliant way to proclaim **His massive omnipresence through a tiny missive!**

### Almonds and His All-Mindful Concern

"You think I don't read the letters. The moment you think about something to write to Me, I already know it. Just for your satisfaction, I take the letters." What a brilliant way to proclaim His massive omnipresence through a tiny missive!

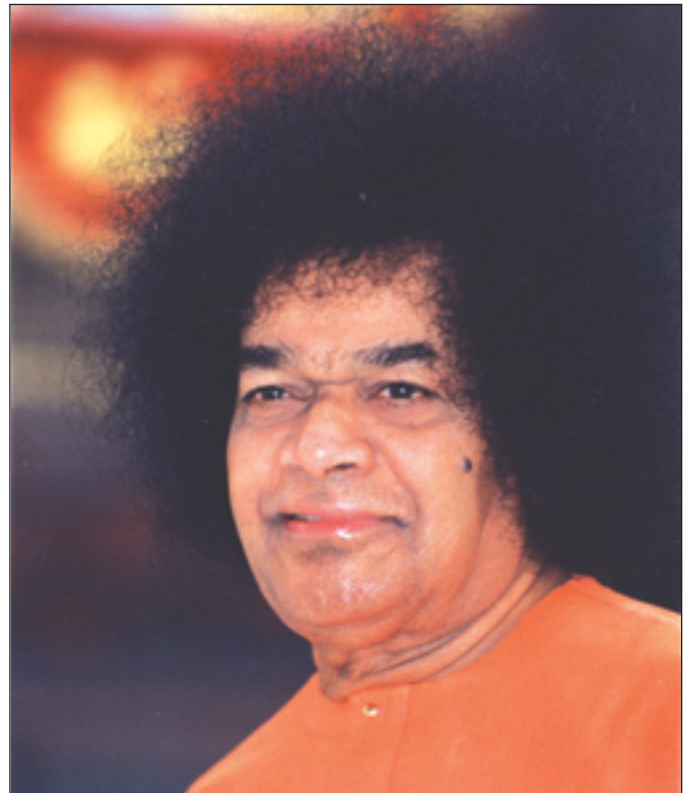
The safe room, indeed, holds secure for me a treasure trove of wonderful memories. Another beautiful incident that happened in the safe room was when somebody offered a whole box of almonds to Swami. The Lord looked into the box and said, "*Aba, aba*, too fattening! I cannot have this." Then He looked at me and said, "*Ye Gujarati ko dedo* (Give it to this Gujarati)." I was taken aback, elated yet wondering why Swami was singling me out. So I didn't say anything. Swami then picked up one almond from the box, broke it into two, ate one half and offered me the other half saying, "*Eh Mayur*, take." I was even more dazed, thinking what a fantastic thing Swami was giving me. That too, *prasadam* that He had directly partaken! As I was slow to respond, Swami asked, "Oh, because I put it in my mouth, you don't want to have it?"

I quickly reacted, saying, "No, no Swami," grabbed the almond, and put it in my mouth! That was,

indeed, a very beautiful gesture from Bhagavan, and I took the almond even as He said, "You are part of Me now."

The almond connection continued, however. For, I had been having persistent headache for over two weeks. So I wrote a letter to Bhagavan saying, "Swami, I have this headache." Taking the letter, Swami asked, "Ah, how long?" I replied, "Two weeks, Swami" and the Lord said, "Oh, I see." After darshan when everybody had gone, Bhagavan took me up to His dining room, holding my hand all the way through the long corridor that opened to that room. He then asked the cook for a big packet of almonds. Handing the cover to me, Bhagavan said, "Soak four every night and then have them in the morning. Your low BP problem will go." Again, Swami escorted me back all the way to the steps to go down!

Words fail me each time I think of the incident. Swami could have simply given me the almonds and asked me to go. But He chose to walk me down the corridor, so concerned and full of feeling, holding my hands all the way as if to reassure and rejuvenate me. One could not but simply feel overwhelmed.



## Restoring a Faint Heart Fabulously

I recollect another wonderful incident, one that occurred again in the safe room. As ever, we were all standing in a semi-circle and Swami was giving a beautiful discourse that went on for about an hour and a half. Suddenly, one of the students, a pretty frail boy, fainted, collapsing right there in front of Swami. Bhagavan, who was sitting on the diwan, got up mid-way through His discourse, went straight to the boy, and held his hand. In a manner very similar to restoring a patient's heartbeat by applying electric shock through defibrillators, Swami just touched the boy's hand and the boy was back again to consciousness, as if some energy had passed through him! And Swami said, "See, divine power!"

He looked into my face and said, "Eh Mayur, do you love Me?" I was taken aback by that question. I said, "Yes, Swami, I love you." And Swami said, "No, all lies. If you really love Me, then you are lost in loving. You are not aware of that. The moment you are aware that you are (in the act of) loving Swami, that is not love." And He walked away...

All of us were shocked because we saw that boy completely knocked out! The very next moment, Swami covered us with His *maya* (Illusion) again. For He said, "So, what was the last sentence I said in the discourse?" And all of us instantly started thinking about what Swami had said last. It was simply so amazing. That was one experience that has been to me a constant reminder of His Divine Powers, which we all tend to forget, lost in the charisma of His Cosmic Playfulness; that beneath those endless games of hide and seek that Swami envelops us in with the able assistance of *maya*, there lies, in essence, Divinity!

## The Copious Reward of Selfless Concern

In those days, I would sleep just outside the safe room. That was my favorite spot, and each night when I lay down, I would think of the ceiling and Swami's bed, which I knew was just above that. That was my way of

connecting with Swami. In the next room lay Mr. Ramabrahmam, the caretaker of the Mandir, who would sleep just next to the safe room. At that time, he was very ill with a certain malady and was moaning at night with pain. As I was about to sleep, I could not help feel sorry for him. And the thought came to my mind, "Swami, You are saving devotees far away and here is this person right under Your very roof. And You are not doing anything for him."

A few days later, a boy came up to me saying, "Swami is calling you upstairs, come running." When I went to His Presence, Swami, who was waiting there, said, "Eh Mayur, come here." As I knelt down next to Him, Swami said, "I am sending Ramabrahmam to Bangalore to get himself examined because he is suffering with so much pain. I want you to go with him."



I was wondering as there were so many senior students whom Swami could have sent, perhaps even the warden. But He picked me instead, although it did not strike me then. Nevertheless, I was thrilled to be sent on an errand. I went with Mr. Ramabrahmam for the examination, and when I returned, Swami asked for a detailed explanation. Swami usually retires by 7:00 – 7:30 p.m. But that day, by the time we returned from Bangalore, it was about 8:00 p.m., and Swami was still waiting up there. The staircase boy on duty bid me to hasten to Swami, who was calling me. When I went up to Swami, He debriefed me like no one could. He asked me to explain exactly what the doctors had said, and when I was finally done, Swami said, "Take *namaskar*."



As I bent down to touch His feet, Swami raised His feet in a very deft movement such that my hands landed up on the cushion instead of His feet. Swami then put His feet on my hands! With Swami's robe automatically covering His feet, nobody could really see where my hands were as I was taking the namaskar. It was, in fact, not a namaskar because Swami was pressing His feet on my hands. It was unusually long, about four to five minutes. Even as I lost track of time, Swami said, "Eh, get up, get up," telling the warden that I had gone to sleep!

Each time I think of this beautiful incident, I am only convinced that it was Swami's way of saying that He really appreciated the empathy that I felt for another human being; that Swami waits all the time for us to show that empathy and love for others. And when it comes spontaneously, He also blesses and rewards us in the same vein.

### Herculean Care for a Humble Devotee

But there was a forgotten aspect to this incident which Swami took the pains to clarify to me in His unique way. For, a few weeks later, from this incident, Swami went to Ooty. Mr. Ramabrahmam, who was sleeping in that room, had woken up in the night to go to the wash room that was adjacent to his room. And he had fallen down, unknown to any of us. When we got up in the morning and went up to the washroom ourselves, Mr. Ramabrahmam said to us, "Babu, I fell down in the bathroom and Swami came and picked me up. He put me in the bed and sat with me all night. He has only just gone!"

Just to make some small talk to break my nervousness, I said, "Swami, at night when I sleep, I don't get sleep. I think about You, I yearn for You." But Swami said, "All lies. You sleep well and you snore too." Caught red-handed in a futile attempt to start a conversation

So I imagined myself sleeping, blissfully unaware of what was transpiring in the adjoining room, whereas Swami was there all night, despite the fact that He was physically present in Ooty! That is the kind of concern and love that Swami has for His devotee. I had, in my empathy, entertained a momentary misconception that Swami did not care about Mr. Ramabrahmam. But Swami proved me all wrong in a momentous revelation.

### To Be Totally Lost in Love

I still remember another incident by the mandir window. In fact, our darshans of Swami by the window are some of our most cherished memories as students. Swami would come down the stairs, and as He came down in the afternoon or in the morning, each of us would place our face near the window, which was a nice curved window. It was 'prime real estate' because when Swami passed by the other side of the window, Swami's face was very close to us. There were three such windows which were open, barred only by a metal grill. So if Swami were to put His hands through, we could touch Swami too. It was very intimate because it was the only place where Swami would be face to face, looking into our eyes, as if Him searching our souls!



Occasionally, Swami would even stop by the window! This one time, Swami stopped there, and He looked into my face and said, "Eh Mayur, do you love Me?" I was taken aback by that question. I said, "Yes, Swami, I love you." And Swami said, "No, all lies. If you really love Me, then you are lost in loving. You are not aware of that. The moment you are aware that you are (in the act of) loving Swami, that is not love." And He walked away.

It sort of put me into a dizzy to think, "Oh my god! What a high expectation of love!" We think we love Swami just by that emotion and by all that running after Him. But truly, Swami's concept of love is something that we will have to spend a life time understanding.



### A Weighty Lesson in Witnessing

On another occasion, I had the privilege of going with Swami in the car. I was standing in the portico when Swami's car came up. Our then warden Mr. C. Sreenivas was sitting next to Swami. Just as the car was about to leave, Swami looked at me and asked me to take my seat in the car. So I sat down in the car, a Fiat car, as it went through the darshan lines and went out to Belathur village. Even as the vehicle headed through the village, I realized that nobody was talking in the car. So I looked behind, only to see Swami staring at me with His head tilted. Swami continued to stare without a blink. I turned back and again looked at Swami, and Swami was still staring at me but not saying anything.

So just to make some small talk to break my nervousness, I said, "Swami, at night when I sleep, I don't get sleep. I think about You, I yearn for You." But Swami said, "All lies. You sleep well and you snore too." Caught red-handed in a futile attempt to start a conversation, I immediately changed the topic and said, "Swami, how to control this mad mind?" Swami said, "The easiest thing in the whole world is to control the mind. The most difficult thing in the world is not to control the mind." So I was even more confused. Then Swami said, "Choodu ra (see)," and He took His handkerchief. He

held the cloth and said, "All my fingers have to make so much effort to hold the handkerchief. So easy to let it go. When the mind is running, if you try to catch it and control it, that is when the problem comes. That is the difficult thing to do. Let it run, watch it as a witness and then it is easy to let it go." Swami continued saying, "What is this? Is this a handkerchief? This is not a handkerchief. It has got threads, so each thread is a thought. The moment the threads are gone, there is no handkerchief. The moment the thoughts are gone, there is no mind. That is how you have to do it." Thus, He gave a beautiful explanation that day to drive home a profound lesson.



Every moment spent with Swami has been a revelation. They are memories so precious and powerful and at the same time so sweet that it enriches every second of your life and ennoble your every act. ■



## THE PRESENCE OF THE GREATEST POWER

By late Mr. Charles Penn

**B**orn in Australia, Mr. Charles Penn traveled to the USA as a young boy and had a distinguished professional career as a writer, editor and publisher in America, Canada, the United Kingdom and Australia. He is an honoured biographee in "Who's Who in California". In 1964 he was drawn to Bhagavan Baba quite amazingly and had the rare opportunity of proximity with His Divine Master, both physically and metaphysically. Later, he along with his wife, Faith Penn, traveled throughout the USA and other countries disseminating the Love and Message of Bhagavan Baba and also authored many sterling Sai literature such as "Sai Ram", "My Beloved" and "Finding God".

This article appeared in the 'Homage Volume' offered to Bhagavan Sri Sathya Sai Baba by the Sri Sathya Sai University on the auspicious occasion of His 65th birthday celebration on November 23, 1990 at Prasanthi Nilayam.

### Ethereal Contact with the Eternal One

Many years ago when I had seldom experienced deep feelings that I could relate to the divine, it was far less likely for me to conceive my ability to see or understand God. Furthermore, for a student seeking divine understanding, as myself, I found it improbable to believe that I might find and have the exceptional privilege to be taught by a supreme power such as the Sai Avatar, Bhagavan Sri Sathya Sai Baba. Once the initial relationship began there was no hesitation in proclaiming to myself the evident and truthful statement, "I believe!"

The knowledge that a world teacher, Supreme Being, was in a land on the opposite side of the world and who spoke Telugu, a language I did not understand, was never considered an unrealistic obstacle to my becoming His student. However, to be given lessons in English for my spiritual upliftment, at times on a moment to moment basis, and often including long question and answer sessions, became an unexpected and extraordinary practice. To have time and space cast aside and to have given to me the first four of twenty-five years' tuition on a divine scholarship basis without actually coming into personal contact has been a



Mr. Charles Penn

remarkable and priceless experience for me from Baba, my divine teacher, the "chancellor of a celestial university of higher learning".

What is, is! I discovered that the higher elements are used by Sai Baba. For example, to me His teachings incorporate full colour scenes played out to the end in heavenly vision form. Such "vision teachings" remain inscribed in my mind for years and years. An entire play or moving scene may be recalled at a moment's notice and expressed in minute detail so that His teachings can be drawn upon for the upliftment of myself and others. At times, etherealized methods of communication are used, and viewed as a procedure within the higher realm.

### A Beautiful Beginning

All this came about as a result of my life's turn-around culminating unexpectedly. It was June 1965, I reached for a small book on a table in the sitting room of my wife to be, Faith, and her mother Althea, at their home in Westwood, California.

Touching that book which was "Sathyam Sivam Sundaram," written by Prof. N. Kasturi, was for me like



touching the fingers of God's outstretched hand. That momentary action changed my entire future. A glance at the photographs of Sai Baba as a boy, and looking at pictures of His mother and father, started to weave a web about me, a web I found shortly afterwards so beautifully powerful.



A simple action such as the one I took can vastly change a life. Something to marvel at indeed! If I were to predict the future and were asked what I envisioned for a seeker taking a similar singular action, I feel I would say that from that moment on his or her life could become most wondrous in a way never before contemplated.

As Prof. Kasturi's book unfolded in my mind, I had a desire to prepare a similar book omitting the Sanskrit but incorporating his translations of the Sanskrit. This would provide an American edition of the life of Sai Baba through His fortieth year which could be more easily understood and enjoyed in the West and by all English speaking people.

I wrote to Sai Baba. Can you imagine my writing to Bhagavan Sri Sathya Sai Baba in India and receiving a letter from Him granting permission to produce the book, with His blessings, and in addition conveying in the letter a wealth of great knowledge?

He endeared Himself with each word: "I am as near you as you are near Me." And, "When the name is remembered, the Form is evoked; when the Form is recollected, the Name is evoked. The name and the Form are inseparable. That is the meaning of Presence...."

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### Heavenly Wisdom Descends

I lengthened the periods of my meditation to hours and hours a week, and my meditations deepened. I grasped every chance to draw to me the Presence. From around the whole world I was near Him. Geographically, He wrote, there was no barrier. After a while I actually started to feel I was coming nearer and nearer to Him. Whenever I had the courage I would tell Him I was listening. First, ever so silently, I heard words about things I had never thought of in my life.

On a subsequent occasion, in order to remedy a foot problem I had, Sai Baba conveyed to me the instruction to grasp my foot firmly with my hands and, while doing so, to count to a hundred. I was to say His name with each number (one-Sai Baba, two-Sai Baba), I counted. I called it my "Sai Baba Count." In this way I was evoking the name. His Name was on my lips.



His teachings flowed and flowed. So entrenched He became in me, and I in Him. The time arrived when I felt I was "One with Him."

Turning my thoughts back to those glorious spiritual "young" days, I recall a lesson Sai Baba gave me with the inspiring words, "Every time the hand is lifted, lift it for Him." That teaching so infused me that I again wrote to Him and asked for further deeper guidance. He responded in a letter in August 1965: "If you lift the



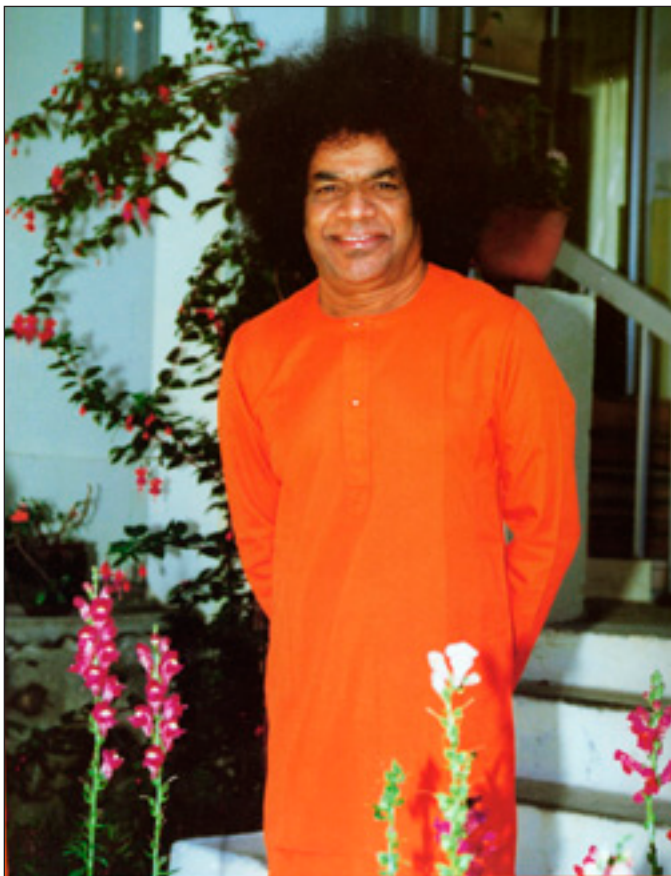
hand to serve, to help, to console, to encourage another man, you are lifting it for God, because in every man is God."

The wisdom of the heavens was surely ascending upon me. "Every man is God!" That was a great revelation to me. "Every man," yes, "every man." Then I knew, for the first time - God has to be everywhere in everything and in everyone.

Now a few months had gone by and I was continuing to be saturated with the Love of Sai Baba. Discourses were undiminishing from wherever He was. I asked Him many questions about many things that might help my spiritual progress.

I asked Him how one should be dressed and prepared for Brahnamarga, the path or way of life adopted by aspiring seekers who set their sights high to realize the Self in their quest for God. Eventually the gaze has to be turned inward to the true Self and the aspirants ascend the pathway to the state of lasting consciousness of God, the Infinite (*Brahman*).

Sai Baba explained to me that **"Before starting on Brahnamarga and commencing your sadhana (spiritual practice), undress, disrobe. But not in the usual manner. The 'clothes' you cast off may vary in**



number. Some people may be more heavily garmented. Some may have already discarded unwanted 'apparel.' In whatever order you choose, cast off the 'clothing' of jealousy, hate, anger, pride, greed, desire... You know all the others. But you shall not be cold, for there is one 'garment' you leave on. That is the raiment of love. This one piece has many thicknesses to keep you warm and protect you on the coldest of nights. It will survive the greatest of storms, for what is this clothing of love? It is the love of joy, the love of giving, the love of survival, the love of living.

Yes, My *bhaktha* (devotee), this one raiment is all you need when you come to Me in the quietude and stillness of your meditation, although you do not have to wait until then to come to Me, for I am always near."

### Speaking from the Heart

A divine high point was reached when an official invitation was received by mail to attend the First World Conference of Bhagavan Sri Sathya Sai Baba Seva Organizations, to be held in Mumbai in May 1968. On the midnight of May 9, 1968, I had the great joy to meet my Lord in Human Form, in India. The incredible realization filled me - in four years the Sai Avatar and I had become ever so close. Our love was the same love, and God within God was the same God.

The knowledge that two people could inwardly communicate from one side of the world to the other was now less overwhelming - God unto God without physically traversing the world. Many other devotees know that this is possible and are able to rest in the knowledge that they can become One with the Lord. When the Sai Avatar makes it known that the divine contact is intact, devotees have the capability to rise to this higher realization. Achieving this goal overcomes many doubts and misgivings previously generated in the mind.

In appreciation for being given this boon, I have thanked Sai Baba for it on numerous occasions, including those when speaking from time to time to devotees attending Sai centers, conferences, retreats, and special occasions here and abroad. He has shown me the folly of reading from notes or from a prepared script. In my experience, everything spoken which one wishes to be efficacious



Fortunate to be at His Lotus Feet

must first be fully entrenched in the heart. How better can it be said than when it emanates from one's heart? Sai Baba has taught me to speak in this manner. When invited by Sai Baba to speak, and after basking in the joy of performing *padanamaskar*, I look up to Him and whisper, "I'll need your help, Swami." By this time inner joy has taken hold of the glorious moment as I hear Him say, "Yes, yes!"

There was the occasion of His fifty-seventh Birthday when, after the honor of garlanding Him, He whispered, "Charless (as he calls me), you would like to say a few words?" "Yes, yes, Swami," I replied. Rather slowly I approached the microphone at the podium. This brought me to a moment of great exhilaration. I faced the crowded Poornachandra Auditorium overwhelmed by His faith in me and my own inner feeling of His assurance. Simultaneously I was also fully aware that I had no preplanned speech, no great salient point I wanted to stress. The freedom from all this made the joy of the moment ever so precious. I looked at the vast audience, glanced lovingly at Swami, and His smile filled the moment. It is at times such as these that I know the seemingly long and precious moments serve their full purpose. I received a flashed inner direction from Him. "Seek the 'thread'." Just a small starting thread is needed to begin.

## Baba - The Most Enigmatic Teacher

One requires deep insight to believe that our divine teacher, actually and ethereally, has thousands of students. I am astounded when I attempt to comprehend that the Avatar is simultaneously teaching students in all languages the world over.



In this regard, during one of our visits to Prasanthi Nilayam, Sai Baba was granting interviews to a number of devotees in the Mandir, as is His practice almost every day. From our floor vantage point, just feet away and behind a curtain Sai Baba was talking to a young man from Spain. **Sai Baba's stream of words flowed at an extremely fast pace. Later, outside, I met the man and mentioned to him, "How amazing it is that Swami can talk to devotees in any language.** His talk to you, in Spanish, flowed incessantly, and you undoubtedly clung intently to each word." (We speak some Spanish and can recognize it.) The man looked at me in amazement and said, "He spoke to me in English!"

Reflecting, I say, "How Great Thou Art!" Here is a teacher who astounds and uplifts His students worldwide, assisting and blessing them in multitudinous ways. I look momentarily at myself, and with deep gratitude I see myself being transformed by Him, writing about the world's greatest power - the Sai Avatar. ■



## DRAWN BY THE MAGIC WAND OF DIVINE LOVE

**H**ow the Eternal Entertainer enraptured the hearts of ‘The Dharmic Clowns’ from Italy who have taken upon themselves the mission of spreading His Love and Message through smiles, music, joy and laughter.

In the Healing Touch section of this August 2009 issue, we have the fascinating story of how ‘The Dharmic Clowns’ from Italy invaded the Super Specialty Hospitals in Puttaparthi and Whitefield in January and March 2009 and created a magic that mesmerised every soul in these Divine Abodes of Healing. Read this story ‘[Love, Laughter And Happiness At The Temple Of Healing](#)’.

In the present article, these charismatic Dharmic Clowns share how their souls were magically pulled by the mysterious call of the Master Charmer, Bhagavan Sri Sathya Sai Baba.

**Mr. Riccardo Romagnoli – clown “Magic Richard”:** Just looking at the cover of the book “The Holy Man and the Psychiatrist” by Dr. Samuel Sandweiss, instinctively I felt that Sai Baba was my Divine Mother and Father. I was sixteen years old then. After reading that book, I met several devotees of Baba, studied other books and began to see Him in my dreams. One night He told me that soon I would be departing for India along with my mother. And that is what happened.

I arrived at Whitefield and during Darshan, **Swami blessed my *japamala* (rosary) and looking Him in the eyes I said, “Swami, I love You”, and He responded,**



**“Yes, so do I, just as I had dreamt. After that trip, everyone in my family became devotees of Swami.** I’ve also had the blessing of going to India with Sara, first my fiancée and then wife. And with great joy also taking Matilde, my five-year-old daughter. Swami is always present in my life as Teacher, Friend and Eternal Witness. Any action in my life is infused with my love for Him.

An interesting fact about me is that since I was a child, I have been fascinated by the art of sleight-of-hand and at the age of 17 I became a professional conjurer. I’ve always believed that all the acts of Bhagavan are Divine actions, but at the same time I had a great curiosity constantly to see first-hand the materializations of Swami. The first manifestation of *Vibhuti* that I saw happened right in front of my eyes. Swami looked at me, then lifted the sleeve of His robe (to show me that His hand was





'empty') and finally moved His hand in circles to give *Vibhuti* to a devotee who was sitting next to me. I was bewildered, like the time that I saw Him materialize a golden ring with a green emerald in the interview room for an Indian doctor. **But what continues to surprise me, however, is the greatest magic of His Love - Love that transforms, inspires, and bares fruit.**

**Mr. Claudio Giannini – clown "Piuma":** I read about Sai Baba in a weekly magazine in 1979, but I wasn't particularly interested. Following that, some of our neighbours, who had already been to Puttaparthi, gave my wife and I the book "The Holy Man and the Psychiatrist" by Dr. Samuel Sandweiss. The book made me curious and in August 1988, we decided to experience Baba's Ashram.

I have to confess that, personally, at the beginning of our stay I felt a strong sense of rejection due to the uncomfortable lodging, the smells and tastes so different from those I was used to. Then, some days later, I tried to open my heart to Baba and during Darshan, **He called me for an interview and entered my heart like a ram, capturing me completely - He has never left me since.**

Subsequently, my life has been transformed and even though in our society it's not always easy, I try, as much



as possible, to put His Divine Teachings into practice. **Mr. Franco Borghetti – clown "Pepita":** In the house of a couple of devotees, I saw a large picture of Sai Baba dressed in a white robe and a rose in His Hands. Those friends began to talk about Him with such sweetness that it left me very inquisitive. It was the beginning of a grand adventure!

In January 1990, I arrived at Puttaparthi. During the first Darshan, I wasn't really aware of what was happening around me until the buzzing of the people waiting calmed down and everyone pointed out that Baba was about to come out. Just then I felt a strong impulse to recite the most beautiful prayers that I knew: "The Magnificent" and the "Our Father".

**Mr. Marino Marchi – clown "Squeaker":** One day, it so happened that I overheard some people talking about Sai Baba. I didn't know of Him, but I was even more curious. So I got some books on Him and on Christmas Eve of 1991, I arrived at Prasanthi Nilayam. It was my first Darshan right on Christmas Eve. Upon seeing Him, the emotions were such that I wept for joy.

Since then, Baba has always been present in my heart and at least once a year, I feel it necessary to be physically close to Him.

**Mr. Claude Macquet – clown "Bianchino":** I became familiar with Baba through a friend who gave me the book by Dr. Samuel Sandweiss "The Holy Man and the Psychiatrist". I went to Puttaparthi for the first time in January 1995. During the first Darshan, upon seeing Baba, my curiosity was substituted by an overwhelming serenity of spirit and a strong sensation to have finally returned home!





**Ms. Tiziana Mitrano – clown “Biancospina”:** Whenever I visited the home of a friend, I often saw pictures of Baba, books that talked about Him and even some *Vibhuti*, but I didn’t understand what it was. I was, however, very attracted by everything about India, but I didn’t understand yet.

Then, in December 2003, I went with a group. Upon entering the Ashram, I began feeling moved, but I didn’t comprehend anything yet. The next day, at 4 a.m., together with my group of women, I started towards Sai Kulwant Hall. We entered with the first row and I remember looking at the red carpet in front of me that was continuously being swept clean. Then, they began the mantras and Baba came out of His residence and walked towards us. I was in the first line and finally, for the first time, **He looked directly into my eyes, my heart, and my soul, with an infinite and strong sweetness. His Hand has never abandoned me since then, and finally, I began to understand.**

**Ms. Emma Marcolin – clown “Ugolina”:** My first approach towards Baba was mainly through the practice of devotional chanting, and later I gained a deeper knowledge through His Divine Teachings. And finally I found answers to all my existential doubts. I went to Puttaparthi for the first time in July 2004 for the celebration of Guru Poornima, volunteering in the Western canteen. During my first Darshan I was very emotional and my heart was beating very hard. Upon seeing Him, tears began to pour. **I observed Him as He got closer, and standing in front of me, He looked directly into my eyes with His sweet and powerful gaze as if to say: “Welcome!” It was an extraordinary experience that changed my life.**

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**Mr. Pino Madera – clown “Pipino”:** I was at the studio of a fashion designer doing business where I saw a life-size picture of Baba. Curious, I asked who was that “Man” and the reply I got was that He was God. My first reaction to such a reply was a scoff; however, when I left that studio something inside me began to move. I felt the constant presence of Baba and I began to intuit that my life was about to change.

After about a year, in July 1986, I felt a strong pull to Puttaparthi. I remember that, still groggy from the long trip, I found myself at the Ashram not knowing what to





do in order to meet Swami. I was confused and tired, I felt like crying, asking myself what was I doing there! I got myself to Darshan but I was so tired I could hardly keep my eyes open. Shortly, Baba arrived and I had with me letters given to me by Italian devotees. I was still trying to acclimatize myself when, looking up, I saw Baba in front of me Who, with an infinite sweetness, asked me to give Him the letters. I couldn't comprehend what was happening to me, but I felt like a child seeing his mother after a very long time.

**Mr. Mauro Contini – clown “Tritolo”:** I heard about Bhagavan Sri Sathya Sai Baba in 1990, when I saw short films that featured Him. Following that, I read some books that talked about Him, and one night I dreamt of Him. I understood that He was calling me. When I saw Him for the first time during Darshan, I felt such an emotion of love and peace as I had never felt until then. After that experience I have returned periodically to His Ashram and my faith has evolved.

One day I had the fortune of being able to hand Him a letter in which I expressed three wishes for my life: two have already been realized and the third has a long-term expiration date... above all it is in His hands. When

I returned from that first trip, I cried at the thought of leaving that Abode of Supreme Peace, but in my heart I knew that He would always be with me. ■



## THE MUD AND THE MIND

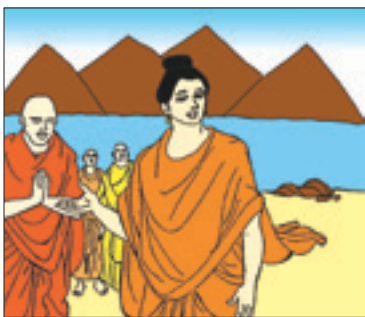
Buddha, for all of us, symbolizes wisdom, compassion and absolute reality. Equanimity of mind is best understood when we observe Buddha's reactions to events and non-events in his life. His sense of compassion moves you with its sheer purity and simplicity.

Let us share with you a day from the life of Buddha.

Buddha, in one of his travels, was going from one town to another along with his disciples. The Holy One's company, His observations, suggestions, and advice were gems of wisdom that His disciples were blessed to receive. As this team traversed some distance, they came upon a lake. Buddha voiced His need for some water as He was thirsty. "Do get me some water from the lake as I am thirsty."

The disciple walked toward the lake to a point where he could fetch some water when he saw a bullock cart cross the lake resulting in the lake turning to a murky brown. "Oh no," he thought, rather disappointed about the ill-timed passing by of the bullock cart. "How do I take this muddy water to Buddha? What will He say to this?"

He walked back to Buddha not looking too happy and said to him, "Buddha, this water isn't good to drink. It is dreadfully muddy." Buddha waited for about a half hour and sent him back to the same lake to get Him a bit of the same water!



The disciple visibly puzzled walked back quite sure the lake wouldn't change. A closer look showed that the lake was indeed still addled. He was right; the lake didn't change

colour in that time at all. There was no way he was going to take this water back to Buddha!

He marched back to his master. He was received with the same calm and waited for a while. Buddha told him to go to the lake yet again. The disciple knew not what Buddha had in mind as he found the whole exercise a bit odd.

The lake that was mucky and filthy all the while since the bullock cart left seemed to be a totally different one this time – a clean, clear lake with not a hint of brown! The mud nicely settled into a bed of sediment; it required no skill to fill his pot of crystal clear water for Buddha. Feeling triumphant after more than a single attempt, he walked back pleased to have gone back on a successful note.

Buddha in his quintessential serene look, accepted the water, and turned to this disciple and said, "Did you see what it took to get me some



clean water? Nothing! You just let it be. You gave it time and what happened? The mud raced to the bottom of the lake leaving you with clean water!"

"The same holds true for your mind as well. Just let it be. All it needs is a little bit of your time. It will quieten down on its own. It requires no effort from you to still it. It eventually happens with the help of a little time. It is effortless."

Just how supremely powerful is this simple message? The disciple was obviously stupefied. The peace of mind that seems to elude most of us on this planet actually is right here for all of us to experience. "It is actually effortless." It isn't a wearisome exercise that we think only few can get results for. It is actually that simple for all of us!"

Bhagavan Baba says, "Be like the tortoise that can live in water or on land. That is to say, cultivate the inner calm that helps you remain with the thought of God, whether you are alone or in a crowd. The true inner solitude (*ekantha*) is when you are not aware of the crowd around you. When you are able to remain undisturbed by others, then you have perfect inner solitude." ■

Illustrations: Mrs. Vidya, Kuwait



## CHARISMATIC KINDNESS

These words of Bhagavan Baba touched me when I first came across them: **“Do not judge others to decide whether they deserve your service. Find out whether they are distressed – that is sufficient credential. Do not examine how they behave towards others either, for they can certainly be transformed by love. Service should be for you a sacred vow, a *Sadhana*, a spiritual path. It is the very breath; it can only end when breath takes leave of you.”** When I thought about these beautiful words long and hard, it occurred to me that there was someone I knew who lived them.

My grandmother still visits me in my dreams every once in a while. There certainly has to be a reason for this. Why does she still remember me when she’s happily spending time in God’s delightful company? She was my “Living Angel” till she died a few years ago, and now it’s just “My Angel”.

When my beautiful grandmother was in her mid-90s, (her unquestionable intelligence in tact and her sense of humour that just got better with age) she invited her sons to tea and asked them what they wished to keep as memories that she had lovingly preserved to feel her late husband’s presence around her. That my grandfather was near-perfect as a human being is another story.

Whilst my uncles took their pick, my father had just one request. That happened to be all the diaries that my

**“Give joy to all. Practicing Selfless Love is the way to achieve this ideal. When Love can bring even God near you, how can it fail where human beings are involved?”**

grandmother had filled rather religiously over the years. Diaries of a mother in her mid-90s do sound like a treasure now, but who would have thought of it at the right minute! Like any mother who can read her child’s mind, my grandmother knew what my father meant when he requested her for nothing more than her “very long” journal. She knew that her son could get comfort from no other material gift.

**“It’s good to be great,  
but it’s great to be good.”**

After my grandmother’s demise and the final rites done, my father returned with his mother’s last gifts - the numerous diaries. My sister and I were moved at what my father held most dear to his heart. It was evident to us where my father’s goodness came from. My father began to read to us from those pages. An account of a certain day in her life just months before she passed away was a revelation. My sister and I found it hard to fight back tears as my misty-eyed father read this chapter to us.

One page pretty much summed up what my grandmother ‘was about’: the rarest form of goodness that I probably will never get to see again - ever. Among her list of

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for you a sacred vow,  
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It is the very breath;  
it can end only when  
breath takes leave of you...

- Baba







The author's Grandmother

'visitors' were people who needed help with money or jobs or counsel or who popped by for her sheer lovely company. One woman in particular was a regular who liked to think my granny's house an extension of hers. This obviously wasn't terribly pleasant for the rest of the family and there was a reason for it! This face that became a little too familiar came across as a bit annoying; she was rude and insensitive, always spoke ill of people when she opened her mouth to speak, was discourteous and never hesitated when offered a meal or a cup of tea. Now everyone around my grandmother wondered for years why she never had a bad word about 'this guest'. Funnier still was the fact that my grandmother served her a meal each time she turned up and chatted to her with the same smile that she had when we were around.

"It's thankless to be good to people! I can be kind and generous occasionally but to put up with someone's not-so-brilliant company everyday is no great joy." Haven't we all thought to ourselves this way on some days if not everyday?

My father came to the point in the diary that had these golden words: "For years people have asked me why I am nice to this human being. I do know for a fact that she is quite an unpleasant person and has given reasons to people to shun her. She even confessed to me that she

thought of herself to be a deplorable character. Instead of judging her, I have thought of how sad and lonely she must be. **If I show her the door, which is perhaps the easiest thing to do to someone like her, who would ever befriend her, give her a meal, or even spend five minutes with her?"**

My sister and I looked at each other; trying not to show tears. My father noted that we couldn't believe our ears. He paused for a minute, took a long breath and continued. **"I wanted her to know she had my place to come over to whenever she needed anything at all."**

**God dwells in a pure heart; shining in His innate splendour of Wisdom, Power and Love. Start the day with Love. Spend the day with Love. Fill the day with Love. End the day with Love. That is the way to God."**

I now realize why I see my grandmother in my dreams. She's always telling me never to forget to be good. Like my father tells us: "It's good to be great, but it's great to be good." My grandmother really got one thing right and practised it to perfection: **"Love all, serve all; help ever, hurt never."**

She lived all her 99 years on this planet doing the same old good deeds without any hint of boredom or complaints. How did she manage to remember to feed birds and animals, random strangers who showed up at her doorstep, or friends or family, actually anyone and everyone, before her meals and other times of the day – and this, every single day of her long life? It baffles me, it humbles me; my heart swells with pride when I tell myself that she was my granny. Even a candy from her had a special sweetness to it. Her beautiful smile which she constantly shared made her generosity even more striking.

Bhagavan's loving words come to mind. **"Give joy to all. Practicing Selfless Love is the way to achieve this ideal. When Love can bring even God near you, how can it fail where human beings are involved? God dwells in a pure heart; shining in His innate splendour of Wisdom, Power and Love. Start the day with Love. Spend the day with Love. Fill the day with Love. End the day with Love. That is the way to God."** ■

- By Mrs. Anisha Bordoloi



## PRECIOUS TREASURES THAT WERE LOST...

There was a man who dreamt of buying five precious things spoken of in the entire world. He toiled day and night for a long time until his dream finally came true.

He put all the things he had bought into a big bag, and carried them along with him. There was an inwrought blanket of the finest wool, balm tea of the best quality ever, a book in delicate golden cover full of assorted wisdom, fine silver scales, and a golden key that could open any door.

Every morning, on his way to work, the man took his bag with him; every evening, he put the bag next to his bed when he went to sleep. The man woke up many a nights to check if the bag was still there. There were days when he even got up in the middle of the night and took all the things out of the bag to make sure they were all still there. He did not use any of these things as they were far too precious for him; he was afraid of damaging them. The bag was the dearest thing to this man.

One day, on his way back from work, the man walked into a park. He sat down on the bench where the warm

rays of the Sun caressed him until he fell asleep. Upon waking up, the man discovered that the bag was gone! It was stolen. He was deeply sorrow-stricken; he had lost his precious belongings. The labour of many years disappeared without a trace. The thought of not having his prized possessions for the rest of his life made him massively depressed.



The man had a friend, who started to worry about him. He came to the man in apparent distress and asked, "What was in that bag?" The man explained that the bag contained an exquisite blanket of the finest wool. The friend then asked him: "Was the blanket soft? Did it caress your skin gently? Did it really give you warmth even in the coldest nights, just as everyone described it?" The man had no answer because he had never used the blanket himself. All he knew was that it was made of the finest wool, daintily embroidered and very expensive.

"What else was in your bag?" asked the friend. "The bag contained balm tea of the best quality in the world." His dear friend then asked, "Was the tea tasty? Did it really calm your mind as it was acclaimed to? Did it soothe away your worries and heal your body?" The man was without an answer yet again, as he had never drunk even a sip of it. All he knew about the tea was that it was balm tea of the choicest quality, and was really expensive.

"Was there any other thing in the bag?" the friend continued. The man told him that the bag also had a book of assorted wisdom in delicate golden cover. Was the book interesting? Is there a new lesson in that you would like to share? Did it help you progress in life?" This question remained unanswered as well, because the





man had never opened the book. All he knew was that it was a book of wise sayings in an elegant covering of gold, and was classy.

"Was there more in your bag?" the friend persisted. The man continued with his story that the bag held a pair of fine silver scales. "Did these scales really weigh things more accurately than the ordinary ones? Did they help you do your job much quicker and better? Was the silver warm or, perhaps, cold?" the friend asked again. The man seemed to be clueless because all he remembered about the scales was that they were made of diaphanous silver, and looked very elegant.

"What else had you put in the bag, my friend?" The man remembered the golden key that could open any door. "How many new doors did you open? What new discoveries did await you behind these doors? Were you overwhelmed when the key opened new worlds for you?" Sadly all the man knew was that the key was made of gold; that it could open any door, and it was a privilege to have that object.

When the man failed to answer the last question, the friend put his hand on man's shoulder and comforting him he said, "Don't grieve, my dear man, even less, worry, because those things in your bag are of no value to you if you have not used them. If you haven't used them, how can you know what joy and satisfaction they bring? If you haven't experienced the joy by using those things, you haven't lost anything. Even if you had ever used those precious things and let in the joy, you would have stayed rich even when you lost the bag; because no thief can steal your experience, feelings and joy from your heart. You've lost nothing, simply because you had nothing."

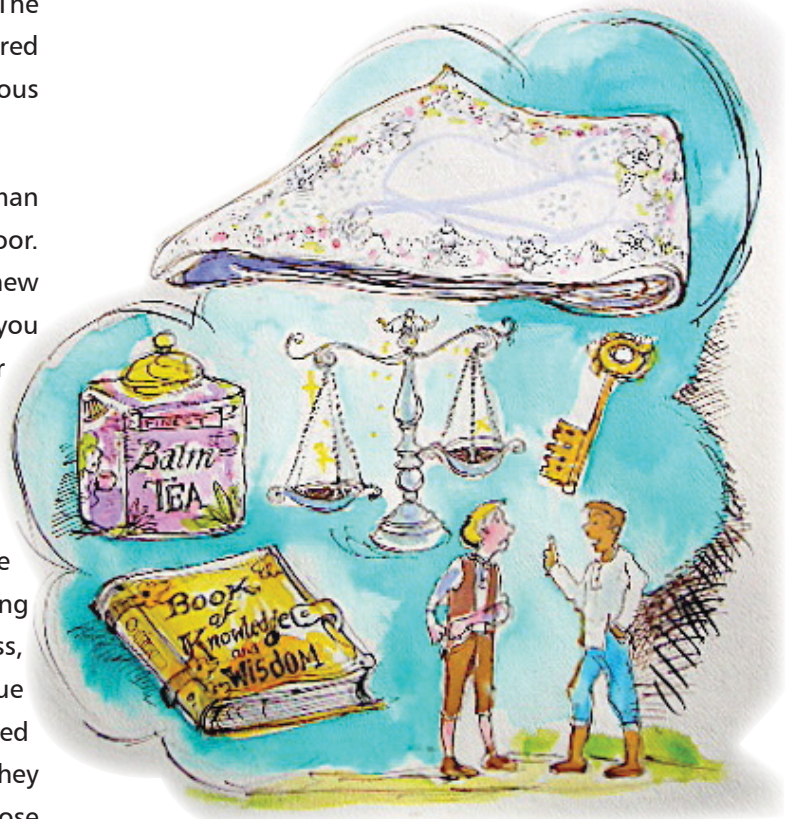
**Bhagavan Sri Sathya Sai Baba gives us Love (*prema*) – the inwrought blanket of the finest wool, calmness (*shanthi*) – the best quality balm tea, peacefulness (*ahimsa*) – the book in delicate golden cover full of wisdom, justness (*dharma*) – fine silver scales, and the truth (*sathya*) – the golden key that opens any door. We are rich and happy only if we have used these precious gifts. For when we have benefited from them, they remain in our hearts forever. They become our indelible property which no thief can**

**ever steal. We become rich and richer. But if we never discover their true potential through real practice and experience, we are poor and poorer every day.**

We have the greatest of wealth within us, let us harness it and lead a life of undisturbed love and bliss. ■

- By Ms. Rita Ivanova, Latvia

Illustrations: Ms. Lyn, New Zealand



## MULTI-FAITH QUIZ ON SAINTS AND HOLY MEN - 1

In general, the term Saint refers to someone who is exceptionally virtuous and holy. It can be applied to both the living and the dead and is an acceptable term in most of the world's popular religions. The Saint is held up by the community as an example of how we all should act, and his or her life story is usually recorded for the edification of future generations.

Swami says: "Learn from the saints and sages who have realized the Truth about the path you shall tread and the goal you have to attain." In the current quiz we take you through the lives of many such ideal men and women who have become lighthouses of inspiration and direction for generations to come.

1. In Islam, a **Sufi** is one who is a lover of Truth, who by means of love and devotion moves towards the Truth, towards the Perfection which all are truly seeking, and who dedicates himself to the quest after mystical union (or, better said, reunion) with his Creator from whom he has been cut off and become aloof – and his longing and desire to restore it.

**Jalalud'din Rumi** is one of the world's most revered mystical Sufi poets, whose outpourings capture the hearts of spiritual seekers because of their depth and beauty.

For Rumi, religion was mostly a personal experience and not limited to logical arguments or perceptions of the senses. "The religion of love is separate from all forms of religions. Lovers are of one nation and one religion – love. And that is God."

In essence, what was the nature of Rumi's teachings through his poetry?

- A. Universal
- B. Ethnic
- C. Diverse
- D. Secular

2. A **Tulku** is an enlightened Tibetan Buddhist Lama who is believed to be the manifestation of the 'Bodhisattva' - of Compassion, who is consciously determined to take birth, often re-incarnate many times, to serve the people.

**Dalai Lama** means Ocean of Wisdom. The current Dalai Lama, is often called "His Holiness" (HH) by Westerners. **His Holiness the XIVth Dalai Lama, Tenzin Gyatso**, is the spiritual and temporal leader of the Tibetan people. Born to a peasant family, His Holiness was recognized at the age of two, in accordance with Tibetan tradition, as the reincarnation of his predecessor the 13th Dalai Lama.

How do the Tibetans normally refer to His Holiness, the current XIVth Dalai Lama as?

- A. The Saint of all Saints
- B. The Greatest Philosopher
- C. The Wish-Fulfilling Gem
- D. The Most Needed One

3. In Jainism, when a person renounces the worldly life and all the attachments, and is initiated into monk hood or nun hood, the man is called Sadhu, Shraman or Muni and the woman is called Sadhvi, Shramani, or Arya. However, the chief among saints, the topmost in Jain hierarchy of saints is called **Acharya**.

**Acharya Bhikshu** was one of the great revolutionary saints of Jainism. He was a staunch disciple of Lord Mahavir and completely immersed his life on the path given by Him. In pursuit of finding Truth, he sacrificed material goals, honor and luxuries and studied and analyzed the various disciplines of the Jain religion thoroughly and on this basis, compiled his own ideologies and principles of the Jain way of life.

In the initial phase of his spiritual revolution, he had 13 saints, 13 followers and 13 basic rules. This coincidence resulted in "Terapanth" – "tera" represented the number 13, panth meaning religious order.

What was the most important principle observed and stressed upon in this religious order of Terapanth that Acharya Bikshu propagated?

- A. Devotion
- B. Dedication
- C. Self-Discipline



## D. Compassion

4. Living a hidden, simple life of prayer, **St. Therese** was gifted with great intimacy with God. Through sickness and dark nights of doubt and fear, she remained faithful to God, rooted in His merciful love. Christians around the world came to know Therese through her autobiography, "**Story of a Soul**". She described her life as a "little way of spiritual childhood." She lived each day with an unshakable confidence in God's love. "What matters in life," she wrote, "is not great deeds, but great love."

Therese lived and taught a spirituality of attending to everyone and everything well and with love. She believed that just as a child becomes enamored with what is before her, we should also have a childlike focus and totally attentive love. Therese's spirituality is of doing the ordinary, with extraordinary love.

What was St. Therese also popularly known as?

- A. God's Beloved Child
- B. Little Flower of Jesus
- C. Messenger of Love
- D. Heavenly Star

5. Saint Kabir is one of the major inspirations behind Sikhism. His name, 'Kabir', is often interpreted as Guru's Grace. A substantial amount of Kabir's verses (dohas) are pious songs sung in deep meditation and are present - about 500 of them - in the Sikh scripture, the Sri Guru Granth Sahib, that is considered the living Guru by the followers of Sikhism.

What method of attaining salvation did Kabir advocate the most in the Sri Guru Granth Sahib?

- A. He insisted on forming a special group amongst Sikhs.
- B. He created a special mantra for all his followers.
- C. He advocated meditation and isolated worship.
- D. He recommended everyone to find a true Perfect Spiritual Master.

6. For Hindus, it is extremely difficult to find a parallel to the wonderful **Mirabai**, a saint, philosopher, poet and sage. She was a princess, but she abandoned the

pleasures and luxuries incident to her high station, and chose instead, a life of poverty, austerity, renunciation and solitude. She was a magnanimous soul whose life had a singular charm of extraordinary beauty.

Mira poured her devotion to her beloved God, Lord Krishna, through compositions of powerful songs of intense faith, courage and love. Bhagavan Baba often remembers one of her popular prayers:

*"I went deep into the ocean of Samsara and caught hold of the pearl of Your divine name. How can I allow it to slip away from my hand? I will safeguard this 'pearl' even at the cost of my life."*

Towards the end of her life, when Maharana, her husband, asked her to leave the Krishna Temple located in the palace, Mira in all agony and anxiety went to Dwaraka. And upon reaching there she found the temple doors of the city closed. What happened next?

- A. Mira banged her head on the doors of the temple and lo and behold! Lord Krishna appeared before her.
- B. Mira slumped at the door of the temple and spent the whole night beseeching her Lord to have mercy on her.
- C. Mira heard a heavenly assurance from Lord Krishna that all will be well and returned to her palace the next morning.
- D. Seeing Mira at the door of the temple, the temple priest opened the door immediately and served her food and comforted her.

7. A group of devoted young seekers, led by **Mullá Husayn**, set out from the holy city of Karbilá (near Baghdad) in search of the Promised One, a Bahá'í Messianic figure, whose coming had been prophesized for more than a thousand years.

On reaching Shiraz, Mullá Husayn was approached by a young man wearing a green turban, an indication that the wearer was a descendent of the Prophet Muhammad. The stranger invited Mullá Husayn to his home. After being asked by him as to what he was doing in Shiraz, Mullá Husayn replied that he was searching for the Promised One.



The young man then asked how would the Promised One be recognized, to which Mullá Husayn replied, "He is of a pure lineage, is of illustrious descent, is endowed with innate knowledge and is free from bodily deficiency."

To the shock of Mullá Husayn, when the young man declared, "Behold, all these signs are manifest in Me." How did Mullá Husayn react?

- A. He was angry and hurt.
- B. He grilled Him with questions.
- C. He felt possessed of courage and power.
- D. He fell unconscious.

8. Zarathushtra used fire as the central symbol of his teachings, and the 'fire guardians' became Zoroastrian priests. **Dastur** are high priests and in addition to being learned in the entire Avesta (Holy Scripture) and proficient in conducting all the ceremonies, Dasturs are leaders, administrators, spiritual guides and teachers.

**Revered Priest of Priests, Dr. Dastur Maneckji N. Dhalla**, whose 'way of life' was an object-lesson to humanity, and whose day-to-day life-style shaped a living, loving volume of ethical import was the orator and speaker eagerly sought for speaking engagements all over India, UK, and the US. When he rose to speak, his countenance radiated light. He spoke with flaming enthusiasm and animation, stirring up religious enthusiasm among his hearers. He held his audience spellbound and his listeners felt that their souls had awakened to a new life.

How many major books did the genius Dastur M.N. Dhalla write on the Zarathushti religion?

- A. 9
- B. 18
- C. 27
- D. 36

9. According to Jewish tradition, God gave both the Written Law (Torah) and the Oral Law (additional laws and customs meant to be passed down from teacher to student). "The Law" in Judaism refers primarily to Biblical

Law, given to the Israelites by God through Moses, as well as interpretations of the meaning and application of those rules.

The **Tannaim** were the Rabbinic sages, and as teachers of the Oral Law, were direct transmitters of passing it from teacher to student. According to tradition, the Tannaim were the last generation in a long sequence of oral teachers that began with Moses.

Since for centuries, only the Torah appeared as a written text, fearing that the oral traditions might be forgotten, Rabbi **Yehudah HaNasi** undertook the mission of compiling them in what became known as the Mishnah.

What does the title "Nasi" mean in his name Rabbi **Yehudah HaNasi**?

- A. Chosen One
- B. A Prince
- C. Wealthiest One
- D. Enlightened One

10. Narendra, reverently later known as **Swami Vivekananda** (Vivekananda means 'joy of discrimination'), always remembered to mention the name of his pious mother Bhuvaneshawari Devi, as the one who in his childhood, played a very important role in his spiritual development. One of the sayings of his mother he quoted often in his later years was, "Remain pure all your life; guard your own honor and never transgress the honor of others. Be very tranquil, but when necessary, harden your heart."

When young Vivekananda showed great inclination towards spirituality and God realization, he searched for a man who could directly demonstrate the reality of God. He finally came to Ramakrishna Paramahansa and became his disciple. As a Guru, Ramakrishna taught him that all religions are true, and service to man was the most effective worship of God.

Living by such divine principles, he came to America and spoke as an unknown monk at the World Parliament of Religions. Instead of addressing the audience as "Ladies and Gentlemen", which words did Swami Vivekananda use to address the audience which gained a standing ovation?





- A. "Embodiments of Love"
- B. "Sincere Seekers of God"
- C. "Brothers and Sisters"
- D. "Divine Souls of this Congregation"

### ANSWERS:

#### 1 A. Universal.

The teachings of Rumi are Universal in nature. Rumi's visions, words, and life teach us how to reach inner peace and happiness so we can finally stop the continual stream of hostility and hatred, and achieve true global peace and harmony.



What can I do, Submitters to God? I do not know myself.  
I am neither Christian nor Jew, neither Zoroastrian nor Muslim,

I am not from east or west, not from land or sea,  
not from the shafts of nature nor from the spheres of the firmament,

not of the earth, not of water, not of air, not of fire.

I am not from the highest heaven, not from this world,  
not from existence, not from being.....

He is the first, he is the last, he is the outer, he is the inner.

Beyond "He" and "He is" I know no other.

I am drunk from the cup of love, the two worlds have escaped me.

I have no concern but carouse and rapture.

If one day in my life I spend a moment without you  
from that hour and that time I would repent my life.

If one day I am given a moment in solitude with you  
I will trample the two worlds underfoot and dance forever.

#### 2 C. The Wish-Fulfilling Gem.

Tibetans normally refer to His Holiness as the Wish-Fulfilling Gem, or simply, Kundun, meaning The Presence.

During his travels abroad, His Holiness has spoken strongly for better understanding and respect among the different faiths of the world. Towards this end, His Holiness made numerous appearances in interfaith services, imparting the message of universal responsibility, love, compassion and kindness.

"The need for simple human-to-human relationships is becoming increasingly urgent . . . Today the world is smaller and more interdependent.



One nation's problems can no longer be solved by itself completely. Thus, without a sense of universal responsibility, our very survival becomes threatened. Basically, universal responsibility is feeling for other people's suffering just as we feel our own. It is the realization that even our enemy is entirely motivated by the quest for happiness. We must recognize that all beings want the same thing that we want. This is the way to achieve a true understanding, unfettered by artificial consideration."

"This is my simple religion. There is no need for temples; no need for complicated philosophy. Our own brain, our own heart is our temple; the philosophy is kindness."

#### 3 C. Self-Discipline.

Acharya Bikhsu revolutionized the various principles which had become meaningless with the passing of time. To organize and stabilize this religious order, Terapanth, he propagated the ideology of one guru and brought to an end the concept of self-discipleship. In this way, his ideology of one Acharya, one principle, one



thought and similar thinking became the ideal for other religious sects. He showed the importance of discipline, purity and self-control.

It was this way of life that was demonstrated by Acharya Bhikshu that self-discipline became the foundation principle of Terapanth.



Acharya Bhikshu showed the way from desire to desirelessness. He said the common man should understand and practise true religion which would take him to the path of salvation. His followers piously referred this great visionary monk as 'Swamiji'.

### 4 B. *Little Flower of Jesus.*

Therese saw the seasons as reflecting the seasons of God's love affair with us. She loved flowers and saw herself as the "little flower of Jesus," who gave glory to God by just being her beautiful little self among all the other flowers in God's garden. Because of this beautiful analogy, the title "little flower" remained with St. Therese.



"Yes, my Beloved, it is thus that my life's brief day shall be spent before Thee. No other means have I of proving my love than to strew flowers; that is, to let no little sacrifice escape me, not a look, not a word, to avail of the very least actions and do them for Love. I wish to suffer for Love's sake and for Love's sake even to rejoice; thus shall I strew flowers. Not one shall I find without shedding its petals for Thee...and then I will sing, I will always sing, even if I must gather my roses in the very midst of thorns - and the longer and sharper the thorns, the sweeter shall be my song." Story of A Soul, Chapter XI

### 5 D. *He recommended everyone to find a true Perfect Spiritual Master.*

Sant Kabir believed that being one with God is the ultimate aim of every individual. He showed that the path of permanent salvation could only be attained with the blessings of a "Satguru" (true Perfect Spiritual Master).

One of Saint Kabir's most popular quotes is:

"When you came into this world, everyone laughed while you cried. Do such work, that they cry while you laugh when you are gone."

During a Divine 1976 Discourse, Swami spoke on this holy saint thus: "Kabir, the great mystic-poet, sang, 'Here are my prostrations to the bad. Here are my prostrations



to the good.' When asked why he offered prostrations to the bad along with the good, he replied, 'I prostrate before the bad so that they might leave me alone; I do the same before the good, so that they might remain near me always.'

### 6 A. *Mira banged her head on the doors of the temple and lo and behold! Lord Krishna appeared before her.*

During a Divine 2006 Discourse, Swami spoke on her intense devotion to Lord Krishna: "When Mirabai was asked to leave the Krishna temple in the palace by the Maharana, she was full of anxiety, thinking, "How can I leave my dear Lord Krishna and go away!" But her unflinching faith in Krishna developed the firm conviction in her, "Krishna Himself would come along with me."

She prayed to Lord Krishna, "Oh, Lord! I obtained the precious pearl of Divine Name after a great effort. Please bless me that I do not lose this



invaluable pearl." Chanting the name of Krishna incessantly, she reached Dwaraka. However, she found the doors of the temple closed. Unable to bear the agony of separation from her dear Lord Krishna any more, she banged her head against the doors of the temple. Lo! And behold! The doors of the temple opened and Lord Krishna appeared before her. After having Darshan of her dear Lord, Mirabai merged in Him."

### 7 C. *He felt possessed of courage and power.*

Mullá Husayn expressed: "This Revelation, so suddenly and impetuously thrust upon me, came as a thunderbolt... the knowledge of His Revelation had galvanized my



being! I felt possessed of such courage and power that were the world, all its peoples and its potentates, to rise against me, I would, alone and undaunted, withstand their onslaught.

"The universe seemed but a handful of dust in my grasp. I seemed to be the Voice of Gabriel personified, calling unto all mankind: "Awake, for lo! The morning Light has broken. Arise, for His Cause is made manifest. The portal of His grace is open wide; enter therein, O peoples of the world! For He who is your promised One is come!"

Mullá Husayn became the Báb's first disciple. Within five months, seventeen other disciples had independently recognized the Báb as a Manifestation of God. The "Letters of the Living" was a title provided by the Báb to the first eighteen believers in his mission who became disciples of the Bábí Religion and were given the task of spreading the new faith.

#### 8 A. 9 major books.

Dastur M.N. Dhalla taught that religion is a thing of the heart, not of the head. He was the genius that flowered in his nine major books and countless papers on Zarathushti religious literature, history and theology. He served, not only as a ceremonial dastur, but also a scholar and teacher, for over 45 years until his death.

"No thinking man's own idea of God and religion, at all times and in all conditions of life, is ever the same. For everybody's views on religion, then, it is not possible ever to be alike. Monotonous would our world become, if all thought equally and in the same way without ever differing in religious beliefs and practices from one another. Nature shines in her luxuriant glory because of the wide variety of her form and colour and beauty. So do there bloom and blossom in the garden of the spirit pervading mankind, foliage and flowers of all shades and grades of devotion and religious emotions."

#### 9 B. A Prince.

In Judaism, the title "Nasi" is often translated, in accordance with its historic meaning, as "Prince". As Nasi, he became very wealthy, comparable to Roman rulers. But he gave much of his wealth to the support of the poor. He is also referred to as "Rebbi," Teacher par excellence, and as "Rabbeinu HaKadosh," or, Our Holy Rabbi.

Rabbi Yehudah HaNasi was best known as the chief redactor and editor of the Mishnah in its final form. In addition to redacting the Mishnah, Rebbi and his court also ruled on which opinions should be followed, though the rulings do not always appear in the text.



It was said of him, "From the days of Mosheh Rabbeinu till Rabbeinu HaKadosh, there was never found great Torah knowledge combined with great wealth."

#### 10 C. "Brothers and Sisters."



Swami Vivekananda chose, in obedience to a higher call, service to man as his mission on earth. He is best known for his inspiring speech beginning with "Brothers and Sisters of America", through which he introduced

Hinduism at the Parliament of the World's Religions at Chicago in 1893. During the 1972 Summer Showers, Swami applauded Swami Vivekananda: "When Swami Vivekananda introduced a new form of address at the Congress of Religions in Chicago, instead of addressing them as "Ladies and Gentlemen", he addressed them as "Brothers and Sisters". It was quite new to the foreigners, and they were so much touched and moved by this gesture that they applauded him incessantly for fifteen minutes. Of course, nowadays too, we are addressing the audience as sisters and brothers, but that feeling is not there in our hearts even for the time we are on the platform. What we do not feel in our hearts should not be expressed outwardly. We must give place to true feelings in our hearts and we must try to practice good things in our life." ■

~ Heart2Heart Team



## QUIZ ON DIVINE DISCOURSES ON EDUCARE

**A**ccording to the Oxford Dictionary, the word 'educate' has its origin from the Latin word 'educare' which is related to 'educere' or 'educere', meaning: to bring out or develop from latent or potential existence.

Bhagavan tells us that true education is far more than just filling our head. It must: "Promote good and truthful feelings, good conduct, righteous action, and justice." The process of education must bring out the human values latent in every individual and furthermore and most importantly lead us to realise our true spiritual nature.

Over the last few decades, through His Divine Discourses, Bhagavan has inspired humanity to foster a system of education that focuses more on the heart than the head. The present quiz is based on these divine teachings, which Baba has mercifully bestowed on a far erring world.

1. In a Divine Discourse delivered in 2005, Swami gave us a simple explanation on Educare: "What is educare? Educare is that which brings out the latent divinity in a human being. Divinity is also known as consciousness. It is only because of the consciousness present in him that every individual is able to know the nature of the world around him. But, unfortunately, no one is able to recognize this all-pervading consciousness. In fact, it is only this consciousness that is protecting every human being. In spite of one's education and scholarship, one is not able to realize this truth.

Education is negative and artificial, whereas educare is positive. People are going to foreign countries to acquire such artificial education. What is the use of acquiring such education? Instead, everyone should strive to acquire educare. One need not go to foreign countries for acquiring educare. It wells up from within and protects the person constantly."

According to Swami, what is the gift of Educare?

A. It enables us to be motivated.

B. It promotes harmony in our relationships.

C. It leads to realization of our true nature.

D. It instills courage to achieve all our goals.

2. In a Divine Discourse from 1999, Swami enlightens us concerning more aspects of educare: "What is vidya? It is derived from the root word vid, meaning, 'to know'. Vidya is termed as education in English. The term education has its origin in the Latin word educare, which means 'to elicit'. Educare has two aspects, the worldly and the spiritual. Worldly education imparts knowledge pertaining to the physical world. Spiritual education is essential, without which human life has little value."

Elaborating on the differences of the two types of education what does Swami advise?

A. To ignore worldly education.

B. To strive to be good, not great.

C. To amass wealth through gaining educational degrees.

D. To focus exclusively on spiritual knowledge.

3. In a Divine Discourse delivered on Jan 14, 2006, Swami expands on each individual value of Educare: "Educare is bringing out or manifesting the human values of Sathya, Dharma, Shanti, Prema and Ahimsa by spiritual practice. The first among the five human values is Sathya (truth). Who is the author or who spoke and taught about this Sathya? It is said Manasyekam vachasyekam karmanyekam mahatmanam (those whose thoughts, words and deeds are in perfect harmony are noble ones). Such noble souls have preached this truth since time immemorial. Sathya (truth) manifests from one's own heart. The second value is Dharma (righteousness)."

According to Swami, while Sathya originates from the heart, where does dharma originate from?

A. From obeying one's parents.

B. From serving a Guru.

C. From reading spiritual teachings.



D. From adhering to truth.

4. In a Summer Shower Discourse delivered in 2000, Swami proclaims the need for appreciating True Education: "To begin with, students must appreciate the greatness and the grandeur of True Education. Such education alone is real beauty, a hidden treasure of mankind, and an unfailing companion when one travels overseas. It is also the Teacher of all teachers. In the Court of Kings, it is knowledge and not wealth that commands respect. He is a pitiable fool, who does not aspire for such Eternal Knowledge.

"Students of today are not making any efforts to understand the sanctity of education. What precisely is the type of education that students must acquire? What is it that contributes to true progress and the real prosperity of mankind? What is it that one expects from educational establishments? It is the foremost duty of students to enquire into all such questions and share their findings with others."

Besides bookish learning, for the students to be able to appreciate the value of true education, what other requirement does Bhagavan propound?

- A. Team work.
- B. A deep desire to attain Grace from God.
- C. Knowledge of specialised skills and talents.
- D. Cultural refinement

5. In a Divine Discourse from 2000, Swami asks: "If a question is put, what is education? People say, it is the acquisition of knowledge. But it is not merely the acquisition of knowledge; it must be in action. What is the end of education? Character is the end of education. What is the essence of education? Concentration is the essence of education. What is the aim of education? The aim of education is not only cultivating human qualities, but attaining divinity."

According to Swami, how important a part does character play in our life?

- A. Character is three-fourths of our life.
- B. Character leads to creativity.
- C. Character leads to discrimination.

D. Character makes people famous.

6. In a Divine Discourse from 2004, Swami helps teachers: "Educare brings out our latent sacred values. Values are not to be taught but manifested. Mere accumulation of information from various books is not educare; it is education. Educare is the blossoming of the Divine Lotus in our heart. Educare enables us to be not just receptors but vibrators and radiators of values to all creation. Values are to be translated into action. That means, both precept and practice are equally important."

According to Swami, while teaching educare, what should be the goal of every teacher?

- A. To make each student able to study by themselves.
- B. To bring out the latent powers in each student.
- C. Students should be able to teach educare to others.
- D. They must succeed in all their endeavours in life.

7. In a Divine Discourse from 2001, Swami clarifies certain topics related to educare: "What is the relation between religion, spirituality and educare? It is surprising to Me to note that you have been unable to recognize the relation between religion, spirituality and educare. First and foremost understand what religion is - 'Religion is realization'. Only when you realize the truth about yourself, will you understand what religion is.

Spirituality is not merely singing bhajans, performing worship, going to temples or on pilgrimages or undertaking any other good activity. Spirituality is recognizing the oneness of all beings. To recognize unity in diversity is spirituality. The basic truth to be recognized is that there is only one Atma in all beings. The questions and doubts arise when you see multiplicity in unity."

After explaining more on religion, spirituality and educare, what was Swami's conclusion?

- A. All three are one and the same.
- B. We should never mix them up.
- C. We must respect all differences and treat them alike.



D. We must give importance to spirituality the most.

8. In a Divine Discourse from 1998, Swami elevates our consciousness higher: "Resolve to make the best use of the education that you have received. Respect and revere elders and set an ideal to humanity. Let your conduct befit the degrees you have acquired. There is nothing great in obtaining good marks - see that you do not invite bad remarks.

"In the modern system of education, a student is declared 'pass' if he secures just 35% of marks. What about the balance 65%? If a person completes only 35 out of 100 tasks assigned to him, can you call him successful? One should secure 100% marks. That is true education. Attaining high marks is not the aim of education. Education is meant to broaden the mind. Education and discrimination should go hand in hand. The prosperity of the nation depends on the progress you make in the field of education.

"Knowledge can be classified into five categories: bookish knowledge, superficial knowledge, general knowledge, discrimination knowledge, and \_\_\_\_\_ knowledge."

- A. Spiritual knowledge
- B. Self-knowledge
- C. Practical knowledge
- D. Worldly knowledge

9. In a Divine Discourse from 1999, Swami awakens us further: "Persons with numerous degrees are thought to be highly educated. Such proliferation of degrees is mere quantitative attainment. But what we need is quality. One teaspoonful of cow's milk is better than barrels of donkey's milk. Good behavior, good intellect, commitment to truth, devotion, discipline, sense of duty — these are the six aims of education. Who is teaching all these today? We find that students are heroes in bookish knowledge and zeroes in practice. This is not true education. You have to become heroes in practice as well."

According to Swami, besides helping man earning a living, ultimately, what should one experience from education?

- A. Equanimity
- B. Sense of loyalty towards society.
- C. A Charitable disposition.
- D. Bliss

10. In a Divine Discourse from 2000, Swami helps us further understand the sanctity of educate: "The word 'Educare' has a sacred inner meaning. That which is manifested by 'Educare' cannot be seen by the eyes, cannot be heard by the ears and cannot be felt by the mind. But all that education confers can be seen, heard and felt. Education fosters desires and leads to rebirth, whereas 'Educare' confers immortality. There will be no rebirth. The innate divine qualities like truth, righteousness peace, patience, forbearance and love cannot be seen by the naked eye and they lead to no birth. Modern education is giving rise to desires, which form the basis for rebirth. You need to develop detachment to control desires."

According to Swami, what can lead us to detachment?

- A. Focusing on our goals.
- B. An optimistic outlook on life.
- C. Listening to our Inner Voice.
- D. Performing sacred deeds.

### ANSWERS:

**1 C. It leads to realization of our true nature.**

Swami says: "Realizing one's innate divinity is educate. That innate divinity in man has been referred to by several people as atma. Without realizing the nature of the atma one cannot understand the nature of the body. Educare consists of realizing the nature of the atma.

One may acquire a lot of wealth and become a millionaire with the help of bookish knowledge and high academic degrees. But, ultimately people will give value to a realized soul and not to the one who has accumulated enormous wealth."

**2 B. Strive to be good, not great.**

Swami guides us further: "Worldly education makes man great, whereas the spiritual education makes man good.





Spiritual education relates to the heart, which is the origin of sacred qualities like compassion, truth, forbearance and love.

Today parents expect their children to go in for higher studies, amass wealth, and become great, but very few want their children to be good. Goodness is long lasting, whereas greatness is temporary. Goodness forms the



basis for spiritual life. There are crores and crores of people who have become great by amassing wealth, but what is their contribution to the welfare of society? Absolutely nil. Therefore, strive to be good, not great."

### 3 D. *From adhering to truth.*

Swami simplifies each value thus: "What is Dharma and what is Adharma? If you go on enquiring, it becomes clear that Dharma is not something that is created by someone. Sathyannasthi paro dharmah (there is no Dharma greater than adherence to truth). Dharma originated from Sathya.

The third value is Shanti (peace). You enquire from any millionaire, "Sir! You have everything in this world for a happy life. Are you happy?" Pat comes the reply, "I have everything, but I have no peace." Peace is not something that a person passes on or gives in charity to another person. It has to come from one's own heart. Today, wherever you go you see, 'only pieces, no peace'.

The fourth value is Prema (love). Where did this love come from? Did it come from mother or father or some friend? Did anyone gift it? No! Love is your very life-breath. Devoid of love, the world cannot exist.

The fifth human value is Ahimsa (non-violence). Gautam Buddha taught Ahimsa paramo dharmah (non-violence is the supreme dharma). But, today wherever you look, there is only violence. Like the other human values, the heart is the seat of non-violence.

The five human values Sathya, Dharma, Shanti, Prema and Ahimsa are not independent of each other. They closely follow one another. These five qualities are the gift of God to a human being. We as human beings have to manifest these five human values by putting them into practice. That is 'Educare'.

### 4 D. *Cultural refinement.*

Swami continues: "Mere bookish learning and the acquisition of information cannot by themselves earn for you respect and esteem in society. For that, culture and the associated refinement are also needed.

Routine scholarship is negative, whereas culture is positive; both are required. Whereas bookish knowledge equips you with facts, culture refines and transforms your inner being (for the better).

Education bereft of culture is like a field without water, a wire without current, a house without a lamp, and a temple without a deity. Pursuit of such education makes youth totally rudderless."

### 5 A. *Character is three-fourths of our life.*

Swami brings more clarity: "The modern education system lays emphasis on wealth, strength and friendship. Then what about character? Character is three-fourths of life. So, you have to develop character. Without character what is wealth, strength and friendship for? They come and go like passing clouds."

### 6 B. *To bring out the latent powers in each student.*

Swami prods the teachers thus: "Many modern boys and girls have no knowledge about these principles. It is absolutely necessary that every student should know all about educare and its importance. The latent powers in each student have to be brought out. These powers must play their part in all his activities as reflection, reaction and resound. Thus, the process of education has to work in such a way as to transform the students into reflections of their latent powers. They are to be moulded properly and shaped beautifully. Our institutions bring out ideal students and present them to the world."

### 7 A. *All three are one and the same.*



Dwelling deeper into this subject, Swami says: "The entire creation has emerged from love. Therefore, there is no difference between religion, spirituality and educate. Religion is realization of your Self. Spirituality also is discovering who you really are. The next aspect is educate. How can you call yourselves educated if you do not understand what educate is? Education is for a living while educate is for life. Education is for 'Jeevana Upadihi' (livelihood). Educare is for 'Jeevitha Paramavadhi' (the ultimate goal of life).



It is easy for us to recognize things outside us and difficult to look within. There are many things inside us, which are not manifest. When you

join the three letters G, O, D, we get the word GOD. When you look at the letters individually they have no meaning of their own. Our effort lies in putting together these letters to get the meaning. This is educate. Educare means to bring out from within. The Atma is our innermost reality. That is what educate should bring out. Therefore, there is actually no difference between the three – religion, spirituality and educate.

Do not worry about religion. There is only one religion, the religion of love. Educare means to bring out the divine love latent in man. That is why it is said, Love is God, live in Love. Then there would be no conflict in the world and all would live together happily. Only when there are differences, there is conflict. Push aside these differences and live with the feeling of oneness. Basically, you have to get rid of the sense of differences and develop the sense of oneness. Then you will know that religion, educate and spirituality are one and the same."

### 8 C. *Practical knowledge.*

Swami elaborates further: "Knowledge can be classified into five categories: bookish knowledge, superficial knowledge, general knowledge, discrimination knowledge, and practical knowledge.

General knowledge and common sense are very much essential. You should set an ideal by exercising practical knowledge and following the four Fs. The first F is Follow

the Master. Who is your master? Conscience is your master. So, follow your conscience. The second F is Face the devil. The third F is Fight to the end. The fourth F is Finish the game. Play the game of life in the true spirit of sportsmanship."

### 9 D. *Bliss.*

Swami explains more: "Modern education does not fulfill the aim of life. You gather graduate and postgraduate degrees, but these are mere burdens on your minds. What comfort do you derive from these degrees? Nothing whatsoever! Penniless, illiterate persons go to sleep without a care in the world. But educated persons with many degrees to their credit, acquired at great cost, wander about hunting for a job, almost facing starvation.

Education is not solely for the purpose of earning a living. It must lead you to experience bliss. Of what use are the job and the wealth if there is no happiness? Man is in constant search for wealth. Just as the earth revolves round the sun, man is going round money. Even a beggar can get money. Is that sort of income worth acquiring? Virtue is the wealth that you should go after. In the absence of virtue, wealth merely makes you bloat with pride and ostentation, destroys your humanness, and eclipses your human values. Studying to get a degree, getting a job, running a family - all these are worldly activities, emanating from the head. What should a learned person bring out? He should manifest the qualities of compassion, love, forbearance, peace, kindness, etc., which come from the heart. But, today, there is no compassion, there is only fashion. It is very important to have compassion. You should respect and love all your fellowmen and serve your parents."

### 10 C. *Listening to our Inner Voice*

Swami helps us understand this point: "Attachment leads to bondage and restlessness. The innate values alone can control the desires. Listening to our Inner voice leads to detachment. You have to enquire into the difference between attachment and detachment. To attain detachment, you must obtain release from worldly bondage." ■

~ Heart2Heart Team



## QUIZ ON HEART 2 HEART ON SACRED DRINKING WATER PROJECTS

**T**he importance of raising children with good character who can mould themselves into model citizens and serve their parents and their country has been one of the principal thrusts of Bhagavan Baba's sacred teachings to mankind. Here is a quiz, culled from the pages of Heart2Heart, on Bhagavan's unique educational programme of Educare, which seeks to bring out and let blossom the inherent human values in every child.

1. In 'Getting Spiritually Better: Educare and Education' from the December 1st 2003 issue, we shared in a rough paraphrase how Swami helps us distinguish Education from Educare:

Swami describes Education and Educare as follows. He says:

'Education leads to a mind shaped by **external forces**. Educare leads to a mind shaped by the **divine source** within.'

Swami then says:

'Educare is a Divine Philosophy, Education is a \_\_\_\_\_ Philosophy.'

- A. Ego-filled Philosophy
- B. Survival Philosophy
- C. Selfish Philosophy
- D. Dead-end Philosophy

2. In 'Reflections: On Educare' from the May 1st 2004 issue, we described how Swami explained Educare to His MBA students:

'Swami wants man to look into his Heart and start from there – that really is what Educare is all about. Some years ago, while speaking to students of the Business

School in His University, Swami related the processes associated with Educare to Import-Export. He said we must first import '**love** from the Heart' into the Head and then, after processing it, 'export it' to the world outside through '**loving words** and **loving actions**' [via the Body of course]. This is typical of Swami, translating a seemingly complex concept into not only simple language but also a practical recipe.'

How should we further the process of educare in our own transformation?

- A. Read the educare text books.
- B. Attend study circles.
- C. Practise constant introspection.
- D. Attend bhajans.

3. In 'Getting Spiritually Better: Educare and Education' from the December 1st 2003 issue, we dwelt on the fact that Educare is not a new concept:

'The question arises: "Why suddenly **educare**? Why was it not there before?" The answer is the following: Earlier, the forces related to educare were working silently, implicitly and unobtrusively. There was morality in the home, morality in the school, morality in the work-place, and finally, morality in the community also. Today, the situation has changed completely. God has been put on the back burner so to speak. Therefore, an entirely different strategy and set of priorities are called for. We have to first invoke God strongly and then only move on to other matters and business.'

In our article, how did we describe the lifestyle of a highly-educated person, devoid of educare?

- A. Of mediocre achievement.
- B. Full of attachments.



- C. Like a ship without a rudder.
  - D. Guided by selfishness and self-interest.
4. In ‘Reflections: On Educare’ from the May 1st 2004 issue, we shared the short-cut method that Swami recommends for applying Educare in life:

‘Human actions must generally reflect Divine attributes. What are the attributes that one expects? The most important of these is the harmony of feeling, thought, word and deed, a harmony that Swami often refers to via the word *Trikarana suddhi*. [Triple Purity]

In practical terms, it means the harmonious functioning of the Heart [the seat of feelings], the Head [the seat of thought] and the Body [the source for words and action]. When these three components, namely the Heart, the Head and the Body function coherently and in unison, it automatically implies that the feeling that underlies the word/action is Divine, so is the thought that formulates the word/action and so is final word spoken or the action performed. In other words, if *Trikarana suddhi* or Purity of Thought, Word and Deed is achieved, then it automatically implies that Educare has been given practical expression to.

According to Swami, how exactly does practicing Triple Purity help in real life?

- A. All the five human values get manifested.
  - B. We achieve success in all our undertakings.
  - C. The world treats us with awe and respect.
  - D. We achieve everything we aspire for, materially and spiritually.
5. In our: ‘Getting Spiritually Better: Educare and Education - Dec 1st 2003’ issue, we made a comparison chart between Education and Educare.

	EDUCATION	EDUCARE
SOURCE	World	Heart
PHYLOSOPHY	Survival & Upmanship	Harmony with Creation
ATTITUDE	Greed & Aggression	Love & Compassion
APPROACH	Competition	Co-operation
MANIFESTATION	Selfish Grabbing	?

Please fill in the MANIFESTATION expression under the EDUCARE category.

- A. Selfless Service
- B. Always Truthful
- C. Very Conscientious
- D. Charitable acts

ANSWERS:

1 B. *Survival Philosophy.*

We shared Swami’s view-point further:

‘Education is a **survival** philosophy [destroy opposition, beat the competition, etc.]



Educare is a **divine** philosophy [love all, serve all].

Finally, education is for the **head**, and educare is for the **heart!**’

2 C. *Practise constant introspection.*

Our article continued to state that:

‘Swami has always stressed individual transformation and Educare is a word that focuses explicit attention on that. We shall now examine in some depth the implications of the word transformation. Transformation implies change and in our context it means a change for the better. In turn this means giving up the bad and embracing the good. But there is more to transformation than just this.



Now when relating to Swami, we must clearly understand that Swami's focus is **always** on Spirituality and that He wants us also to have the same focus.

This means that **transformation must be seen as a process originating Inside. Unless we seriously look Inwards, we would never be able to relate even feebly to the Atma or the Universal and Eternal Spirit/Soul.**

**Any transformation that a Sai devotee seeks, must**

**involve such introspection, if the seeker is serious.'**



### **3 D. Guided by selfishness and self-interest.**

let us go back to education versus educate and see how the two together can lead to balance in daily life. Swami says that a human being is a combination of the body, the Mind and the Atma - he is thus an MBA complex! Here, we shall use the words Atma, Heart, and Soul interchangeably.

A person who ignores the Atma/Soul would be guided entirely by his body and his Mind. The senses would feed information about the external world to the person concerned, and the person would react to situations based entirely on the dictates of his senses and the impressions coded into his mind/brain. **This would be true of even a highly-educated person who is totally Heartless. His actions and decisions would never show even the slightest trace of any compassion. He would always be guided by selfishness and self-interest.**

In short, the external world applies a **force** on man,

compelling him to conform, keep up with the Joneses, etc. The Heart, on the other hand, directs man's attention to the **Source** as Swami puts it, and arouses feeling of compassion, etc.

In a good man, the Source overwhelms the Force [due to the external world]!'

### **4 A. All the five human values get manifested.**

'It is pertinent to note that Sathya, Dharma, Shanti, Prema and Ahimsa that are normally referred to as the Human Values



**manifest only when there is Trikarana suddhi; no Triple Purity, no Human Values – Swami has made this abundantly clear on more than one occasion. The last mentioned point is important, especially in the context of the various efforts being mounted to spread Human Values.**

**As Swami has pointed out – take care of Trikarana suddhi and the Human Values take care of themselves automatically.'**

### **5 A. Selfless service.**



~ Heart2Heart Team



## FEEDBACK FROM OUR READERS

On July 2009 Issue

### Feedback on *Prasanthi Diary*

Living thousands of miles away from Puttaparthi, you may have no idea how overwhelmed we feel with the blessing that Swami is granting us by providing this platform from which we can get up to date information of all that is happening at the ashram. We feel that we get a chance to visit Parthi again and again refreshing us with Swami's darshan, love & grace.

Never in any avatar has this been possible, that we are so far and yet so near to Swami's continuous inspiration. Our days ordinary are turned into joyous ones. I cannot thank you enough.

Hope you have a blissful day.

Sarita Maharaj, Sydney, Australia

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This is not the first email we have sent you to thank you for your moving and informative reports and pictures. Please do not stop! You are bringing such important and detailed information about the day to day activities at Prasanthi Nilayam to the whole world. Our lives would now seem empty without our daily website visits to Puttaparthi. Without leaving home, we are able to be so realistically close to our beloved Swami. You have the privilege of being so physically close and knowing exactly what is happening around Swami and you are sharing that with such sincerity and professionalism. Our heartfelt thanks.

John & Joy Beales, Australia

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I found your new section extremely inspiring. Not only was I absorbed reading and looking at the pictures, I was transported mentally to Prashanthi Nilayam. I felt as though I was sitting in Sai Kulwant Hall sharing in the festivities basking in the Glories of Our Lord.

Tej Kamo Persaud, Ontario, Canada

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Prasanthi diary inspires me a lot. I was a student of SSSPS and SSSHSS and now as I'm away from the physical presence of Bhagavan I'm so happy to know everything that is happening there. I feel as though I'm there in Prasanthi Nilayam itself! I thank "Radio Sai" for the good job that they are doing!

B. Sai Srikar, Hyderabad

### Feedback on *A Million Mother's Love*

This article was moving to say the least. How does God, our Mother, make each of us feel so utterly special? Beautifully expressed by Mr. Rakesh. You don't realize what Radio Sai does to people across the globe, do you? Impeccable timing and hidden messages in random experiences. Swami speaks to us through these beautiful chapters from people's lives.

Abir and Anisha

---

I just read this story and I've received so many messages to myself from Swami! It still amazes me how He continually guides me here in Trinidad in the West Indies. I am suffering from dry skin and I have the Ponds cold Cream which I have not used as I should. I will now!

Devika Rambalack, Trinidad

### Feedback on *The Key to Permanent Happiness*

It is a wonderful article. I am delighted to know the details of happiness. I have already started practicing the art of "Divine Love". I could see the difference in myself and in my surroundings. It is difficult in the beginning, but sometimes I am able to realize immediately after making a mistake. I am trying to realize before committing the mistake. Maybe over a period of time, I will attain purity.

Jagannath Vidyala, Chicago, USA

### Feedback on *In Quest of Infinity Part 27*

I like to congratulate Prof. Venkataraman on the "Quest for Infinity Series". I noticed a few years ago how many scientific conclusions are in accordance with some of the





spiritual facts, for example *Karma*, which is cause and effect, is kind of related to Newton's third law.

Recently things have started to make more sense to me in regards to the relationship between science and spirituality, the definition of consciousness and its relation to the material world and the fact that divine consciousness manifests through us human beings - something which science has failed to do: explain consciousness.

The important thing is to understand that God transcends the mind, and since Science is a mind exercise, there will never be a scientific approach to God, He transcends it. If you want to understand God you have to experience Him, through love.

Thank you for sharing all of these insights and God bless you,

Luis Duran, Guatemala

I'm very grateful for the new article by Prof. Venkataraman. I find it inspiring as always. Spiritual Q&A is also my favourite. Please keep up this great work.

Severin, Slovenia

I have just downloaded the latest "In Quest of Infinity" by Prof G. Venkataraman. I am so excited and cannot wait to get started on my study.....Words cannot express my thanks and appreciation to you and the Professor for all the effort he has put into sharing all this knowledge with others and me. Thank you from the bottom of my heart.

Sierra-Sue Mitchell, Queensland, Australia.

### General Feedback

The whole of the remarkable Heart2Heart Journal is an *Encyclopedia of Love and Service*. I suspect it is unique in covering all aspects of life, from cosmology and particle physics, to individual human stories - which must bring people together, give courage and strength when in doubt - to wonderfully produced audio and other material, often about matters (such as 'the tribals') which are neglected elsewhere and world news and events!

Photographs, Prashanti Diary, seva and so much more.

I like it all and congratulate all concerned in such wonderful work! It helps me when I am not physically in Prasanthi Nilayam to be aware of the wonderful atmosphere created by Swami. The H2H journal restores the Heart!

Douglas Johns, Cambridge, UK

I would like to express my deepest gratitude to all those who are working behind H2H; guys you are doing an amazing job. I guess there is no better way to spread the divine love of Swami worldwide than this. The pages are amazing and the content writing is top class. You have inspired many of us here to follow the steps of the divine with your content. I wish with Swami's blessing you continue doing this great service to humanity to make changes in lives of many across the globe.

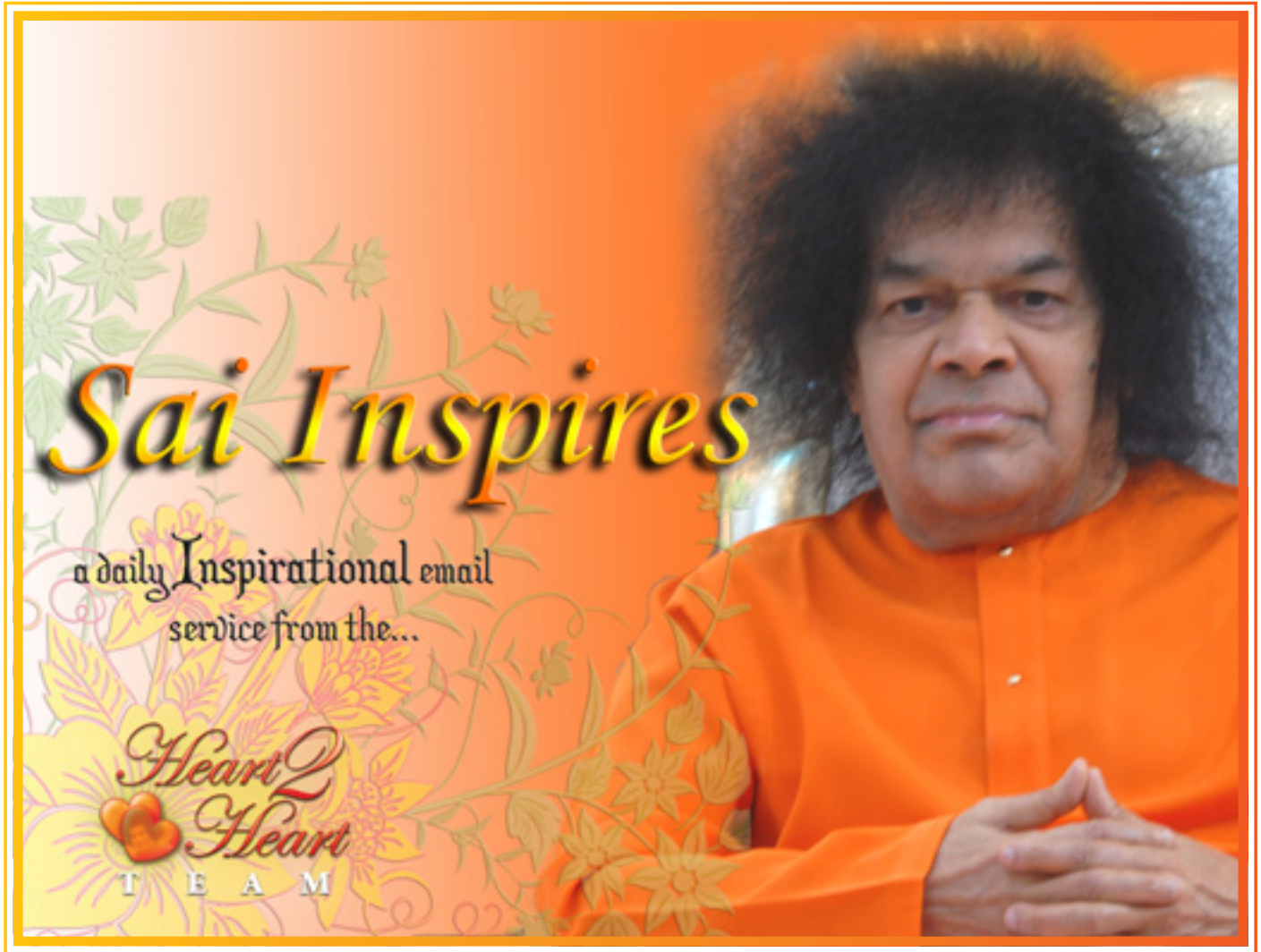
Jayakrishnan Komath

I am not sure who is going to read this email! Trust me, the content matter in H2H is awesome! We are not sure how many people dedicate their time and services, but all of you keep our parched souls in touch with Swami more than ever! Though by destiny, or by choice, we are across the world from Prasanthi, but your H2H writings literally touch our hearts profoundly! Please accept our sincere regards and tons and tons of gratitude.

Ravi K 

~ Heart2Heart Team





The word *Adhyatmic* or spiritual is often used by aspirants and preceptors. What exactly is implied when this word is used? Is *Bhajan* or congregational prayer *Adhyatmic*? Or, does it involve religious rituals and ceremonies? Or, does it involve *Japa* and *Dhyana*? (Repetition of Names of the Lord and Meditation)? Or does it extend to pilgrimages to holy places? No, No! These are merely beneficial acts. *Adhyatmic* in its real sense relates to two progressive achievements or at least sincere attempts towards those two achievements - Elimination of the animal traits still clinging to human beings and unification with the Divine.

-Divine Discourse, Dec 30, 1977.





*radiosai*

G L O B A L   H A R M O N Y

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*Love all Serve all*



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